LA PLAGNE
VALLÉE

VALLEY
–
Your holiday planner
2022/2023

ET SI C'ÉTAIT LE BON MOMENT POUR DÉCOUVRIR LA GAMME HYUNDAI ?

> Thermique,
> Electrique,
> Hybride,
> Hydrogène.

Venez choisir le modèle et la motorisation qui vous correspond dans nos concessions.

JEAN LAIN HYUNDAI
ALBERTVILLE
CHAMBÉRY
ECHIROLLES
SEYNOD
VILLE-LA-GRAND

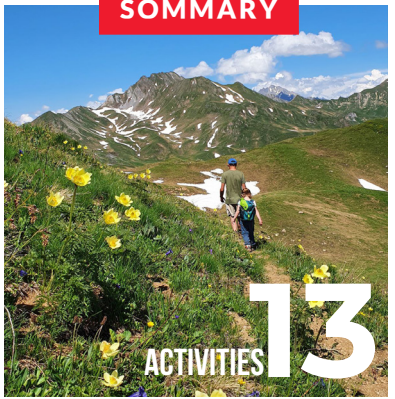
Pour les trajets courts, privilégiez la marche ou le vélo. #SeDéplacerMoinsPolluer

04 201 01 201

www.jeanlain.com

Jean Lain MOBILITÉS | HYUNDAI

SOMMARY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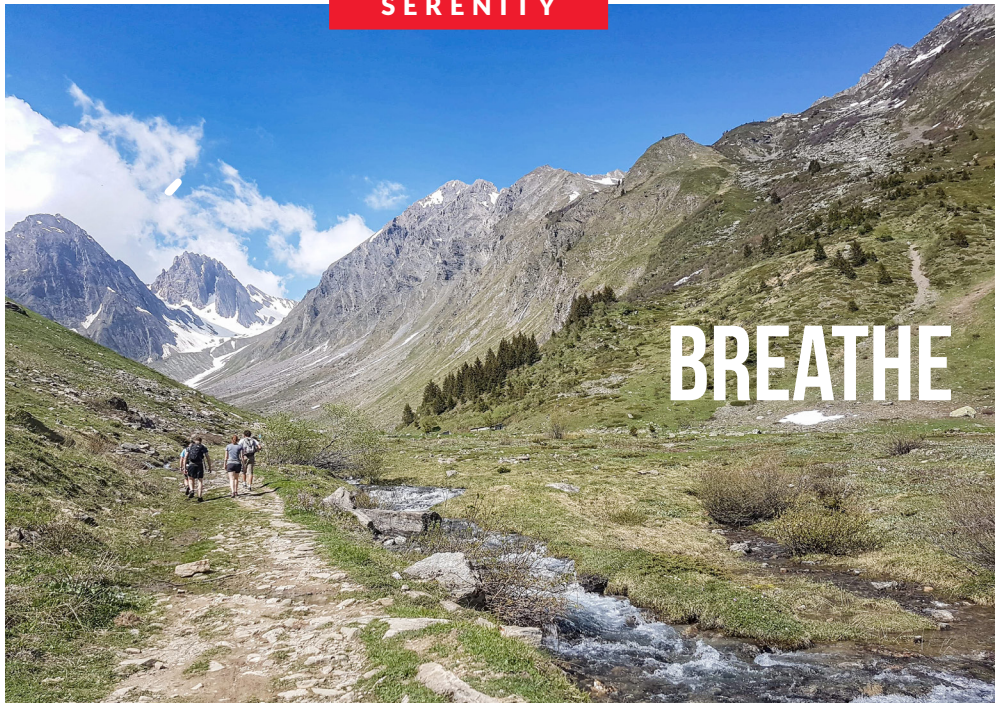
La Plagne thanks its partners

Jean Lain MOBILITÉS | HYUNDAI | DARE 2B | salomon TIME TO PLAY | BANQUE POPULAIRE AUVERGNE RHÔNE ALPES la réussite est en vous | 949 101 | CÉBÉ PURE ROPENALINE | RACER FRANCE 1927 | PUYDUFOU

SERENITY



An unforgettable stay

Because your stay must be a moment of tranquility and serenity, La Plagne and all the professionals have put in place the appropriate procedures to welcome you in complete health safety
All the necessary measures are in place so that everyone can fully enjoy their stay, barrier gestures remaining our priority.

You are here at home.

SUSTAINABLE DEVELOPMENT

Small steps of a big ski resort

By imagining 60 years ago the resort of La Plagne, the pioneers offered the inhabitants of these mountains and their valley a better life. It has also allowed access to winter sports and mountain recreation for as many people as possible (urban and rural, young and old, novices and big athletes, ski and mountain lovers in France and abroad...)

Today, our society is facing profound and unprecedented upheavals: global warming, the collapse of biodiversity and their impacts on our ecosystems and lifestyles.
As the 1st station in the world, we therefore have a great responsability. We believe that our historic mission has never been more important and takes on a new meaning in the light of these challenges.

La Plagne is a multi-site resort, organized around 55,000 beds, welcoming 575,000 visitors per year, in the heart of exceptional natural spaces. Informed management of these spaces, their respectful layout to structure these visitor flows, and large-scale awareness of their fragility are the keys to a desirable future for La Plagne.

La Plagne wishes for today and tomorrow

- **Guarantee the inhabitants to continue to live well on the territory**

- **Allow all those who wish to access mountain areas to experience the benefits, without degrading the Ecosystems.**

WELCOME

La Grande Plagne Tourist Office

La Plagne Valley

Aime

All of the year :
Monday to Saturday : 9-12am & 2-6pm. Closed Sundays and bank holidays except july 14 & august 15

October - November :
Monday to Friday : 9-12am & 2-5.30pm.

