

COME & LIVE
*Unforgettable**
MOMENTS



La photo d'entreprise © photo : P. Royer - gettyimages

***VENEZ VIVRE DES MOMENTS INOUBLIABLES**

VALLÉE | CHAMPAGNY EN VANOISE | MONTALBERT | MONTCHAVIN |
LES COCHES | PLAGNE 1800 | PLAGNE CENTRE | PLAGNE BELLECOTE |
PLAGNE VILLAGES | PLAGNE SOLEIL | PLAGNE AIME 2000 | BELLE PLAGNE



LA PLAGNE

Paradiski

www.la-plagne.com



ALTITUDE GUIDE
winter 2018/2019



*Unforgettable**
*INOUBLIABLE



Plagne Tourisme Altitude

WWW.LA-PLAGNE.COM - 33 (0)4 79 09 02 01 - INFO@LA-PLAGNE.COM

NOUVELLE JAGUAR I-PACE 100% ÉLECTRIQUE

ELLE VA FAIRE DU BRUIT,
MAIS PAS SUR LA ROUTE



La nouvelle Jaguar I-PACE est notre premier SUV premium entièrement électrique. Avec son design précurseur, son autonomie de 470 km*, sa recharge rapide (80% en 85 minutes**), ses 4 roues motrices et ses 400 ch CEE, elle redéfinit les standards des véhicules électriques. Et avec une accélération de 0 à 100 km/h en 4,8 secondes, elle prouve qu'elle appartient bel et bien à la famille Jaguar. jaguar.fr

Jaguar partenaire officiel de



LA PLAGNE
Paradiski

THE ART OF PERFORMANCE

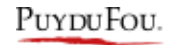
L'art de la performance
* Autonomie jusqu'à 470 km, qui est susceptible de varier selon notamment la configuration du véhicule, l'état de la batterie, le style de conduite, le type d'utilisation, les conditions climatiques ou l'environnement routier. ** En utilisant un chargeur rapide de 50 kW à courant continu (DC). Les temps de recharge réels peuvent varier selon les conditions environnementales et l'équipement de recharge utilisé.

Consommation mixte (l/100 km) : 0. Émissions de CO₂ (g/km) : 0.
Jaguar France. Siren 509 016 804 RCS Nanterre.

WELCOME



la Plagne thanks its partners



Summary

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INFORMATION



Tourism Office



PLAGNE CENTRE



Open from Monday to Saturday from 9 am to 6.30 pm and on Sunday from 9 am to 12.30pm and from 2 pm to 6.30pm



33 (0) 4 79 09 02 01
info@la-plagne.com
www.la-plagne.com

Information points

Plagne Bellecôte

In front of the bus stop

Belle Plagne

Opposite the gondola station

Plagne Villages

Opposite the Telebus arrival station

Plagne Aïme 2000

On the shopping gallery level

Plagne 1800

«Les Marmottes» Residence

Plagne Soleil

Touch terminals available at ski pass sales points

**NEW FOR 2019!
PLAGNE CENTRE**
Place Perrière in Plagne Centre has been fully renovated and is now called "Pierra Menta" with a new reception area, the coach station, a heritage room and new retail areas!

In the Info Points, you can find...

the weekly entertainment programme
- piste maps for downhill and cross-country skiing - map of walking trails
- resort maps - car park plans - ski area conditions - opening & closing times of runs and lifts - snow conditions - weather forecast



Extra

Loan of board games, fax and photocopying service (only from the tourist office in Plagne Center), cot rental are amongst the services offered by the Tourist Office and its Information Points.

Internet

Choose between the list of networks then open the internet.

You can buy a lift pass on line with your credit card.

Internet - ici :

0892 350 190 - hotline@internet-ici.net

Hippocket wifi:

Daily or weekly rental from Information Points

Private wireless broadband network (up to 10 devices connected simultaneously from your accommodation).

Payment by credit card only.

Paradiski Yuge

The Paradiski YUGE app makes you enjoy 200% of your stay in La Plagne.

Discover a wide range of functionalities: interactive map, resort guide, shuttle bus times, weather conditions, queuing time at lifts, ski performances and classification, recharging your ski pass, personalised recommendations and lots more!!!



YUGE app: A fully connected experience to download right away.

LAND ON THE BEST PISTES.

With Yuge, get live info on the snow conditions and find routes fitting your ski level.

YUGE
Paradiski

USER CONTACTS



Ambulances AMS.....33 (0)4 79 55 58 17
24h/24

Left luggage

Plagne Centre (omnisports hall).....33 (0)4 79 55 15 15
On Saturday from 8.30am to 6 pm
Plagne Bellecôte.....33 (0)4 79 09 02 01
Left luggage service available in the information point

Bank CIC

Plagne Centre.....04 79 55 40 10
Monday to Friday from 10 am to 1 pm

Bank «Crédit Agricole des Savoie»

Plagne Centre.....33 (0)4 79 44 60 57
Tuesday & Friday 8.30 - 12am & 1.45 - 6pm, Wed & Thurs 8.30 - 12am (afternoon by appointment only).

Bank «Banque Populaire des Alpes»

Plagne Centre.....33 (0)4 79 09 38 47
Monday, Tuesday, Wednesday and Friday from 9 am to 12.15 pm and from 2 pm to 5.45pm. Thursday from 9 am to midday and from 2 pm to 5.45 pm

Weather report.....33 (0)32 50

Medical centers

Plagne Centre.....33 (0)4 79 09 04 66
Every day from 9 am to 7pm
Plagne Bellecôte.....33 (0)4 79 09 29 55
Every day from 9 am to 7pm

Ecumenical chapel.....33 (0)4 79 09 13 62
Plagne Centre - Masses every Tuesday at 5.30pm.

Waste collection center.....33 (0)4 79 55 46 86
December 14th to April 30th from 10 am to midday and from 2 pm to 5 pm

Dentists Aime (18km)

Aude Rancezot.....33 (0)4 79 55 66 00
Cabinet dentaire de la vallée.....33 (0)4 79 55 60 50

ATM machine :

Crédit Agricole, Banque Populaire, La Poste, Banque Laydernier, CIC

Police station

Plagne Centre.....33 (0)4 79 09 04 57
bta.aime@gendarmerie.interieur.gouv.fr
During the week, from 9 am to midday and from 2 pm to 7pm. On Sunday and day-off from 10 am to midday and from 3 pm to 7pm.

Hospital

Bourg St Maurice (30km).....33 (0)4 79 41 79 79
Moutiers (30km).....33 (0)4 79 09 60 60

Nurses

V. Marchand Maillet - Brovelli.....33 (0)6 09 72 60 37

Traffic information

CRIR de Lyon.....33 (0)8 26 02 20 22

Post Office

Plagne Centre.....33 (0)4 79 09 01 82
Open from Monday to Friday from 9 am to midday and from 2 pm to 5 pm. Closed on Saturday.
Belle Plagne.....33 (0)4 79 09 06 06
Postal services available at the tabac/presse shop

laundrette, dry cleaning and pressing

Plagne Centre (automatic machine).....33 (0)4 79 09 06 76
Plagne Bellecôte.....33 (0)4 79 07 68 66
Belle Plagne (automatic machine)
Plagne Aime 2000 : (automatic machine)...ww.so-laverie.com
Plagne 1800 : Pierre et Vacances (automatic machine)
Access from 8 am to 8pm (change machine in the laundrette)

Market

Plagne Centre from 7 am to 8 pm in front of Telebus

Plagne Centre Tourist Office

Plagne Centre.....33 (0)4 79 09 02 01

Police

Plagne Centre.....33 (0)4 79 09 22 10
Agents on site in the resorts every day
Plagne Aime 2000.....33 (0)4 79 09 26 23
Contact 33 (0)4 79 09 72 51 if the station is unmanned

Chemists

Plagne Centre.....33 (0)4 79 09 04 81
Plagne Bellecôte.....33 (0)4 79 09 02 20

Ski pass office.....33 (0)4 79 09 67 00

Open every day

PMU - Plagne Bellecôte

Restaurant Rigatoni.....33 (0)4 79 06 57 98

Petrol station 24h/24

Plagne CentreSelf-service, credit cards only

Ski Patrol service.....33 (0)4 79 09 67 60

Conciergerie services

Wikizi Plagne Aime 2000.....33 (0)4 76 84 01 33
La Clef des Neiges Belle Plagne.....33 (0)6 08 24 80 48
73ème Avenue Belle Plagne.....33 (0)4 79 09 20 58

Emergency services

Mobilephone.....112

Veterinary at home.....33 (0)6 67 18 86 02

Veterinary clinic Aime (18km)

Dr Tillon.....33 (0)4 79 55 62 79
Vétérinaire du Coeur d'Aime.....33 (0)7 83 46 10 93

The opening hours are given as a guide only and may change.

