



DA: Departure point: Chaillet car park for trails n° 1/2/3/14 and access to the Biodiversity footpath.

DB: Departure point: Maignonne car park for trails n°5/6/11/15. Access to the Bief Bovet.

DC: Departure point: Top of the Cable Car. Access to Mont Jovet footpath, "Alpagists" trail and Enchanted Pastures walk.



(30 to 40 minutes walk).

· A longer path aimed at children above 6 years old

the information panels, 2 circuits are available depending on the age of the children: • A short path aimed at young children under 3 years old

Aimed at children and families, and created in partnership

with the school of Longefoy, this interactive and playful

footpath is based on the biodiversity you can find in the

mountain forests. All along the path you will find more than

20 educational panels that explain in a playful way (with

(2 hours walk).

pleasure and enchantment along the enchanted pastures footpath. At the top of the Fornelet chairlift you can discover

games, puzzles, exercises etc.) the whole biodiversity of our Who hasn't heard or read a fairy tale during their childhood? environment. From the departure point in the car park follow Do not think that the wonders of these fairy tales and legends are only for children. You will enter the world of dreams,

2hrs

information panels, the history of former shepherds in 💡 Departure DA 🛛 🛶 0,5 km 🦯 - 10 m 🧭 40mins the mountain pastures in Prajourdan (life, work, Beaufort production...). From the top of the cable car, follow the path towards O Peparture DA ←→ 1,6 km / + 40 m
- 60 m

of our mountains.

- 20 m S -



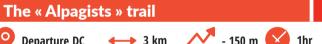




























+ 40 m - 30 m

ma 4 🔶 nswight brog point the second second from the second seco

The tree and forest walk

τλεmed ίοοίραιλε

The "Alpagists" trail is telling you, through a range of All footpaths are numbered and themed walks are marked with a letter. • The footpaths are suitable for all ages. • Do not leave the marked footpaths.

2hrs



the artificial water damming over 400m. The walk and its

information panels begin at the chalets.

Enchanted Pastures walk

Oeparture DC ←→ 3 km



Advices For your security and pleasure

water.

lakes...

Dogs must be kept on a lead.

In case of an emergency call 112.



• Tell someone where you are going in advance.

Do not forget to take suitable clothes also sunglasses, suntan lotion, food/snacks, camera and binoculars.

• Take your rubbish home with you and do not pollute the

Do not drink water from the mountain springs, streams,

The weather can change very quickly in the

mountains, check the weather forecast.

on summits and Mont Blanc. Look around, and if you are Take the Bief Bovet footpath to come back. Panoramic view Pralioud, les Frasses, les Envers and the hamlet of Prajourdan. Prajourdan, top of the cable car, through the chalets of From the Maignonne car park, this walk takes you to

quiet, you will see the marmottes.



oehind a little wooden chalet that overlooks the valley. of Pravin on the other side of the mountain. You will pass then have a very pretty view of the Lauziere and the village 6 above the road and the Jean Franco holiday centre. You will After parking your car in the Maigonne car park take footbath



on the valley. the hamlet of Praz Véry and its beautiful meadow. Nice view village, where the Olympic Bobsleigh track is arriving, crossing From the Chaillet car park, the path takes you to La Roche



until you meet a forest track. over this torrent before going back up a slightly steep slope footpath goes down towards the Nant Thierry torrent. Cross go over the little foot bridge, before the fork on the left the known as Lavancher. Descend the footpath on the right, footpath. You will arrive in a clearing with a water basin, first hairpin bend. Turn left in the direction of the botanical your car in the car park then go back down the road until the Accessible from the climbing area in Notre Dame du Pre. Park



Malking trails



the south facing villages of Tessens, Granier, Cote d'Aime and bne vallev and to waiv lutituead a beautiful view of the valley and towards the village of Montgésin and its chapel « Notre Dame From the Chaillet car park, follow this path above the resort



Bernard" pass. Remarkable view of the valley and at its end the "Petit Saint Along the path, a shorter alternative way is proposed. lages of Plangerland, Planchamp, Montvilliers and Longefoy. From the Chaillet car park, this walk takes you across the vil-



forest). Nice view of the Mont Blanc at the Bief Bovet. (Shorter alternative way from the departure point, trough the alongside the Bief Bovet stream to your departure point. road by the first part of Biodiversity trail. Then you descend From the Chaillet car park, this walk leads you to the Mairiers