04 79 55 67 00
info.vallee@la-plagne.com
https://www.la-plagne.com/la-plagne-vallee
@laplagnevallee

You can find :

- Our entertainment programme «Si on Sortait»
- Map of Aime & trails in the valley & « versant du soleil » (summer/winter)
- Itineraries trails, mountain biking and VAE in the territory of La Plagne
- «Escapades en refuge» on the Versant du Soleil
- Booklet «Voyage au coeur du patrimoine»
- Permanent orienteering routes

Information screens and all essential brochures to make the most of your vacation!

Internet

2 wifi networks available :

Point wifi gratuit :
30 minutes free internet connection per day on your own equipment in the Valley

Hippocket wifi (stock limité) :
Daily or weekly rental of La Plagne Vallée pocket WiFi

High-speed private wifi network (up to 10 devices connected simultaneously from your accommodation). Payment by credit card only.

Pour vous tenir au courant des toutes dernières actualités de La Plagne Vallée

REJOIGNEZ-NOUS SUR LES RÉSEAUX SOCIAUX

@laplagnevallee
@laplagnevallee

WEATHER
ACTIVITY TRACKER
PERSONALISED GUIDE
SKI PASS TOP-UP
INTERACTIVE PISTE MAP

A mountain of stuff on your phone

Download Paradiski YUGE

Télécharger dans l'App Store
DISPONIBLE SUR Google Play

YUGE Paradiski

CONTACT N°

EMERGENCY

Samu	15
Fire station	18
Police	17
Assistance	112
European emergency number	114
Social emergencies	115
Municipale police - Aime la Plagne	04 79 09 72 51
Police Station	04 79 55 61 17
Bourg Saint Maurice Hospital	04 79 41 79 79
Moutiers hospital	04 79 09 60 60
Albertville hospital	04 79 89 55 55

PUBLIC SERVICE

Emergency Center	18
Police	04 79 55 61 17
La Maison des Arts	04 79 55 21 57
Post office	39 39
C.C. Les Versants d'Aime	04 79 55 40 27
Aime La Plagne town hall	04 79 09 74 38
La Plagne Tarentaise town hall	04 79 09 71 52
Aime media library	04 79 55 64 90
La Plagne Tarentaise media library	04 79 09 73 76
Municipal Police - Aime la Plagne	04 79 09 72 51
Municipal Police - La Plagne Tarentaise	04 79 09 74 39

DOCTORS

Doctor Christian Soleil	04 79 09 73 78
Doctor Nicolas Rodriguez	04 79 07 56 86
Doctor Chauvet	04 79 55 23 46

NURSES

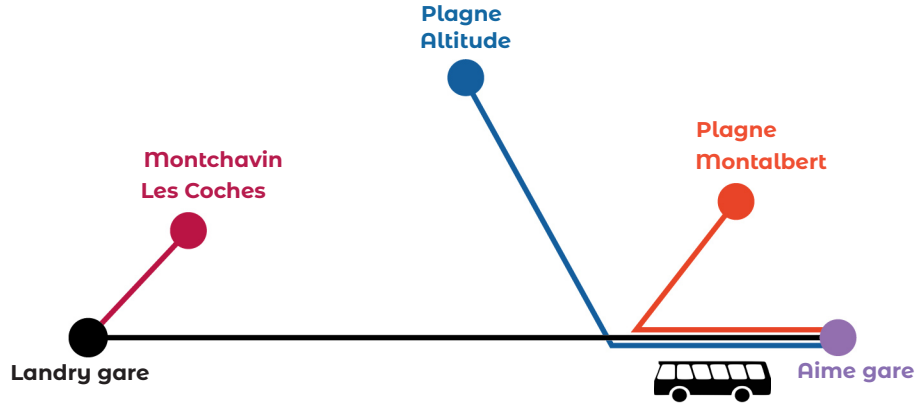
Nurses office	04 79 55 57 19

PHARMACY / MEDICAL EQUIPEMENT

Aime Médical Santé	04 79 08 42 83
Pharmacie de la Basilique	04 79 09 70 50

TRANSPORT

Station & resort link
www.cars-region-savoie.fr ou 0970839075 (n°cristal)



TAXIS

Mathieu Perraudat	07 78 87 47 04
Bouzon Christian	04 79 09 03 41
Albert Taxi	06 10 84 19 72
Aime's Taxi La Plagne	06 17 81 61 01
Taxi Dominique Legroux	06 09 38 73 82
Alain Bouzon	04 79 09 78 93
JB Taxi	06 34 87 12 17
Leocleme Prestige	07 83 97 47 40
Luxury Taxi des Alpes	06 26 33 98 13
Allo BK Taxi	06 07 19 80 03
Luzzi Jean Pierre	06 07 23 79 29
ABC Taxi Collomb	06 14 36 74 59
Placide Guillaume	06 17 77 41 57
JM Taxi	06 22 98 05 20
Aim'Taxi Hervé	06 67 73 37 57
NTV 73 (VTC)	06 31 20 16 66
Transports LJ	06 74 69 48 21

RENTAL CAR

Leclerc Aime	04 79 01 30 30
Carrosserie VWAC	04 79 09 42 63

TRANSPORTS

Voyages Loyet	04 79 55 64 76
Gare SNCF	36 35

Electric charging point

Parking de l'amphithéâtre (near tourist office)

Don't let your car on thursday, market day.