R'LA PLAGNE la radio station
101.5 Mhz et laradiostation.fr
- 7.30 am to 10.30 am La Matinale
(infos, ski conditions, weather)
- 10.30 am to 4 pm Le Grand'R
(Just Ski, we take care of the rest !)
- 4 pm to 8 pm Happy'R
(places to go, interviews)
- 8 pm to 4 am RTime
(lounging, chill out and electro)
Tel 33 (0)4 79 09 10 00
rlaplagne@laradiostation.fr





Bus & rail links

Book your return journey using the automatic machines at the Tourist Offices in Plagne Centre, Plagne Bellecôte or Belle Plagne. Information and reservations : www.mobisavoie.fr or 33 (0)9 70 83 90 73

Taxis

- Mathieu Perraudat**
33 (0)7 78 87 47 04
- Bouzon Christian**
33 (0)4 79 09 03 41
- Albert Taxi**
33 (0)4 79 55 66 38
- Legroux Dominique**
33 (0)6 09 38 73 82
- Bouzon Alain**
33 (0)4 79 09 78 93
- Allo BK Taxi**
33 (0)6 07 1 9 80 03
- Luzzi Jean Pierre**
33 (0)6 07 23 79 29

- ABC Taxi Collomb**
33 (0)6 14 36 74 59
- Placide Guillaume**
33 (0)6 1 7 77 4 1 57
- JM Taxi**
33 (0)6 22 98 05 20
- JB Taxi**
33 (0)6 34 87 12 17
- Aim'Taxi Hervé**
33 (0)6 67 73 37 57
- Briançon Gilles**
33 (0)4 79 55 64 15

Car rental

- E.Leclerc Aime vallée**
33 (0) 4 79 01 30 30
- Super U Bg St Maurice**
33 (0) 4 79 07 24 11
- Europcar Bg St Maurice**
33 (0) 4 79 04 04 20
- Avis Moûtiers**
33 (0) 4 79 24 01 55
- Europcar Moûtiers**
33 (0) 4 79 24 09 72
- Hertz Moûtiers**
33 (0) 4 79 24 07 75

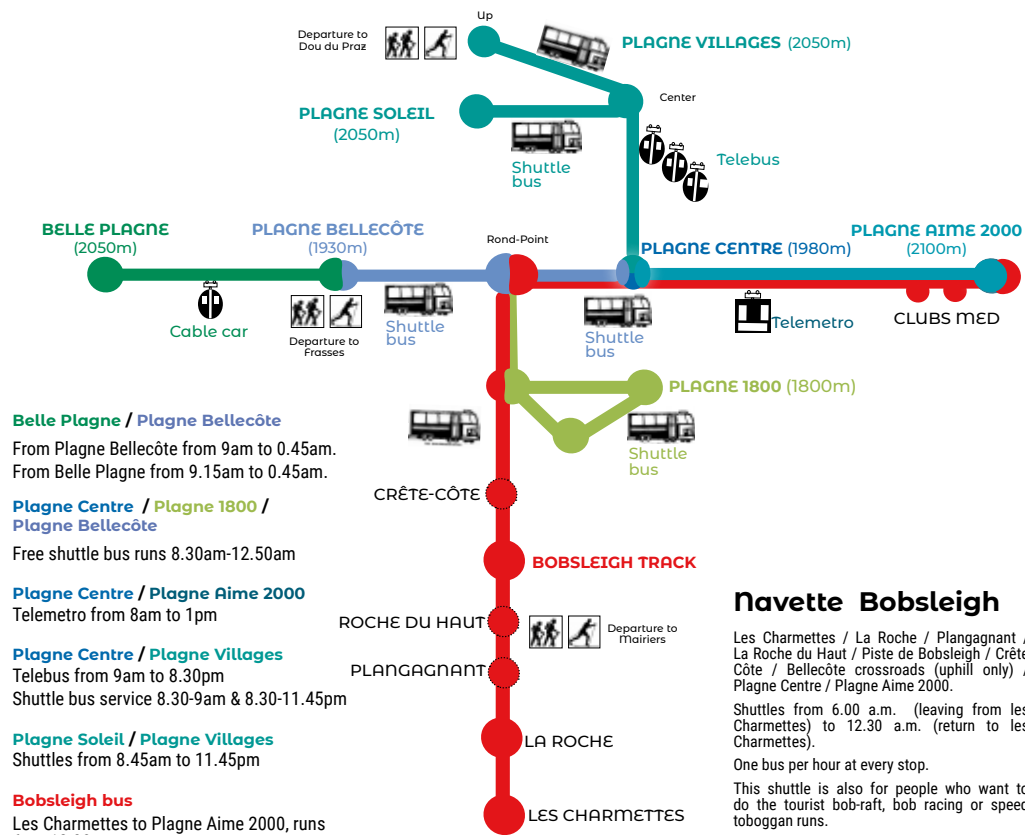
Airports

- Lyon St Exupéry**
0 826 800 826
www.lyonaeroports.com
- Geneva**
0041 227 17 7 111
www.gva.ch
- Chambéry/Aix les Bains**
33 (0) 4 79 54 49 66
www.chambery-airport.com
- Grenoble St Geoirs**
33 (0) 4 76 65 48 48
www.grenoble-airport.com

Links

Resorts / Airports

Book your return to airports on :
Lyon St Exupéry
Genève
Chambéry/Aix les Bains
www.altibus.com



Belle Plagne / Plagne Bellecôte
 From Plagne Bellecôte from 9am to 0.45am.
 From Belle Plagne from 9.15am to 0.45am.

Plagne Centre / Plagne 1800 / Plagne Bellecôte
 Free shuttle bus runs 8.30am-12.50am

Plagne Centre / Plagne Aime 2000
 Telemetro from 8am to 1pm

Plagne Centre / Plagne Villages
 Telebus from 9am to 8.30pm
 Shuttle bus service 8.30-9am & 8.30-11.45pm

Plagne Soleil / Plagne Villages
 Shuttles from 8.45am to 11.45pm

Bobsleigh bus
 Les Charmettes to Plagne Aime 2000, runs 6am-12.30am

Navette Bobsleigh

Les Charmettes / La Roche / Plangagnant / La Roche du Haut / Piste de Bobsleigh / Crête Côte / Bellecôte crossroads (uphill only) / Plagne Centre / Plagne Aime 2000.
 Shuttles from 6.00 a.m. (leaving from les Charmettes) to 12.30 a.m. (return to les Charmettes).
 One bus per hour at every stop.
 This shuttle is also for people who want to do the tourist bob-raft, bob racing or speed toboggan runs.

(Subject to alternation)

CAR PARKS



Outdoor paying parking areas

Plagne Centre / Plagne Bellecôte / Belle Plagne

You can purchase hourly, daily or weekly parking tickets from the ticket machines (credit cards accepted) in Plagne Centre, Plagne Bellecôte and Belle Plagne.

- Weekly rate for Plagne Centre (Jovet Parking), Plagne Bellecôte and Belle Plagne : 59€ for a week / 230€ for the season.

Rates for other car parks in Plagne Center : See on Parking map available at the tourism office.

Plagne 1800, Plagne Villages and Plagne Soleil

POutdoor parking in P1800, P. Villages & P. Soleil is free

Plagne Aime 2000

Parking tickets for Plagne Aime 2000 from the machine only.

Make sure your ticket is clearly displayed behind your windscreen.

Disabled parking

Free parking spaces for the disabled: 9 spaces in Plagne Centre, 6 spaces in Plagne Bellecôte, 4 spaces in Belle Plagne, 2 spaces in Plagne 1800, 5 spaces in Plagne Villages and 2 in Plagne Soleil.