.« la Superga ». Panoramic view of the village of Longefoy and the chapel forest and meadows and crossing the hamlet of Le Bois. From the entrance of Montalbert, nice walk through the



.auziere mountains. "Lavancher" , the you reach Montgesin. Nice view on the continue until you reach a wooden basin. This place is called the residence Jean Franco. Take the path to your left and From the Maignonne car park, walk back down the road until

Nadine Rogier, and with Eliane rongefoy school, supervised by created with the pupils from Montalbert Tourist Office and Project thought up by the Plagne Please respect the art works along the trail! which are well hidden in the landscape. was built during the 1850s to drain the marshland located to you can find a variety of artistic and sensorial works, some of information panels telling you the history of the canal which

Get back to the basics.

Reconnect with nature;

N-D. du Pré

The Superga Chapel

Marvel at beauty in all its forms;

Sharpen your eyesight and observe carefully! Along the trail,

Experience the unique and magical synergy of La Superga

seen from the valley is well worth a visit or a small detour.

and beech trees. Built on a small hill this chapel which can be

barn. You will find the footpath on the right through the pine

access the footpath via the road that goes up past a modern

du Pre and park your car on the road below the chapel. You

Take the road to Longefoy and then towards Notre Dame

soim 02 + M m 4,1 + Volgefoy/

Themed footpaths

Biodiversity footpath

Route 1

Route 2



Montmayeur / Gargameli (artist).

Meditate while contemplating the landscape;

Land Art trail where nature and art become one.

"All art is but an imitation of nature" [Sénèque] NEM FOR SUMMER 2021! (during July)



of the information panels. The return journey is back along the animals of our forests and the mountains with the help with the road. This footpath is designed for you to discover area. Here is the start of the footpath which runs parallel After about 800m, after the bridge you will find a parking to the village turn left in the direction of Notre Dame du Pre. Descend by car until the village of Longefoy. At the entrance Vongefoy

right are the allotments of the village. This footpath has 10

left are the south facing houses of the village and on your

direction of the school. You follow a small canal, on your

heart of the village of Longefoy, next to the memorial, in the

The departure point of this themed walk is located in the

is aimed at helping you to understand the history, life,

the footpath is on your right. This tree and forest footpath

hand side where the road is wider. The departure point of

the direction of Aime. After 4 km leave your car on the left

Departure point : Road between Aime and Longefoy Take

congefoy 🔶 0,6 km 🔨 none 🔽 20mins

the same footpath.

The fauna walk

the west of the village.

The Canal walk

The Bief Bovet walk

After you have parked your car in the Maignonne car park, go up 50m (in the direction of the Mairiers road). You will find on your left a small footpath. After about 100m you will see on your right a small footpath which is the start of the Bief Bovet footpath. The trail has 80 information panels along the route where you can discover the history of this little stream, whose water is shared between the two communities of Aime and Longefoy.



Access: From the top of the Fornelet chairlift, go up 900 m after the reservoir then turn right.

a footpath on the theme of the wonderful world of the fairy.

All along the path you will find strange figures and information

panels will tell you all about the fabulous tales and legends



The Mount Jovet is 2,558m high; it is the highest point of the district of Aime. During this walk you will discover a large landscape, from the Mont-Blanc chain to the Pelvoux; this makes one of the most beautiful views in the Alps. There is an orientation table at the top which indicates all the surrounding peaks.

Access N° 1: Via the Tete du Jarsey: about 900m after the reservoir take the slightly steep path on the right called the "Lac des Grenouilles".

Be Carefull: steep path following the ridges of the mountain Access N° 2: Via the Signal pass: follow the signs "Mont Jovet" along the pastoral path for around 3 km; you will then see a windy climb up on your right.

Access N° 3: Via the Pas de Brebis: continue on the pastoral path until the hamlet of Etroits where you will find the footpath.



Our partenairs :





www.montalbert.com +33 (0)4 79 09 77 33