TELEPHONE DIRECTORY FOR TOURIST OFFICE PARTNERS

ARTISANS

La Plagne Valley

Serrurier Tarentaise	06 80 37 38 96
Franck Brun - Bois et élagage	06 23 89 42 24

ESTATE AGENTS

Aime

Aime Immobilier	04 79 00 30 27

CAR BODYWORK

Aime

Carrosserie VWAC	04 79 09 42 63

Macot

Carrosserie Autoclean	04 79 55 51 65

TRAVEL

Aime

Voyages Loyet	04 79 55 64 76

FASHION & SPORT

Aime

Montagne Expérience	09 53 41 63 95
Robino Boutique	04 79 09 74 40
Bike Surgery	04 57 37 69 95

SERVICES

Aime

Palisse Assurance	04 79 06 06 88

OPTICS

Aime optique	04 79 00 60 42

WELLNESS

Aime

Spa La Tourmaline	04 79 55 62 93
Marie Lecrenais - thérapie manuelle & focusing	07 49 10 51 11
Karine Fromaget - sophrologue	06 82 59 16 74

Macot

Céline Torrent - ostéopathe	07 69 35 09 04
Réflexologie plantaire par Nadia Montmayeur	06 16 91 90 84
Elodie Loriou - naturopathe	06 15 22 08 61

FOOD OUTLETS

Aime

Flacons & Flocons	04 79 55 65 50
La Vie Claire	04 79 00 25 48
SMAC Boutique Traiteur	04 79 04 18 38
Montagnes Saveurs	04 79 55 76 15

RESTAURANTS

Aime

La P'tite Reine	04 79 01 06 93
Restaurant La Tourmaline	04 79 55 62 93
Snack-Bar La Glière	04 79 55 62 93
Rive Gauche	04 79 55 48 03
Chalet du Bresson (été & hiver)	06 88 79 02 18
Buvette de Prachanié (hiver)	07 81 98 67 92

ARTS AND CRAFTS / DECO

Prariond - route de La Plagne

La Poterie du Murger	06 11 84 10 28

To avoid any inconvenience, please contact service providers directly to confirm information as it may change with the health measures.

ACCOMMODATION

Aime

Hôtel Le Cormet	04 79 22 20 15
Hôtel Le Palanbo**	04 79 55 67 55
Hôtel La Tourmaline***	04 79 55 62 93
Chambre d'Hôtes La Foyère	06 10 49 05 96
Studio Cabine 4p.	06 68 92 40 26
Le meublé de Poencet***	07 85 76 99 22

La Côte d'Aime

Chambres d'Hôtes Le Paradou	04 79 55 67 79
Chambres d'Hôtes Les Marm'Hôtes	04 79 07 59 55
Chalet M***	06 80 14 22 48

Bellentre

Chambres d'Hôtes A La Bouge'Hôtes	06 68 61 83 98
Gîtes Les Pivoines** et Les Primevères**	04 79 07 30 91

Villette

Camping La Glière	04 79 07 18 10
Gîte La Marmorine**	06 15 30 22 32

Valezan

Chalet Le Haut Balcon***	06 38 02 16 27

Macôt

Chambres d'hôtes Le Malezan	06 09 89 06 24
La Petite Auberge	04 79 09 72 04
Appartement 4/5p***	06 09 89 06 24
Maison Lennox	06 02 59 78 77

Mon Pass Commerces is available from partner retailers in Aime.

Further info on commersantplus/pass-commerces-aime-la-plagne/

OUR GOOD IDEAS FOR EVERY SEASON!

Spring

- Electric bike ride on the Versant du Soleil
- Picnic at La Glière de Villette
- Fun discovery of the town of Aime
- Playing petanque on the ground next to Saint Martin's Priory church

Summer

- Rafting down the Isère river
- Lunch at the Versants d'Aime leisure park
- Take part in an unusual event at Saint Martin's priory church
- Enjoy an open-air concert in Aime

Autumn

- Hiking on the Versant du soleil
- Discover the beautiful colours of autumn in the valley villages
- Climbing on the Villette rock
- Enjoy a show in the Aime theatre

Winter

- Cross-country skiing in the Nordic area of La Côte d'Aime - Valezan
- Discover our local products at the weekly local market in Aime
- Sledging on the Granier nordic area
- Night snowshoeing excursion followed by a Savoyard fondue

ENERGY BLADE

OUTPULSE MID GORE-TEX

ÉNERGIE ET CONFORT AVEC CES CHAUSSURES DE RANDONNÉE POUR TOUS LES RYTHMES ET TOUS LES TERRAINS.

TROUVEZ VOTRE RYTHME

salomon

TIME TO PLAY

RELAX

For running enthusiasts, particularly trail runners, the valley of La Plagne offers a wide range of possibilities, from the coolness of the cycle path to the mountain ridges for experts, via footpaths that link the traditional villages of the Versant du Soleil.

Trail maps show over 160 km of marked trails, available for sale in all tourist info points.

Walks & Hikes

For novices, amateurs and experts, the valley of la Plagne offers an exceptional playground for hiking!

In an unspoiled green setting, head off for the wide-open spaces that are perfect for some time with your family or friends, or even for a moment on your own !

ALOÏS RANDONNÉES

Mountain lover Aloïs takes you on the trails to explore the diversity of the la Plagne Valley.

La Plagne Resort,
Beaufortain & Vanoise

Every day, on demand

- Package 1 to 8 people
1/2d : 150€
Full Day : 200€
- Group up to 12 people possible: +10€/pers. extra
- Transport by minibus offered within the limit of 8 seats available

Contact : 07 82 10 30 49
alois@lesmarmhotes.com
www.lesmarmhotes.com

YSA'LPES RANDO

Whether you are a beginner or an experienced practitioner, come and discover the mountain and its jewels with Ysabel, always amazed by Mother Nature!

La Plagne Resort,
Beaufortain & Vanoise

Every day, on demand

Nordic Walking: (walking sticks provided)
- Single rate 15€
- Multi-session card: 50€ for 5 sessions

Contact : 06 79 68 26 18
ysalpes.rando@gmail.com
www.ysalpes-rando.sitew.fr

GB MONTAGNE

Guillaume will take you to discover the wide open spaces of the Plagne valley between the north and south slopes. A real return to the roots, to nature, to the essential!

La Plagne Resort,
Beaufortain & Vanoise

Every day, on demand

- 1/2 day with theme 17€/pers children -12 years old 10€
- Day hike Beaufortain or Vanoise 35€/pers
- Itineraries, nights in refuges or bivouacs, all information on www.gb-montagne.com
- Survival courses «families» day «wild immersion» 35€/pers
- 2 days survival course with bivouac see on website

Program on
www.gb-montagne.com

Contact : 06 42 08 53 35
contact@gb-montagne.com
www.gb-montagne.com

Map of all the hikes in the Valley and on the Versant du Soleil

A getaway in refuge on the Versant du Soleil?
Download our brochure

Sporting challenges

Throughout the year we offer you a race to make you discover our beautiful territory.