Covered car parks

Plagne Bellecôte

P2 car park - Weekly ticket : 59€

SAGS : 33 (0)4 79 55 31 75

on-line booking : www.parkinglaplagne.com

Belle Plagne

Vinci Park : 33 (0)4 79 55 11 76 / 33 (0)4 79 55 11 82

Plagne Centre

«Boulevard car park» SAGS : 33 (0)4 79 55 31 75

Weekly ticket : 65€

on-line booking : www.parkinglaplagne.com

Plagne Aime 2000

Enquire at the car park attendant : 33 (0)4 79 09 10 25

Plagne Soleil

«Cervin car park» - Weekly ticket : 65€

SAGS : 33 (0)4 79 22 70 70 or 33 (0)4 79 55 31 75

on-line booking : www.parkinglaplagne.com

Police

- Plagne Centre office

33 (0)4 79 09 22 10

For Plagne Centre, Plagne Villages, Plagne Soleil, Plagne 1800, Plagne Bellecôte and Belle Plagne.

Car pound: If your car has been moved, contact the Police Municipale or, if it is closed, the Gendarmerie.

- Plagne Aime 2000 office

33 (0)4 79 09 26 23 or 33 (0)4 79 09 72 51

Office located on the ground floor of Plagne Aime 2000 building in Plagne Aime 2000.



Snow clearance information

Make sure you read notices on accommodation entrances and in car parks. They will tell you which car parks are to be cleared and where you can park your vehicle in the meantime

Motor home parking

There is a parking area in Plagne Villages reserved for vehicles with registration documents showing that they are camping cars. The parking area has electricity, drinking water and waste water facilities.

There are also electricity recharging terminals. It is also possible to recharge your vehicle with electricity by means of special terminals.

Motor-homes parking rates :

- 22€: 24 hrs

N.B: Parking in other areas of La Plagne is prohibited for motor homes.

Snow shovels

Available in case you need to dig out your car (deposit required). At the Plagne Centre Tourist Office and at Information Points.

Before taking the road

Check the weather forecast (at all the Information Points and in the Tourist Office or on the electronic notice boards in your resort) so you are aware of the road conditions when you set off. During the French school holidays the «Partir à la bonne heure» (Leave in good time) campaign will be posted up in the Tourist Office and the Information Points from the Thursday. This will recommend certain departure times in the light of the traffic flow anticipated by the Direction Départementale de l'Équipement de la Savoie (the departmental road authority).

- In case of snow: consider clearing the snow from your car throughout the week so it doesn't get too hard. Don't forget to take the snow off the roof of your car because if you brake sharply it could fall onto your windscreen. It is important that you have chains that fit your car or snow tyres and that you put your chains on before setting off and, if possible, remove them in the areas set aside for the purpose (bends n°5, n°7, n°9, n°10, n°11, n°12 and finally between the villages of Macot and Aime).

Road conditions

- On website www.savoie-route.fr with weather and road access updates from Thursday,
- Motorway info: www.autorouteinfo.fr
- Information on Savoie: France Bleu Pays de Savoie radio station
- Information on La Plagne : R'ta Plagne 101.5FM radio station and La Plagne Officiel Facebook page.

DIRECTORY OF TOURIST OFFICE MEMBERS



Grocery shops

PLAGNE CENTRE

Boucherie de la Plagne	04 79 40 11 42
La Table du berger	04 79 09 19 09

PLAGNE AIME 2000

SPAR	04 79 09 05 06
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Shops and Sport shops

PLAGNE CENTRE

Elpro Boutique	04 80 08 10 90
Elpro Skimium	04 79 09 20 79
Go Sport	04 79 09 01 71
Ski republic	04 79 07 12 69
Sport 2000 Robino	04 79 09 00 26

Shops and Sport shops *suite*

PLAGNE BELLECOTE

El Pro Skimium	04 79 09 12 98
Intersport ingrid Lafforgue	04 79 09 05 67
Quiksilver Store	04 79 09 05 67
Ski Republic	04 79 07 18 47
Skiteam-Ski set	04 79 07 61 20

PLAGNE AIME 2000

Skiteam - Ski Set	04 79 09 05 33
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PLAGNE VILLAGES/ PLAGNE SOLEIL

Pierre Leroux Sport 2000	04 79 09 01 35
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BELLE PLAGNE

Belle Plagne Sports 1	04 79 09 20 58
Belle Plagne Sports 2	04 79 55 10 57
Belle plagne Sports 3	04 79 55 18 90
ELPRO skimium	04 79 09 20 79
Sport 2000	04 79 09 07 79

PLAGNE 1800

El Pro Skimium	04 79 09 20 79
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Wellness

PLAGNE CENTRE

Cabinet médical	04 79 09 04 66
Hôpital Bourg st Maurice	04 79 41 79 79
Hôpital Moûtiers	04 79 09 60 60
Infirmière	06 09 72 60 37
Pharmacie	04 79 09 04 81

PLAGNE BELLECOTE

Ambulance AMS	04 79 55 58 17
Cabinet Médical	04 79 09 29 55
Infirmière	06 09 72 60 37
Pharmacie	04 79 09 02 20
SPA Bellecôte	04 79 09 22 48

BELLE PLAGNE

Infirmière	06 09 72 60 37
Ostéopathie et massages	04 79 09 31 46

Services

PLAGNE CENTRE

Bibliothèque	04 79 22 45 38
Caisse Forfaits	04 79 09 67 40
Chapelle œcuménique	04 79 09 13 62
Club des sports	04 79 09 01 79
Crèche Municipale	04 79 09 00 83
Ecole de ski El Pro	04 79 09 04 74
Ecole de ski Oxygène	04 79 09 03 99



Services *suite*

PLAGNE CENTRE

ESF	04 79 09 00 40
ESF Nanda Devi	04 79 09 12 05
Gendarmerie	04 79 09 04 57
La Poste	04 79 09 01 82
Mairie Annexe	04 79 55 15 15
Office de Tourisme	04 79 09 02 01
Patinoire Sunerglace	nc
Parking du Boulevard	04 79 55 31 75
Police Municipale	04 79 09 22 10
Reflex Ski school	06 13 80 80 56
R'la Plagne	04 79 09 10 00
Salle omnisports	04 79 55 15 15
SAP	04 79 09 67 00
Stade de Slalom	04 79 09 28 11

PLAGNE BELLECOTE

Caisse SAP	04 79 09 67 35
ESF	04 79 09 01 33
Mini Club	04 79 09 01 33

BELLE PLAGNE

Caisse de la SAP	04 79 09 68 01
Ecole de Ski El pro	04 79 09 11 62
Ecole de ski Oxygène	04 79 06 53 36
ESF	04 79 09 06 68
Garderie	04 79 09 06 68

DIRECTORY OF TOURIST OFFICE MEMBERS



Services (suite)

PLAGNE AIME 2000

Caisse des Forfaits	04 79 09 67 00
Ass. Antenne Handicap	06 86 86 01 50
ESF	04 79 09 04 75
Garderie	04 79 09 04 75
Parking couvert	04 79 09 10 25
Point information	04 79 09 02 01
Police Municipale	04 49 09 26 23

PLAGNE VILLAGES

Caisse des Forfaits	04 79 09 67 90
ESF	04 79 09 20 95
Infirmière	06 09 72 60 37

PLAGNE 1800

Caisse Forfaits	04 79 09 37 47
Ecole de ski Oxygène	04 79 09 53 36
Ecole de ski Reflex	06 13 80 80 56
ESF	04 79 01 17 61

TAXIS

Mathieu Perraudat	07 78 87 47 04
Bouzon Christian	04 79 09 03 41
Albert Taxi	04 79 55 66 38
Legroux Dominique	06 09 38 73 82
Bouzon Alain	04 79 09 78 93

Other services and shops

PLAGNE CENTRE

Banque Populaire des Alpes	04 79 09 38 47
Chalet Robino	04 79 09 01 47
CIC	04 79 55 40 10
Cinéma les Ecrins	04 79 09 02 01
Crédit Agricole	04 79 44 60 57
Espace Montagne	06 11 49 28 18
Esthé Bio	06 30 65 39 24
Pressing/Laverie	04 79 09 06 76
Snow Panthers	06 14 03 22 49
Spa by Nuxe Araucaria	04 79 09 20 20
Ski Chic	06 64 89 31 84

Other services and shops (suite)

PLAGNE 1800

Laverie Automatique	04 79 09 08 70
Salle de squash	04 79 09 08 70

PLAGNE BELLECOTE

Blanchisserie	04 79 09 03 16
Cinéma	04 79 00 46 08
Piscine Magic Pool	04 79 09 05 89
SPA Bellecôte	04 79 09 22 48