Hiking

MARIE-PAULE NULLANS
Contact : 06 20 27 47 84

Cani-rando

LE CHIEN SPORTIF
Contact : 06 33 57 52 43

Cycling

For all bikes

A 15 km cycle path runs from Aime to Bourg-St-Maurice.
On this "green trail", you can cycle, jog, skate or just walk along the banks of the Isère river, in a fresh green setting.

BIKE SURGERY

Full day or 1/2 day bike rental: road bikes, electric bikes & mountain bikes

Aime

Tuesday - Saturday,
9-12am & 2-6pm

• E-Bike - E-MTB - top grade MTB : 40€ day et 25€ 1/2 day

• MTB - Standar Bike medium range :

30€ /day & 18,5€ 1/2 day

Contact : 04 57 37 69 95
bike-surgery.shop@gmail.com
www.bike-surgery.fr

AN-RAFTING

For the day or 1/2 day, AN Rafting invites you to discover the green trail by bike.

Macot - Z.A (entrance bike path)

Every day, on demand

• VTC Adult day 15€, 1/2 day 10€,
• Child bike day 10€, 1/2 day 5€.
• Road bike adult day 30€, 1/2 day 20€.

Contact : 04 79 09 72 79
savoie@an-rafting.com
www.an-rafting.com

Discover the heritage of the Versant du Soleil by electric bike!

Enjoy 4 e-MTB discovery itineraries through typical villages and mountain pastures.

LES CIRCUITS VTT-AE :

1. **PATRIMOINE LES HAMEAUX DU SOLEIL**
27km - 710mD+
LES HAMEAUX DU SOLEIL

2. **DÉCOUVERTE DES RICHESSES NATURELLES DU VERSANT DU SOLEIL**
39km - 1090mD+

3. **A LA DÉCOUVERTE DES RICHESSES DES VERSANTS DU SOLEIL**
31,6km - 1180mD+
LES VERSANTS DU SOLEIL

4. **SENTIER ENTRE FORÊT ET VIGNES**
24km - 850mD+

5. **AU FIL DE L'ISÈRE ENTRE FORÊT ET VILLAGES DE CARACTÈRE**
35km - 610mD+
AU FIL DE L'ISÈRE

More information can be found on the E-MTB maps available from La Plagne Vallée or the tourist info office in La Côte d'Aime-Valezan

ACTIVITES

Paragliding

FLY IN PARADISE

Discover the magical moment when your feet leave the ground!

Prariond/Les Charmettes, Aime 2000, Belle Plagne/Arpette-St Jacques et vallée

Every day 9am-7pm, reservation only

• From 85€ to 170€ according to the choice of flight and number of passengers

Contact : 06 63 71 59 78
contact@fly-in-paradise.fr
www.fly-in-paradise.fr

AN-RAFTING

Appreciate the 360° view of superb landscapes. No previous experience required.

Macot - Z.A

Every day, reservation only

• From 80€
• Groups, children (contact us)

Contact : 04 79 09 72 79
savoie@an-rafting.com
www.an-rafting.com

PLAGN'AIR PARAPENTE

Come and discover the pure air of our mountains. Tandem paragliding flight from 7 to 77 years old accompanied by qualified instructors.

Grande Rochette - Secteur Plagne Centre

Every day 9am to 6pm. Winter : Every day

• 110€ the flight 15min
• 150€ the flight from 30 to 40min

Contact : 06 15 06 09 31
para.plagnair@gmail.com
www.laplagne-parapente.com

QUATRIÈME DIMENSION

Enjoy flying like a bird! A magical & fabulous moment with Stéphane Drouin, several times medallist in World Paragliding Championships! From 4 years of age.

La Plagne Resort and valley

Every day, on demand

• From 80€ according to the choice of flight

Contact : 06 12 73 66 56
planetair@wanadoo.fr
www.3vallees-parapente.com/parapente-ete

AIR TARENTAISE

Since 1998, a team of enthusiastic, qualified and highly experienced professionals have been taking clients on a real human adventure. AIR Tarentaise also offers high-level acrobatics.
From 3 years of age.

La Plagne Resort and valley

Every day, on demand

• Discovery flight : 85 €
• Panoramic flight: from 120 €
• Prestige flight : 180€
• Exceptional flights:
- King Sunset or Sunrise flight : 300€
- Flight Cross : 400€

Contact : 07 83 78 37 90
contact@parapente-la-plagne.com
www.parapente-la-plagne.com

Pilot training

Air Tarentaise also offers...

Do you dream of discovering a new activity and learn to fly? Air Tarentaise, Paragliding School, accompanies you during the different stages of your project and offers you a wide choice of services to meet your desires.

La Plagne Resort and valley

Early May to late October

Pilot Training:
• 5-day course from 620€

Contact : 07 83 78 37 90
contact@parapente-la-plagne.com
www.parapente-la-plagne.com

Pumptrack and Skate Park

Regardess of your level, discover a fun and entertaining way of riding.

Skate Park

Macot - below the multi-purpose hall near the petanque court

Pumptrack

At the start of the cycle track towards the maladière stadium in Aime

White Water & Climbing

H2O SPORTS

Sports La Plagne, for 30 years: 30 professionals in small teams on 4 sites for safe experiences in rafting, deval bike, hydrospeed, canyoning, paintball, stand-up paddle, canoeing, kayaking, e-bike, e-scooter.

RÊVE D'EAU

Join us for a cocktail of fun and thrills! Small boats for even more entertainment.
A warm welcome, conviviality and individual supervision: pure enjoyment !!!

LA PLAGNE EAUX-VIVES

Matthieu and Alex, the coaches from La Plagne Eaux Vives kayak club will introduce you to canoeing, kayaking and stand-up paddle on the lake at Le Gothard, or on the river. They can accompany you on white water descents on the Isère river on a 1- or 2-seat inflatable kayak.

AN-RAFTING

AN Rafting, the pioneers of rafting in France since 1984! Come and discover the thrill of the rushing water of the Haute Isere river with your family or friends from the age of 8. Rafting, hydrospeed, canoe-raft, bike rental to go along the river including a lunch at our base restaurant.

FRANCERAFT

Set off on an adventure with Franceraft on a white-water descent: rafting, hydrospeed, canoe-raft and airboat on the Isère river.

Rocher de Villette

Try climbing the new rock face in Villette. Ideal for an introductory session or a relaxing ½ day of climbing.

ESSAONIA - ESPRIT RAFTING

Essaonia - Rafting Spirit can take you off to discover the Tarentaise valley with an oar in your hand : thrills & great memories guaranteed !

To Bourg-Saint-Maurice

LANDRY

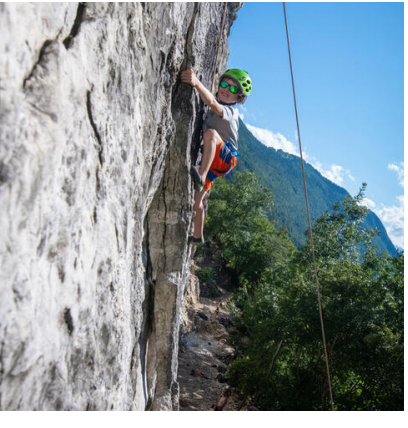
AIME

Les Versants d'Aime leisure park

Centron leisure park

To Moûtiers

ACTIVITES



RAFT IN ACTION

Contact : 06 63 08 30 16

AN-RAFTING

Base AN rafting - Les Iles de Macot - Z.A

Every day, reservation only from 8.30am to 6.30pm (Early May to late September)

- Descent from 54€.
- Family descent from 45€.

Contact : 04 79 09 72 79
savoie@an-rafting.com
www.an-rafting.com

LA PLAGNE EAUX-VIVES

Versants d'Aime leisure lake

In July and August:

Descent of the Isère river in the morning.

Kayak rental on the lake in the afternoon

- From 7€ kayak or paddle rental
- From 35€ for white water discovery
- Groups, children (contact us)

Contact : 07 70 18 70 12
laplagnekayak@gmail.com
www.laplagne-eauxvives.com

FRANCERAFT

Centron leisure lake

Every day from May 1st to September 30th by reservation

- From 56€ to 80€/pers. depending on the activity
- Groups, children (contact us)

Contact : 04 79 55 63 55
info@franceraft.com
www.franceraft.com

RÊVE D'EAU

Versants d'Aime leisure lake

Every day, reservation only

contact us

Contact : 06 74 76 42 34
info@revedeau-rafting.com
www.revedeau-rafting.com

ESSAONIA - ESPRIT RAFTING

Centron leisure lake

Every day, reservation only

- From 56€ depending on the choice of activity
- Groups, children (contact us)

Contact : 06 63 08 30 16
contact@essaonia.com
www.essaonia.net

H2O SPORTS

H2o Sports Activity Center

Daily 8:30am to 6pm.

5 departures per day according to the chosen program

Choose your budget, duration, activity, sport level

- Economical 1h30 : 42€
- Basic 2h00 : 52€
- Classic 2h30 : 62€
- Premium 3h00 : 72€

Contact : 04 79 07 97 21
info@h2osports.fr
www.h2osports.fr

130 YEARS CÉBÉ

PARTENAIRE OFFICIEL DE LA PLAGNE Paradiski

Les Versants d'Aime leisure park

Situated next to the hamlet of Le Gothard, the park has games for kids, ping-pong tables, multi-sports courts and picnic areas with barbecues, city park and water games.

You can get there on foot, on roller skates or on a bike along the "green trail" that leaves from Aime and runs along the Isère river. The beach area is supervised by lifeguards in the afternoon (July and August only). There is an e-bike charging station and pump facility.
By road: drive in the direction of Bourg Saint Maurice and turn off at Le Gothard.

Acro Bungy

A fun sports activity, "acro bungy" consists of suspended elastic straps on trampolines that allow you to jump to a height of about 8m. Forward and backward somersaults can be performed in complete safety. For the more courageous, the session ends with a series of catapault-type jumps to over 8 metres.

LES TRAMPOS DE MACOT

Versants d'Aime leisure lake

• Sunday to Friday from 10:30 to 12:30 and from 14:00 to 18:30
Saturday from 2pm to 6.30pm
Closed if weather conditions are adverse

From 6€ (10min)

Contact : 06 87 22 46 90
Les trampos de macot

Canopy trails

Courses for children (minimum age 4 – continuous safety line) or adults in a fresh and adventurous environment with a 130m zip wire going over the Isère river on the adult course.

NATUR'ACCRO

Versants d'Aime leisure lake

• Every day in July and August 1:30pm to 6pm
• Off-season only on weekends and by reservation for the adult course.

From 10€

Contact : 07 61 05 12 03
stephane.rey6@bbox.fr
natur'accro

Aquabulles

Walk on the water with the aquabulle ! From 4 years old.