BELLE PLAGNE

73ème Avenue	04 79 09 20 58
Bains & Spas la Plagne	04 58 35 00 00
Bowling	04 79 09 00 78
La Clef des Neiges	06 08 24 80 48
Laverie Auto	06 61 05 42 53
Parking couvert amont	04 79 55 11 82
Parking couvert aval	04 79 55 11 76
Relais la Poste	04 79 09 06 06
Tabac Presse	04 79 09 06 06



PLAGNE AIME 2000

So laverie Pressing /	04 79 09 06 76
Salle de jeux	
Super Tyro	06 51 21 01 73

PLAGNE VILLAGES/ PLAGNE SOLEIL

JNJ Photo	06 47 27 88 65
Spa ô des Cimes	04 79 23 22 10

DIRECTORY OF TOURIST OFFICE MEMBERS



Real estate agencies

PLAGNE CENTRE

Agence Alp Agence	04 79 55 12 20
Agence OIP	04 79 09 00 77
Agence Oxygène Immobilier	04 79 09 05 82
Bureau de vente Oxygène Immobilier	06 18 22 26 38
Bureau vente Alp'Agence	04 79 55 12 20
GSI	04 79 09 17 00
Hôtel Araucaria H036	04 79 09 20 20
Ski et Soleil	04 79 09 09 23 04 79 09 02 22

PLAGNE BELLECOTE

OIP	04 79 09 00 58
BELLE PLAGNE	
Balcons de Belle Plagne	04 79 55 76 76
Balcons Village	04 79 55 76 55
Hôtel le Carlina	04 79 09 78 46
OIP	04 79 09 00 77
Oxygène Immobilier	04 79 06 33 36

PLAGNE AIME 2000

Ag. Centrale de la Plagne	04 79 24 49 83
Agence Ski et Soleil	04 79 09 93 93
Pierre et Vacances	04 79 55 14 00
Les Hauts Bois	

PLAGNE 1800

Chalet Flocon Crête Cote	04 79 00 38 43
Hôtel le Cocoon	04 79 55 00 26
Pierre et Vacances les Lauzes	04 79 09 08 70
UCPA	04 79 09 11 76

Real estate agencies (suite)

PLAGNE VILLAGES/ PLAGNE SOLEIL

CGH	04 79 23 22 10
Les Granges du Soleil	
Chalets et Lodges Alpages	04 79 09 06 61
Pierre et Vacances le Mont Soleil	04 79 55 77 00

Bars, restaurants

PLAGNE CENTRE

Araucaria	04 79 09 20 20
Le Chalet la Grande Rochette	04 79 09 09 09
le Floe	nc
Le Brix	09 52 55 24 47
Le Holidays	06 20 83 12 46
Le Véga	04 79 09 00 61

BELLE PLAGNE

Auberge des Balcons	04 79 55 75 99
Le Bowling	04 79 09 00 78
Le Carlina	04 79 09 78 46
Le Matafan	04 79 09 09 19
Le Saloon	04 79 09 06 98



PLAGNE 1800

Chalet de la Roche	04 79 09 05 99
PLAGNE VILLAGES/ PLAGNE SOLEIL	
Le Dou du Praz	04 79 09 05 40

PLAGNE BELLECOTE

L'Annexe	04 79 06 57 88
Le Flocon	04 79 09 08 97
Les Verdons Sud	06 13 10 33 31



A very colourful events programme ...

Moments of discovery to share, off-the-wall entertainment, challenges for grown-ups and snow parties for kids.

There is entertainment in La Plagne for all tastes and ages: games, shows, concerts, sports, quizzes, challenges, treasure hunts, conferences...

Not forgetting torchlight descents, ski shows, fireworks, hot wine...

For kids ...

During the school holidays, the resort offers offers a range of entertainment aimed at children.

Milka entertainment, la Plagne's partner

Games, snacks & hot chocolate will be on offer during the French school holidays. Come & join in the fun for all ages!



You can find the details of all these events and activities in the **ENTERTAINMENT PROGRAMME**

Social networks

Find us on social networks to follow our live our live stream and not miss any pictures or the latest news from the resort.

Facebook: La plagne

Twitter/Periscope: @LaPlagne

Instagram: la_plagne

You tube: La Plagne TV

Share your memories in La Plagne with the hashtag

#maplagne



Snow Frappadingue by la Plagne

December 15th, 2018

Come and take part in the first snow-based edition of this renowned obstacle course!

The Frappadingue is an obstacle race with a new dimension of fun and conviviality that makes it a truly festive occasion. Meeting the original challenges will create unforgettable memories for you and your friends. For more details, go to www.frappadingue.fr "Our events"!

You can register directly on line.



Christmas in la Plagne

December 23 - 26, 2018

Santa and his elves will be staying in La Plagne!

Visitors of all ages can enjoy the magic of Christmas over these 4 days: there will be plenty of fun, surprises, shows and gifts in the altitude sites.

A chance to discover or rediscover the enchantment of Santa's world: visiting his chalet, seeing him getting ready for the big day or out & about with the sledge dogs. Special moments to share with your family or friends.



Red pompon Night

December 31st, 2018

For its 12th edition, La Plagne invites you to its exceptional New Year's celebration:

Red Pompon Night.

Sound & light show on the theme of "Tropics" in Plagne Bellecôte.

Show, pyrotechnics, outdoor disco after midnight.

EVENTS



The «Grande Odyssee»

January 18th, 2019

Presented as the world's toughest sled dog race, the Grande Odyssee has been a key event in the winter calendar since 2005. La Plagne became one of the 10 stages last year, the 6th stage to be exact. 30km course with 1 250m elevation gain.

www.grandeodyssee.com

Born to be show

February 28th, 2019

The 8th edition of the "Born to Be" show will be held on February 28th on the Jean Luc Crétier slalom field in Plagne Centre.

It is a sound & light ski show put on by La Plagne's Club des Sports together with its partners.

A grand tombola will be held with the fabulous first prize of a car to be won!

Odyssea : Trail running on snow

February 2nd, 2019

This winter, La Plagne is part of the Odyssea circuit and will be proposing an 8km race on snow for charity. With sport as an emblem of health, visitors to and inhabitants of La Plagne will be supporting the fight against cancer and racing in the now-famous pink t-shirt.

www.odyssea.info



*Because La Plagne is first and foremost a resort that is concerned with human issues, it will be working with the **Gustave Roussy Institute**, Europe's leading centre in the fight against cancer. La Plagne will be collecting funds to assist with treatment, research and education by organising sales and events, such as the Odyssea race.*

Superslalom by Julien Lizeroux

March 30th, 2019

Crede: the longer, the better!

An unusual downhill skiing challenge that multiplies the classic format by four, for an irresistible combination of a sporting spectacle and a festive event for all! The world's longest slalom is open to 400 top-level skiers including a sundry cast of the best athletes from the world of skiing. Stats: 4 km and 320 gates

2018 winners: 2 recent Olympic medal winners: Federica Brignone from Italy (in a pink Power Ranger costume) and Victor Muffat-Jeandet

www.superslalom.ski



Subli'Cimes

April 10 - 18, 2019

5 peaks, 5 parties

Sublicimes is 7 days of free and original entertainment on 5 key peaks of the ski area. Accessible to skiers (and mostly to non-skiers also), each peak proposes a different theme adapted to all age groups.

- Roche de Mio (Plagne Bellecôte zone)

Theme: **Sight**

- Grande Rochette (Plagne Centre zone)

Theme: **Hearing**

- the Arpette (Montchavin la Plagne zone)

Theme: **Touch**

- Fornelet (Plagne Montalbert zone)

Theme: **Smell**

- the Rossa (Champagny en Vanoise zone)

Theme: **Taste**

www.sublicimes.com



BOBSLEIGH TRACK



Unique in France!
Live the Olympic experience»
3 experiences for 3 thrill levels!



Bob Raft

Looking for fun with friends or family? Why not trying this unique self-piloted, selfbracking vehicule! 4 passengers descending at around 80km/h equals an amazing experience close to the ice.

Ass. BOB LUGE SKELETON

- Olympic Bobsleigh track
La Roche
- Tuesday to Sunday from 4.pm to 6.30pm
- 45€ per person
Minimum age 14 or height 1.30m
- 33 (0) 4 79 08 82 23
bobsleigh@la-plagne.com
www.bobsleigh.net

Speed Luge

Half-sitting, half-lying, settle into our specially-designed luge for a descent at 90km/hr with a completely unrestricted view of the track. A once-in-a-lifetime experience!