FH EVENTS

Versants d'Aime leisure lake

• July 2 to august 28, daily 11:30am to 6.30pm. Saturdays from 1.30pm
Closed in case of bad weather

From 6€, Group on demand

Contact : 06 67 72 70 48
bullevents@orange.fr
www.bullevents.fr
Bullevents

Pedalokids

*Pedalokids on the lake at «Les Versants d'Aime» leisure park.
Min. age 4 years old.*

FH EVENTS

Versants d'Aime leisure lake

• July 2 to august 28, daily 11:30am to 6.30pm. Saturdays from 1.30pm
Closed in case of bad weather

From 6€, Group on demand

Contact : 06 67 72 70 48
bullevents@orange.fr
www.bullevents.fr
Bullevents

Xtrem' Jump

*2 passerelles de sauts de 2m80 et de 6m35 avec atterrissage dans un air bag.
Taille minimum 1m20*

FH EVENTS

Versants d'Aime leisure lake

• July 2 to august 28, daily 11:30am to 6.30pm. Saturdays from 1.30pm
Closed in case of bad weather

From 6€, Group on demand

Contact : 06 67 72 70 48
bullevents@orange.fr
www.bullevents.fr
Bullevents

Laser Game

Laser game mobile dans une structure rafraîchie unique au monde de 144 m2 avec musique et lumière noire pour une ambiance à couper le souffle. A partir de 6 ans

LASER ATTITUDE

Place Perrière - Plagne Centre
Itinérant sur la Tarentaise

• Every Tuesday from 10 a.m. to 6 p.m. Place Perrière Plagne Centre
• On other days, itinerant contact us for more info

7€ the game, 13€ the 2 games and 18€ the 3 games

Contact : 06 76 29 51 55
06 14 37 11 11
laserattitude@gmail.com
www.laser-attitude.com
Laser Attitude

Centron leisure park

The perfect place to relax with your family or friends, with a children's play area, picnic tables and barbecues, a multi-sports court and a petanque area.

If you like white water sports, diving or fishing (forbidden in summer), there is something for everyone. By the road : direction Moûtiers, exit Centron. Swimming is not allowed.

Scuba diving

PLONGEURS D'EAU DOUCE

Contact : 06 24 79 72 84

Fishing

SAVOIEFISHING.COM

Contact : 06 31 32 52 30

Archery

ARCHERY TAG

Contact : 06 10 68 48 28

EVENTS

Summer

Times and events may be subject to change. Full information from La Plagne Valley Tourist Office

Opening of the leisure centre

Sunday, June 19th

Fête de la musique

Tuesday, June 21st

9pm at Aime

Motor Sportive Day

Friday, June 24th - 5 to 7pm

Admire «supercar» vehicles. See you on the parking lot of the amphitheater!

Original Wednesday activities

From 6 July to 24 August - 8pm

What could be more surprising than an activity exercising your body and mind, in an 11th century building?

On reservation in Plagne Valley tourist offiffice. Flat rate: 5€

6/07 & 3/08 : Stretch'n relax
13/07 & 10/08 : Ballroom dance
20/07 & 17/08 : Piloxing
27/07 & 24/08 : Cross Training

Thursdays events

Every Thursday - 3 to 6pm

Come to the Grand'Rue d'Aime to have fun with friends or family!
There will be many surprises!

Les Jeudis d'Aime

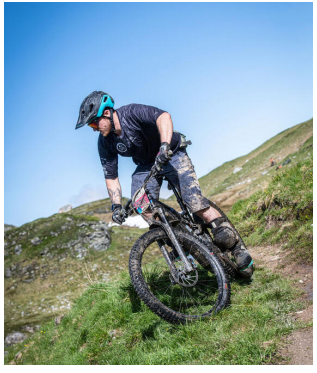
Every Thurdays - 9pm

Concerts throughout the summer in Aime's outdoor theatre.
Backup in case of bad weather

7/07 : Méli Mômes
21/07 : Los Hermanos Pouyé
28/07 : Combo Latino
4/08 : Negrita
11/08 : being programmed
18/08 : Les frères Brassens
25/08 : being programmed

Super 8

From 7 to 11 July



Fête 1ere ascension Pierra Menta

Saturday, July 9th

Fête du 13 juillet

Wednesday, July 13th - 7pm

OpenOpen-air fête, a lantern parade and fireworks at 10:30pm, followed by an open air dance!

Fête du plan d'eau

Saturday, July 17 - 7pm

An unforgettable evening in an exceptional setting.
Musical show, firework display andMusical and mega dance floor in the open air!

6000D

From 28 to 30 July

A legendary race and the first of its kind at the time, the 6000D remains a challenge for most runners.

Concert baroque

Sunday, July 31 - 8.30pm

LES PLAISIRS DU PARNASSE

Concert at the Notre Dame d'Aime Church
The violin of the Enlightenment, from Piedmont to the French court, Jean-Marie Leclair

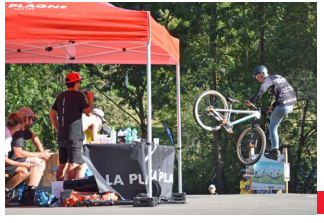
Open-air cinema

Tuesdays in August

Screening of films on the open-air amphitheatre. Films screened in the performance hall if weather bad

Pump Party Tour

Friday, August 12th



Automne

European Heritage Days

Theme «Sustainable Heritage»
september 17 & 18

The communes of Aime La Plagne and Plagne Tarentaise open their heritage buildings to the public.

Festival « Un automne sur les planches »

The tourist office works for access to «culture» for all and at all ages, with the organization of the festival «An autumn on the boards» for schoolchildren. More than 2500 students are welcomed on this appointment.

Xplore Film Festival

First week of the All Saints' Day holidays

XPLORE ALPES FESTIVAL

A foretaste of Christmas!

Christmas Market

Saturday, November 26th, from 10am.

An unmissable event for all ages, including a visit from Santa! A variety of stands are installed in the historic centre of Aime with great gift ideas and entertainment for children!

Salle de spectacle et de cinéma d'Aime

PROGRAMMATION CULTURELLE 2022-2023

Ven. 30 Septembre : Présentation de la saison culturelle par l'équipe de l'office de tourisme de La Plagne Vallée
Sam. 22 Octobre : L'ours et une demande en mariage (A.Tchekhov) *par la Cie Bruine Rouge*
Ven. 18 Novembre : Ca suffit main'ant, *Serge Papagalli*
Ven. 20 Janvier : N'ayez pas peur, *Willy Rovelli*
Sam. 18 Mars : Imitateur malgré lui...*avec Antoine Donneaux*
Sam. 1er Avril : Le son d'Alex, *Alex Jaffray*
Sam. 13 Mai : Carole *par la Cie d'aucuns disent*

BILLETTERIE À L'OFFICE DE TOURISME DE LA PLAGNE VALLÉE ET EN LIGNE BOUTIQUE.LA-PLAGNE.COM

En partenariat avec l'association 73210 2IMAGES www.73210zimages.fr

Vous informer : site internet www.la-plagne.com
Nos réseaux sociaux @laplagnevallee - le « si on sortait »

La Plagne, land of champions

La Plagne is proud to join the community of «Terre de Jeux 2024»! From the bid phase, Paris 2024 made announcement: these games will be those of the whole of France. With the Terre de Jeux 2024 label, this promise is embodied in La Plagne and throughout France.

This unique device in the history of the Games values the local authorities that work for a more developed and inclusive practice of sport, through the various actors of the sports movement, from the municipality to the region

2 NORDIC SITES

pour explorer en raquettes en ski de fond ou en ski de randonnée le Versant du soleil

1 OUTSTANDING NATURAL AREA

for a diversity of authentic activities

Christmas tea-time cinema

Wednesday December 21, 4pm to 6pm

Special afternoon for children! On the program a movie + a snack. A foretaste of Christmas.
Meet at the Aime theater and cinema, then at the village hall for the snack!

Ski mountaineering Combe Bénite

End of January

2nd edition of the Combe Bénite on the Nordic domain of Granier. The best athletes will be present
You can also express your competitive character during La Pra Spa for amateurs!

www.combebenite.fr

Equipment rental

Montagne Expérience
157 Grand'rue à Aime

Snowshoes and touring ski rental for adults and childrens
Booking strongly recommended at
09 53 41 63 95

Nordic area of Prachanié & Granier

Ideal site for hiking, skiing or snowshoeing. Discover a preserved nature away from the big ski areas, with free access. Take-away sales at the refreshment bar near the play area or in the village of Granier at the Auberge.

VILLAGE DE GRANIER - AIME LA PLAGNE

Parking of Pra Chanié above the village of Granier

Contact : 04 79 55 46 44
si.granier@free.fr
www.graniersavoie.free.fr
Espace Nordique de Granier

Meet at the Prachanié refreshment bar for a short break. Snowshoe and sock rental 07 81 98 67 92

La Côte d'Aime & Valezan nordic area

Nordic itineraries, snowshoeing and an introductory ski touring course (marked out).
The Bresson chalet welcomes you for take-away sales and equipment hire.

VILLAGES DE LA CÔTE D'AIME ET VALEZAN LA PLAGNE TARENTAISE

Parking des Pars at La Côte d'Aime or Parking at the top of Valezan

Contact : 04 79 55 69 25
si.lacotedaime@free.fr
www.lacotedaime.com

Enjoy a gourmet break at the Bresson chalet on the heights of La Côte d'Aime.
You can also hire your equipment (cross-country skiing & snowshoes).
06 88 79 02 18

Snowshoes hikes

Mountain enthusiast Aloïs takes you on the trails to explore the diversity of the valley of La Plagne.

ALOÏS RANDONNÉES

La Plagne altitude, La Plagne Montchavin Les Coches, Beaufortain & Vanoise

Every day, on demand

Snowshoes and poles included
• package 1 à 8 persons
1/2 day : 165€
Full day : 250€
• Groups of up to 12 people possible: +15€/additional person
• Transport by minibus offered within the limit of 8 places available
• Snowshoeing night outing/fondue on Tuesday evenings 50€/pers: outing, meal, snowshoes and sticks included. Transport from Aime offered within the limits of available places.

Contact : 07 82 10 30 49
alois@lesmarmhotes.com
www.lesmarmhotes.com

Ysabel offers beautiful full day or ½ day snowshoe hikes off the beaten track in the resort of La Plagne and on the Versant du Soleil, where you can enjoy the landscapes and natural surroundings

YSA'LPES RANDO

La Plagne altitude, Beaufortain, Vanoise

Every day, on demand

• 50€ per person per day, snowshoes and poles provided

Contact : 06 79 68 26 18
ysalpes.rando@gmail.com
www.ysalpes-rando.sitew.fr

Guillaume will take you to discover the great outdoors on the north and south-facing slopes. A real return to the roots, to nature, to the essential!

GB MONTAGNE

La Plagne altitude, Beaufortain, Vanoise

Every day, on demand
(see detailed programme)

• Day hike : 50€
• 1/2 day : 28€
• Single child 1/2 day - from 12 years to 18€.
• Group package max 12 people 1/2 day 230€ day 380€ (only outside school holidays)
• Private outing 4 pers max 1/2 day 135€ day 270€ (only outside school holidays)
• Nocturnes from 30€/pers

Contact : 06 42 08 53 35
contact@gb-montagne.com
www.gb-montagne.com

Daniel invites you to discover the La Plagne area in the resort or on the Versant du Soleil, on snowshoes. Beginners to advanced.

ATTITUDE RAQUETTE

La Plagne Altitude et Versant du Soleil

Every day. Wednesday or Thursday on the Versant du Soleil

• from 28€

Contact : 06 21 85 58 72
dtruel@free.fr
www.raquette.net

Marie-Paule will help you discover the Tarentaise-Vanoise and Beaufortain regions through themed hikes or treks. She can also introduce you to hatha yoga.

MARIE-PAULE NULLANS

Versant du Soleil, and all the valleys of Tarentaise-Vanoise

Every day, on demand

• One day commitment from 200€.
• Half day commitment from 120€.

Contact : 06 20 27 47 84
contact@marie-paule-en-montagne.com
www.marie-paule-en-montagne.com

Ski touring with a professional on the Versant du Soleil?
Contact Jérémy Vibert at 06 15 74 27 72

OUR PHOTO SPOTS

To share your photos
@laplagnevallee/#laplagnevallee

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The Secret of Aime's historic buildings

Yvette tells you their story.

- Every Tuesday at 10am « Stories from Medieval Times" (Saint Martin's Priory Church and Montmayeur tower)
- Every Thursday at 10am "Tales of stone" (Saint Martin's Priory Church and Archeological Museum)

11€ per adult and 5€ per child
Book at La Plagne Valley tourist office
From 5 July to 25 August

More informations at
04 79 55 67 00 or
info.vallee@la-plagne.com

Make history
Discover our heritage

follow in the footsteps of ...