Ass. BOB LUGE SKELETON

- Olympic Bobsleigh track
La Roche
- Tuesday to Sunday from 4.pm to 6.30pm
- 109€ per person - Minimum age 16
- 33 (0) 4 79 08 82 23
bobsleigh@la-plagne.com
www.bobsleigh.net

Bob Racing

*If you're up for a real challenge ...
Take a seat behind a professional
for a descent of up 120km/h. You're
in for a heady mix of speed, and
adrenaline that will give you a
taste of a real competition run.
Unforgettable sensation!*



Ass. BOB LUGE SKELETON

- Olympic Bobsleigh track
La Roche
- Wednesday, Thursday, Saturday
and Sunday from 5.pm
- 125€ per person
Minimum age 16 unless contrain-
dication
- 33 (0)4 79 08 82 23
bobsleigh@la-plagne.com
www.bobsleigh.net



RESERVATIONS

33 (0) 4 79 08 82 23 - www.bobsleigh.net
bobsleigh@la-plagne.com

INFORMATION Reservations can be made
at the Tourism Office and informations points.
Consider using the free shuttle bus!

A VIDEO OF YOUR RUN
Details and prices from Tourism Office

SKI PASS



PARADISKI SKI PASS PRICES

Period	Adult (13 - 64 yrs)	Kids (5 - 12 yrs) ⁽¹⁾ Senior (65 - 74 yrs) ⁽¹⁾
1 day	60.00€	48.00€
6 days	305.00€	244.00€

LA PLAGNE SKI PASS PRICES

Period	Adult (13 - 64 yrs)	Kids (5 - 12 yrs) ⁽¹⁾ Senior (65 - 74 yrs) ⁽¹⁾
4 hours ⁽²⁾	43.00€	34.00€
1 day	52.00€	42.00€
6 days	269.00€	215.00€

COOL SKI SKI PASS PRICE

Period	Unic price 5-74 yrs
1 day	30.00€

(1) To qualify for the reduced child, senior and family, proof of age is required at time of purchase and can be requested on the ski area. The age taken into account is the first day of validity of the ski pass. (2) 4 consecutive hours beginning on the first pass across the lifts.

All prices :
WWW.SKIPASS-LAPLAGNE.COM

Ski pass offices


 PLAGNE CENTRE - BELLE PLAGNE
 PLAGNE BELLECOTE
 PLAGNE VILLAGES
 PLAGNE SOLEIL - PLAGNE 1800
 PLAGNE AIME 2000


 Open every day


 33 (0)4 79 09 67 00
www.skipass-laplagne.com

Ski bonuses

INCLUDES : 1 day Paradiski valid for any 1 day during the period of the pass, for a La Plagne pass of 3 - 15 consecutive days.

FREE : an extra 1/2 day, starting at 12.30pm the day before the 1st day of your pass when you buy a Paradiski pass of 6 - 15 consecutive days.

Packs

DUO : Save 10€ per pass in the pack.

Valid for 2 people in any age group (child, adult, senior) on La Plagne and Paradiski passes of 6 to 15 consecutive days (same area, same duration, paid for together).

TRIBU : Save 15€ per pass in the pack.

Valid for 3 people of any age group (child, adult, senior) on La Plagne and Paradiski passes of 6 to 15 consecutive days (same area, same duration, paid for together).

FAMILY : 2 adults + 2 children (5 - 17 yrs) = child price for everyone! For the simultaneous purchase of 4 passes (6 days or more, same duration and area), the members of a family of 2 adults and at least 2 children aged 6 to 17 all benefit from the child rate.

Edenski

The loyalty programme that rewards you when you buy! Any ski passes purchased in resort



or on line give you points. All you have to do to get them is register your passes in your account and points for your purchases will automatically be credited. You can then use them to get free ski passes. Other surprises also await you, such as special events and exclusive meetings to discover your favourite ski resort in a whole new light!

CET HIVER, À LA PLAGNE FAITES LE PLEIN DE BONUS !

THIS WINTER AT LA PLAGNE, THERE ARE SOME GREAT SKI DEALS!



DUO
-10€
/pers.



TRIBU
-15€
/pers.



FAMILLE
Tarif enfant
pour tous!
Child price for everyone!

* Offer available 6 conditions. Parcel payments required de 2000.
Terms and conditions apply. More information from your ski school.

VOS BONUS SKI


OFFERT :
1/2 journée en plus
 pour un forfait Paradiski de 6 à 15 jours consécutifs.
 Offre soumise à conditions.

FREE: extra 1/2 day
 on a 6-15 consecutive day Paradiski pass.
 Terms and conditions apply.


INCLUS :
1 jour Paradiski
 pour un forfait La Plagne de 3 à 15 jours consécutifs,
 pendant la période de validité du titre.
 Offre soumise à conditions.

INCLUDED: 1 day at Paradiski
 with the validity of a 3-15 consecutive day La Plagne pass.
 Terms and conditions apply.

PUYDUFOU®



Après la Plagne, votre aventure continue sur
PUYDUFOU.COM

NOUVEAU NEW

Ça vous dirait de régler
vos achats "sans contact"
avec votre forfait de ski ?

Yes, you can now shop
with your skipass!
Contactless, easy & so advantageous,
summer & winter!

LA MONTAGNE

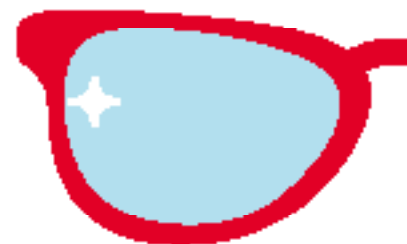
PLAGNE access

Partenariat by

A vous cadeaux, bons plans
& accès privilégiés
été comme hiver,
à retrouver dans l'appli

YUGE Paradisk

Find in the Yugo App.



LA PLAGNE
Paradisk


ACTIVITIES





Kids

Les Lutins takes children aged 2 - 6 years. A team of qualified professionals propose a range of adapted activities to enjoy inside and outside.

«LES LUTINS» NURSERY ESF PLAGNE AIME 2000

 Plagne Aime 2000

 Sunday to Friday


 - 6 x ½ day from 152€
- 6 full days from 186€


 33 (0)4 79 09 04 75
info@esfplagneaime2000.com
www.esfplagneaime2000.com

Children aged 18 months to 5 years are supervised by qualified staff and can enjoy the following activities: early-learning games, ball pool, drawing, singing, storytelling, videos...

«JARDIN DES NEIGES» ASSOCIATION

 Belle Plagne

 Monday to Friday
9.15 am - 4.45 pm until 08/02/2019
9 am - 5.15 pm from 11/02 to 08/03/2019
9.15am to 5.15pm from
08/03/2019

 On request on our website
www.esf-belleplagne.com

 33 (0)4 79 09 06 68
info@esf-belleplagne.com
www.esf-belleplagne.com


“ Les P'tits Bonnets” crèche takes children aged 5 months to 6 years. We propose fun and educational activities so that your kids can play, get creative and enjoy themselves...



«LES P'TITS BONNETS» CRECHE

 Plagne Centre

 Sunday to Friday 9 am - 5.30pm

 - 6€ for 1 hour
- 7 € for lunch


 creche-laplagne@laplagnetarentaise.fr

75% learning to ski in a secure environment with its own magic carpet lift and 25% adventure on a 3- to 6-year old scale including a ½ day on the junior adventure trail.

ELPRO SKI AND ADVENTURES GARDEN

 Belle Plagne

 Daily open

 Depends on the type of education: collective or private, the duration of the lesson

 33 (0)4 79 09 11 62
contact@elpro.fr
www.esf-belleplagne.com

Snow kindergarden

Plagne Centre

ESF (3 to 6 yrs) : 33 (0)4 79 09 00 40
Oxygène (from 3 yrs) : 33 (0)4 79 09 03 99

Plagne Aime 2000

ESF (3 to 5 yrs) : 33 (0)4 79 09 04 75

Plagne Villages

ESF (3 to 6 yrs) : 33 (0)4 79 09 04 40

Plagne Soleil

ESF (3 to 6 yrs) : 33 (0)4 79 09 20 95

Belle Plagne

ESF (2 gardens - 3 to 6 yrs) :
33 (0)4 79 09 06 68
Oxygène (from 5 yrs) : 33 (0)4 79 06 53 36

Plagne Bellecôte

ESF Club Piou-piou (3 to 6 yrs) :
33 (0)4 79 09 01 33

Plagne 1800





ESF (3 to 6 yrs) : 33 (0)4 79 1 17 61



Ski schools

Whether you are a beginner or an experienced skier, our instructors are here to help you progress and enjoy yourself, in group lessons or a private lesson.