PIERRE BORRIONE ARCHEOLOGICAL MUSEUM

Open July 4th - August 27th,
Monday to saturday :
10am-1pm and 2.30-6pm

4€, free for children under 16.

Alone or with the family, discover the 3 monuments with the Pass'Partout card. On sale at all sites during the summer

8€

SAINT MARTIN'S PRIORY CHURCH

Open July 4th - August 27th,
Monday to saturday :
10am-1pm and 2.30-6pm

4€, free for children under 16.

MONTMAYEUR TOWER

Summer 2022 exhibition: « Savoir-faire en Tarentaise »

Open July 4th - August 27th,
Monday to saturday :
10am-1pm and 2.30-6pm

4€, free for children under 16.

Continue to...

La Maison des Arts

An exhibition space dedicated to the artists and craftsmen of Tarentaise but also to guests from all walks of life during temporary exhibitions.

Several highlights are proposed throughout the year to enjoy this unique cultural place in Tarentaise.

Les Versants d'Aime

Montée de la Cachouriaz - Aime

• Monday, Tuesday, Thursday and Friday from 2pm to 5pm
closed in August

Free

Contact :
04 79 55 21 57
lamaisondesarts@versantsdaime.fr

Villages, heart in the «valley»

Bellentre - 700m

Aime - 700m

Villette - 700m

Centron - 900m

Macot - 800m

Passionate about heritage or just on the lookout for small local stories,
Find this brochure available at the Tourist Office

CULTURE & HERITAGE

Hill-top villages

Tessens - 960m

Granier - 1240m

Valezan - 1200m

La Côte d'Aime - 990m

Montgirod - 1110m

Longefoy 1160

Permanent family courses are at your disposal to discover the villages in a fun way!

CULTURE & HERITAGE

Meet the hilltop villages!

Set off to discover the different villages by car or bike, or on foot, and enjoy a refreshment break in the different inns in Granier, La Côte d'Aime and Valezan.

La Côte d'Aime...

Museum of la Fruitière

A little museum has on display various artefacts from the village's past & objects linked to cheese-making. Sale of cheese and local crafts.

SYNDICAT D'INITIATIVE DE LA CÔTE D'AIME VALEZAN

Chef-lieu - La Côte d'Aime

Tuesday and Thursday 3pm - 6pm and Friday 3pm - 7.30pm By appointment outside the summer period

• Free participation

Contact : 07 66 09 78 94
si.lacotedaime@free.fr
www.lacotedaime.com
Syndicat d'initiative de La Côte d'Aime - Valezan

Maison de Joannès

The lifestyle of our high valleys will have no secret for you ! Discover the daily life and traditions of our elders.

SYNDICAT D'INITIATIVE DE LA CÔTE D'AIME VALEZAN

Montméry - La Côte d'Aime

Tuesday and Thursday at 3.30pm by appointment only

• Free participation

Contact : 07 66 09 78 94
si.lacotedaime@free.fr
www.lacotedaime.com
Syndicat d'initiative de La Côte d'Aime - Valezan

L'école d'autrefois

Enter in an old classroom and discover the life of schoolchildren of the early twentieth century.

SYNDICAT D'INITIATIVE DE LA CÔTE D'AIME VALEZAN

Chef-lieu - La Côte d'Aime

Tuesday and Thursday at 3.30pm by appointment only

• Free participation

Contact : 07 66 09 78 94
si.lacotedaime@free.fr
www.lacotedaime.com
Syndicat d'initiative de La Côte d'Aime - Valezan

Find next to the «l'école d'autrefois» the exhibition «Fleurs de montagne» Painting on slates by Mme Jacqueline Sujdovic

Tuesday and Thursday at 3.30pm by appointment only

Contact : 07 66 09 78 94 si.lacotedaime@free.fr www.lacotedaime.com
Syndicat d'initiative de La Côte d'Aime - Valezan

Le Pressoir

Production of wine and grape juice. Advice and technical assistance to new winemakers.

ASSOCIATION «VIGNES DE TARENTAISE»

La Côte d'Aime chef lieu - In front of the church

Visit of the wine press, sale of wine and grape juice by appointment

• Free visit and tasting
• Bottle of wine at 5€ and grape juice at 3,50€

Contact : 07 81 65 84 79
asso.vignesdetarentaise@gmail.com

Sur Granier...

L'alpage de Plan Pichu

Discover Plan Pichu's Alpine meadows, an exceptional landscape and production site of Beaufort cheese during the summer season. A sharing of know-how in a friendly atmosphere in an exceptional natural setting!

SYNDICAT D'INITIATIVE DE GRANIER

Alpage de Plan Pichu - Granier

Every Thursday in July and August 2 - 5pm

• 4€ per person,
• Free for children under 10 years old
Reservation required, call preferably between 6pm and 7.30pm.

Contact : 07 81 61 65 58

On the road to La Plagne...

La Poterie du Murger

Agnès Rawoe loves to share her passion for pottery. You can appreciate her creative talent in the items for sale in her workshop

LA POTERIE DU MURGER

Prariond - Route de La Plagne

Summer/Winter: Tuesday to Saturday 2.30 - 7 pm
Mornings and Mondays on request
In the off-season, every day on request

• From 7€ to 200€

Contact : 06 11 84 10 28
agnesrawoe@gmail.com
Plus de photos sur google maps
Poterie du Murger

Continue your journey towards...

Not forgetting, in Aime...

Local market
Every Thursday morning in the car park above the outdoor amphitheatre.

Tour of Aime's Beaufort cheese dairy
Free visit to see how Beaufort cheese is made and a small exhibition.

Ideal for getting your taste buds tingling and making your favourite dishes!

In la Côte d'Aime

Summer producers' market
Every Friday, 5.30 – 7.30pm in front of the town hall.

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