ESF PLAGNE AIME 2000

-  Plagne Aime 2000
-  Sunday – Friday, 8.30am – 12.30pm & 1.30 – 6pm, Saturday 8.30am – 12.30pm & 1.30 – 7pm
-  On request
-  33 (0) 4 79 09 04 75
info@esfplagneaime2000.com
www.esfplagneaime2000.com

All the fun of all forms of skiing with our professional instructors! Children can start skiing from 3 years old. Club Piou-piou, group lessons for adults and children, private lessons, skiing and snowboarding courses, snowshoe outings, off-piste and ski touring ...

ESF PLAGNE BELLECÔTE

-  Plagne Bellecôte
-  33 (0) 4 79 09 01 33
contact@esf-plagne-bellecote.com
www.esf-plagne-bellecote.com

ESF LA PLAGNE

-  Plagne Centre / Plagne Villages / Plagne Soleil / Plagne 1800
-  Every day, 9 am-midday & 2pm-6pm
-  Plagne Centre: 33 (0)4 79 09 00 40
Plagne Villages : 33 (0)4 79 09 04 40
Plagne Soleil : 33 (0)4 79 09 20 95
Plagne 1800 : 33 (0)4 79 01 17 61
resa@esf-plagne.com
www.esf-plagne.com

ESF Belle Plagne offers a full range of formulas: private lessons (for 1 or several people), group lessons for all levels, skiing, snowboarding, snowshoeing, cross-country skiing, on or off-piste, skiing as a leisure activity or competition training.

ESF BELLE PLAGNE

-  Offices at the top and bottom of Belle-Plagne / lessons in the whole Grande Plagne area
-  Offices open daily 9am – 6pm / lessons 9am – 5.15pm
-  See our website or call us
-  33 (0)4 79 09 06 68
info@esf-belleplagne.com
www.esf-belleplagne.com




Learn to ski or snowboard with our instructors, discover seated skiing, try off-piste or go off to discover the La Plagne ski area.

OXYGÈNE

-  Plagne Centre / Belle Plagne
-  Plagne Centre : 33 (0)4 79 09 03 99
laplagne@oxygene.ski
Belle Plagne : 33 (0)4 79 06 53 36
belleplagne@oxygene.ski
www.oxygene.ski

Come and make the most of our experience of over 25 years teaching in La Plagne! Ski or snowboard lessons for children and adults, private lessons, children's ski and adventure garden.

ELPRO

-  Belle Plagne / Plagne Centre
-  Prices vary according to type of lesson, i.e. group or private, and length of the lesson
-  33 (0)4 79 09 11 62
contact@elpro.fr
www.esf-belleplagne.com

The private lesson specialist: our instructors can meet you anywhere in La Plagne. Lessons in small groups, videos and free badges at the end of the week! Snowboard initiation, off-piste sessions.

REFLEX SKI SCHOOL

-  Plagne Centre
Plagne 1800
-  33 (0)6 13 80 80 56
reflex-skischool@live.fr
www.reflex-skischool.com




For 20 years, Antenne Handicap has been providing ski lessons adapted to all types of handicap and all conditions.

Ass. ANTENNE HANDICAP

-  Plagne Aime 2000
-  Daily, 9 – 12am / 1.30 – 6pm
-  Handiski lessons from 60€
-  33 (0)6 86 86 01 50
contact@antenne-handicap.fr
www.antenne-handicap.fr

NEW GENERATION

-  33 (0)4 79 01 03 18

Test your level

Discover the colour of your medal with the French Ski School on slalom stadiums.

Tourism office and ESF

-  Plagne Centre slalom stadium
Belle Plagne slalom stadium
-  In the weekly entertainment guide
-  7€/person for : Flèche open (Giant Slalom) Chamois open (Special Slalom), Skieur and Boarder Cross
-  33 (0)4 79 09 20 15

ACTIVITIES



Ski touring

A different way of discovering the mountain, away from it all. The ESF instructors will share their passion for ski touring in a session adapted to your level.

ESF PLAGNE AIME 2000

-  Plagne Aime 2000

-  Daily, before the slopes open or after they close

-  On request

-  33 (0)4 79 09 04 75
info@esfplagneaime2000.com
www.esfplagneaime2000.com

Whether you are a beginner or an expert, you can discover the most beautiful spots in the resort for ski touring with the instructors from the La Plagne ESF and get right into the heart of our natural surroundings.

ESF LA PLAGNE

-  la Plagne area

-  Sessions for beginners every day before the slopes open and after they close. Experienced and expert skiers on request.

-  On request

-  33 (0)4 79 09 00 40
resa@esf-plagne.com
www.esf-plagne.com


Book your instructor to ski touring, alone or with friends (minimum 3 hours).

REFLEX SKI SCHOOL

-  la Plagne area

-  33 (0)6 13 80 80 56
reflex-skischool@live.fr
www.reflex-skischool.com

GILLES OLIVIER


-  33 (0)6 60 49 54 03


Try ski touring in a small group (max. 5 people) when it's calm, before the pistes open. Activity open to all levels.

OXYGÈNE

-  La Plagne area


-  Tuesday to Saturday, at 7am

-  49€ per person The price includes the skis, skins and boots.
Duration : 1hrs30


-  33 (0)4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski

Our skii touring specialists take you out on a tour in small groups of 5 people maximum to discover the best of La Plagne.

OXYGÈNE

-  La Plagne area

-  5 day course, Monday – Friday, 9 – 12am

-  390 € per person. The price includes skis, skins and boots.

-  33 (0)4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski

Half-day to a multi-day program.

ELPRO

-  33 (0)4 79 09 11 62
contact@elpro.fr
www.esf-belleplagne.com



SKI TOURING RACES

Find the different ski touring races in La Plagne:

- 10 & 24/01 - 7/02 - 21/03 & 4/04: the **La Roche climb** - Plagne Altitude
information & reservations: 04 79 09 04 75
- 12/01: **Course des Dahus** - Plagne Montalbert
Information & reservations: 04 79 09 77 33
- 17/01: **Les Raveillus** - Champagny en Vanoise
Information & reservations: 04 79 55 06 55
- 23/03: **Les Diables Bleus** - Montchavin la Plagne
Information & reservations: 04 79 07 82 82
- 27/03: **Rando By Night** - Plagne Altitude
Information & reservations: 04 79 09 02 01



ACTIVITIES



Walking trails

Frasses trail

A walk of 12 km there and back through the forest from from Plagne Bellecôte going towards Montchavin (Plan Bois).

This regularly groomed path is shared with cross-country skiers and is not difficult although it is hilly. Guide time, Return time approx. 3 hrs

Setting off from Plagne Bellecôte – near the shuttle bus stop and luggage depository, take the lift down to the outdoor car park. Cross the car park and the road by the electricity transformer and a sign post will show you the starting point.

Cavard trail

A forest trail to explore, starting from Plagne Bellecôte, the Pont de l'Arc (at the top of the Bobsleigh run) or from plagne 1800. The trail includes one steep slope, especially if you leave from the Pont de l'Arc.

A detour has been created at the hamlet of Cavard.

Estimated time for the round trip: about 2 hours.

Mairiers trail

10km return through, there and back, through the forest towards Montalbert, starting at the top of the bobsleigh run. The regularly prepared path is shared with cross-country skiers and is easy and almost flat all the way.

Return time approx. 2hrs..

A special shuttle bus (navette des Mairiers) has been laid on to take you to this trail. From there, a little signpost will show you the way to the marked trail. The bus makes just one return trip at 5 p.m. from the bottom of the bob run or at 5.05 p.m. from the top.

On both walks, you return by the same path as the outbound walk. There is no shuttle bus to bring you back from Plan Bois or Montalbert.

FREE MAP

Available at the tourist office and information points

Dou du Praz trail

At Dou du Praz, there is a sunny circuit of 5 kilometres in the midst of the ski area.

Along the trail, you will find picnic tables, a secure toboggan area for the children and an unforgettable view of Mont Blanc.

There are a number of ways of getting there from the high altitude resorts:

- From Plagne Centre

Set off from beside the biomass boiler house at the entrance to Plagne Centre. It will take you about 45 minutes walking to get to the Dou du Praz plateau.

- From Plagne Villages

The path is at the top of the village (free shuttle buses from the télébus arrival point), and the plateau is about 25 minutes' walk.

- From Plagne Soleil

Set off from the car park opposite the Vancouver hotel apartment building and it will take you 20 minutes to walk to the plateau.

- From Plagne Bellecôte

Walk up towards the ice rink. The path winds its way up a gentle slope through the woods. You can reckon on about 45 minutes to reach the top.

Lovatière trail

that links Plagne Centre to Plagne 1800 and continues on to Plagne Aime 2000. From Plagne Centre, take the road down to the biomass heating plant at the bottom of the resort and take the path that follows down through pretty chalets to Plagne 1800. In Plagne 1800, take the 1800 chairlift up through the forest of spruce, larch and pine trees. The trail takes you to just below Club Med.



CROSS COUNTRY SKIING

Free access on Dou du Praz, Mairiers and Frasses slopes.
Map available at the Tourist Office

CROSS COUNTRY LESSONS from specialist instructors.
Belle Plagne French ski school : +33 (0)4 79 09 06 68
Oxygene Plagne Centre : +33 (0)4 79 09 03 99
Oxygene Belle Plagne : 04 79 06 53 36



Snowshoe walks

Discover the unspoiled areas of our snow-covered mountains with Guillaume and enjoy his explanations of the mountain environment whilst admiring the breathtaking landscape.

GB MONTAGNE

- High altitude resort
- Every day (Saturday on request only) 9.30-12am / 1.30-5pm / full day Wednesday 9am-4pm/ Evening outing 6-9pm
- ½ day 25€ / full day 50€ / evening from 30€ / 5 x ½ day ticket 110€ (price per person)
- 33 (0) 6 42 08 53 35
www.gb-montagne.com

Wonderful walks off the beaten track.

REFLEX SKI SCHOOL

- Plagne Aime 2000
Plagne 1800
- Day and evening
- From 30€
- 33 (0) 6 13 80 80 56
reflex-skischool@live.fr
www.reflex-skischool.com

A different way to discover the mountain. Enjoy getting away from it all and seeing animals and superb landscapes in the forest.

ESF PLAGNE AIME 2000

- Plagne Aime 2000
- Every day
Mornings - Departure at 9.30am
Afternoon - Departure at 2pm
Evening - Departure at 6pm
- ½ day : 32€ - Day : 40€
Nocturnal (meal extra): 22€
- 33 (0) 4 79 09 04 75
info@esfplagneaime2000.com
www.esfplagneaime2000.com

With Philippe, La Plagne's mountain hiking professional and adventure lover. Get right into the heart of the natural surroundings of our mountains in winter.

ESPACES MONTAGNES Philippe

- La Plagne, Beaufortain, Vanoise areas
- Daily, in the morning or afternoon + evening (see programme).
- 15€ - 25€ for ½ day
- 50€ full day (Beaufortain or Vanoise National Park, transport included)
- Evening outing with Savoyard meal in a Scandinavian chalet: 59€
- Outing + aperitif at the Igloo Village: 30€
- Special rates: 5 x ½ day: 110€.
- Groups, families, children (on request).
Snow shoes and poles supplied
- 33 (0) 6 11 49 28 18
espaces.montagnes@wanadoo.fr
www.espacesmontagnes.fr

Snowshoe walks suite



A fun ecotourism activity with a varied programme that allows you to discover our natural and cultural environment. Different formulas to suit your requirements: initiation, ½ day, full day, evening aperitif in the igloo village.

RAQUETTE ATTITUDE

- La Plagne area
- From 22.5€ with loan of equipment (with reduction)
- 33 (0) 6 21 85 58 72
from 8am to 9pm
dtruel@free.fr
www.raquette.net

Nordic walking

Sustained physical activity. Technique of this activity eventually referred to as the snowshoes when the groups can not be made for lack of participants.

Fitness and strength. Nordic walking is a fun activity that keeps you fit and healthy!

ESPACES MONTAGNES Philippe

ATTITUDE RAQUETTE

- La Plagne area
- 1h30 or 2 h session
- 25€/session
- 33 (0) 6 21 85 58 72
dtruel@free.fr
www.raquette.net
- La Plagne area
- 1h30 or 2 h session 25 € (poles supplied)
- 33 (0) 6 11 49 28 18
espaces.montagnes@wanadoo.fr
www.espacesmontagnes.fr

Oxygène Plagne Centre
33 (0) 4 79 09 03 99

Oxygène Belle Plagne
33 (0) 4 79 06 53 36

Oxygène Belle Plagne
33 (0) 4 79 06 53 36



Colorado luge

New this winter: toboggan and SNOOC descents! Conditions: 1 person per sledge, helmet required, minimum height 1.40m

SOCIÉTÉ D'AMÉNAGEMENT DE LA STATION DE LA PLAGNE

- Plagne Centre
- Every day from 1.30pm to 6.30pm (December 16th - April 28th, subject to snow conditions)
- 7€ for 1 descent
30€ for 5 descents
- 33 (0) 4 79 09 67 00
info@ski-laplagne.com
www.skipass-laplagne.com

Tobogganning descent

From Plagne Aime 2000 to La Roche, an unforgettable descent of 6 km through the forest. More than 400 m elevation drop, min. age 12.

ELPRO

- ELPRO shop - Plagne Centre
- 5.15pm until 10/02/19 then 5.45pm on Tuesdays and Thursdays
- 30 €
- 33 (0) 4 79 09 11 62
contact@elpro.fr
www.elpro.fr

Superluge Derby

Equipped with head lamps, you sledge down a 5km slope and enjoy a hot wine or hot chocolate at the bottom before being taken back up.

OXYGÈNE

- Oxygène shop - Plagne Centre
- Tuesday to Saturday
- 30€ per person - Minimum age 14
- 33 (0) 4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski

Toboggan adventure

After skiing, come and discover La Plagne's longest toboggan run, supervised by instructors from Plagne Aime 2000 ski school.

ESF PLAGNE AIME 2000

- Plagne Aime 2000
- Every day at 5pm
- Sledging + aperitive : 30 €
Sledging + meal : 65 €
- 33 (0) 4 79 09 04 75
info@esfplagneaime2000.com
www.esfplagneaime2000.com



E- Fat bike

Use the electrical assistance to go up the slopes, then race down them easily on these bikes with wide tyres. Go on an unforgettable tour with a qualified instructor.

ELPRO

- ELPRO shop - Plagne Centre
- Before the slopes open or after they close
- «Discovery» tour 1 1/2h : 69€
«Mountain» tour 2h including breakfast : 89€
- 33 (0) 4 79 09 11 62
contact@elpro.fr
www.elpro.fr

Snake-Gliss

With your family or friends, going down steadily or in sports mode, can you tame the snow snake! 5 km of descent. Thrills guaranteed.

SLAKE-GLISS PLAGNE ALTITUDE

- Plagne Centre, in front of ESF
- Monday - Friday after the slopes close.
- Adults / Kids (minimum age 6) : 30€
Reservation obligatory on
www.laplagne-snakegliss.fr
- 33 (0) 6 52 49 60 52
snakegliss@paradifly.com
http://www.laplagne-snakegliss.fr

Airboard

Dare! 5 km descent to head!

REFLEX SKI SCHOOL

- From Plagne Aime 2000 to la Roche
- 30€/ person - Minimum age 14
- 33 (0) 6 13 80 80 56
reflex-skischool@live.fr
www.reflex-skischool.com



Zipwire cascade

Slide through the snowy trees on a series of 9 zipwires set 50 to 110 m above the ground! Finish with a 9 metre base jump!

ELPRO

- Ski and Adventures garden Belle Plagne
- 5.30pm on Tuesday and Wednesday
- 29€
- 33 (0) 4 79 09 11 62
contact@elpro.fr
www.elpro.fr

Supertyro

Fly over the slopes on our thrilling 600m-long zipwire going from Plagne Aime 2000 to Plagne Centre.

SUPERTYRO LA PLAGNE

- Plagne Aime 2000 / Plagne Centre
- See on page facebook : facebook\supertyrolaplagne
- 15€
- 33 (0)6 51 21 01 73

Fun slope

The longest fun slope in Europe, open to all skiers who can ski blue runs.

SOCIÉTÉ D'AMÉNAGEMENT DE LA STATION DE LA PLAGNE

- Up to Arpette chairlift Plagne Bellecôte
- Every day while the ski runs are open
- Included on ski pass
- 33 (0)4 79 09 67 00
info@ski-laplagne.com
www.skypass-laplagne.com

Sled dogs

Let a professional musher take you for a ride in a large sleigh pulled by a team of 7 to 10 dogs! You can even try driving the team yourself!

HORS TRACE AVENTURE

- Dou du Praz in Plagne Villages
- First outing :**
Tuesday, Thursday, Saturday or Sunday. 1st outing 9.30am, last one at 4pm.
- Driving activity :**
Thursdays out of school holidays, Saturdays during school holidays

- First outing :**
Duration : 30 min
- 1 or 2 persons : 98€
- 2 adults + 1 kid (max. age 12) : 132€
- 2 adults + 2 kids (max. age 5) : 148€
- Driving activity :**
Duration : 15 mn briefing + 1h15 min driving
- 77€ per person (minimum age 11)

- 33 (0)4 79 24 22 15
33 (0)6 34 45 53 15
mathias.bernal@hotmail.fr
www.horstraceaventure.fr



Igloo Village

Make a childhood dream come true when you eat and spend the night in an igloo. Enjoy the welcoming atmosphere and the unusual surroundings.

BLACKSHEEP IGLOO

- Dou du Praz, above Plagne Soleil and just next to Plagne Villages
- Every day from 6pm. Closed Monday.
- 69€ dinner only: starter / main course / dessert with cheese fondue as main course
- Igloo Multi (dormitory): from 119€/person with ½ board
- Igloo Duo (private room): from 397€ for an igloo room + ½ board
- Igloo Family (private 3 to 6-person room): from 299€ for an igloo room + 49€/person ½ board
- Hot igloo: from 496€ for a heated igloo room with panoramic view + ½ board.
- Reductions for children aged 10 and under.

- 33 (0)9 51 38 88 15




ACTIVITIES



Skidoos

Snow panthers will take you on a one hour trip in the evening after the pistes close. Take advantage and explore the mountain on board this extraordinary machine.

SNOW PANTHERS

-  Plagne Centre, chalet next to Funiplagne Grande Rochette.
-  Every day from 5pm, 6.10pm, 7.20pm and 8.30pm.
-  - Per skidoo (solo/duo) : 95€ for 1h
- Passenger behind the guide : 30€ for 1h.


 33 (0) 6 14 03 22 49
alexis.schaeffer@wanadoo.fr
www.motoneige-laplagne.com

One or two people on a skidoo to discover La Plagne on a range of itineraries. Wide open spaces and technical passages, supervised by our guide.

ELPRO

-  ElPro skidoo base - Belle Plagne
-  5.30pm every evening except Monday
-  - Solo / duo : 99€
- Passenger behind the guide (minimum age 10) : 45€
-  33 (0) 4 79 09 11 62
contact@elpro.fr
www.elpro.fr

PEB EVASION

-  33 (0) 6 12 99 88 35

Electric mountain biking outing

After the pistes close, Paradibike, La Plagne's 1st official mountain biking school, proposes evening rides covering 10 - 15 km. Come and discover new riding sensations in a magical decor, accompanied by an instructor.

PARADIBIKE

-  Plagne Centre
-  Every evening, on reservation
-  From 50€
-  33 (0) 6 80 74 36 00
laplagneparadibike@gmail.com
www.paradibike.com

WWW.BOBSLEIGH.NET

TÉL 04 79 08 82 23



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À PARTIR DE 1M30 ACCOMPAGNÉ D'UN ADULTE

1M30



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ACTIVITIES



First Tracks

Come and ski the first tracks in the morning!

SOCIÉTÉ D'AMÉNAGEMENT DE LA STATION DE LA PLAGNE

-  Top of Funiplagne
Grande Rochette
-  Information, dates and reservations
on www.skipass-laplagne.com
-  33 (0) 4 79 09 67 00
info@ski-laplagne.com
www.skipass-laplagne.com

Snowboard experience

Initiation to snowboarding supervised by a qualified instructor. A 2hr session to discover a new discipline..

ELPRO

-  ELPRO shops
Plagne Centre or Belle Plagne
-  2.45pm/5.45pm on Friday
-  30€ including the equipment
-  33 (0)4 79 09 11 62
contact@elpro.fr
www.elpro.fr

Snowboard Initiation

Try the fun of snowboarding! Discover the basic skills of this sport with a group of other beginners. If you have never tried it, here's your chance...



OXYGÈNE

-  Plagne Centre
-  Friday at 2.15pm
-  30€ per person - Minimum age 10
-  33 (0)4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski

Moonlight ski

Enjoy a Savoyard meal and enjoy a unique experience in night skiing with headlamps! Hot chocolate or mulled wine and return transport provided.

OXYGÈNE

-  Plagne Centre
-  At the slopes close
-  - Child (up to 12 y/o): 48€ /
- Adult (up to 13 y/o): 80€
- Groups of 15 people minimum
-  33 (0) 4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski

Taxi ski

Unique in La Plagne! Anyone who can't or doesn't want to ski can discover the slopes of La Plagne comfortably sitting in a chair!

OXYGÈNE

-  Plagne Centre / Belle Plagne
-  Available all week
-  2 hours outing : from 144€,
ski pass is not included
-  33 (0)4 79 09 03 99
laplagne@oxygene.ski
www.oxygene.ski



ACTIVITIES

Driving a snow groomer

Try driving a snow groomer on a circuit

TEAM VAUDEY

-  Ecartée slope - Plagne Villages / Plagne Soleil
-  Wednesday, Thursday and Friday from midday to 8 .pm, by appointment only
-  - Adult : 60€
- Child trip : 30€
-  33 (0) 6 11 95 40 72 - 33 (0) 6 17 33 51 95
vaudey.tp@gmail.com

ACTIVITIES



Skating rinks

Outdoor skating on a 400m² rink in the centre of the Village... A magical moment to share with your family! Activity open to children from age 2, penguins and chairs available for rent.

SYNERGLACE

📍 Plagne Centre - Espace Pierra Menta

🕒 - During school holidays, daily: 10-12.30am & 2.30 - 10pm
 - Outside school holidays: Mon / Tues: 10-12.30am & 2.30 - 7pm
 Wed: 10-12.30am, 2.30 - 7pm & 8-10pm
 Thurs: 10-12.30am & 2.30 - 7pm / Friday: 2.30 - 7pm & 8-10pm
 Sat: 2.30 - 7pm / Sun: 10-12.30am & 2.30 - 7pm

💰 - Single entry: 5€ / Entry + skate rental: 8€
 - Entry + skate rental (under 12s): 5 €
 - Family entry 2 adults + 2 children: 20€
 - Entry under 4s: 2€
 - Game rental: 2€

📧 contact@synergglace.com

COLOSSES LOISIRS

📍 Plagne Bellecôte

📞 33 (0) 4 79 09 28 11

Escape game

Come and try a life-size escape game with 1 hour to find a rare animal or solve the riddle of the Mont Saint Jacques Bunker. A team-building game for all ages.

ESCAPE2ROOMS

📍 Snowfront of Plagne Bellecôte, near Skiset shop

🕒 Monday to Saturday from 10am to 10pm

💰 From 20€ to 38€

📧 Info and booking :
www.escape2rooms.fr
 Contact : infos@escape2rooms.fr

ACTIVITIES



Bowlings

Bar with cosy atmosphere: cocktails, wide choice of beers, tapas, oysters. Bowling alley with bumper rail for children (min. age 5 yrs).

Games room: pool table, pinball, puck game, arcade games. Major sports events shown. Free WIFI.

BOWLING BAR BELLE PLAGNE

📍 Belle Plagne, lower shopping centre under the Deep Nature Bains et Spa

🕒 Daily, 4pm - 3am (opens 2pm in bad weather)

💰 Bowling prices according to time slot

📞 33 (0) 4 79 09 00 78
bowlingsbelleplagne@orange.fr
www.sortir-a-la-plagne.fr



Swimming pool

25 m pool, water at 30°C, Jacuzzi, 2 saunas.

MAGIC POOL

📍 Plagne Bellecôte

🕒 From December 18th, Monday - Saturday (3 - 8pm) - evening session
 Thursday 8 - 10pm-closed on Sunday

💰 - Adult 9.50€ (15€ with wellness area)
 - Child (6-13ans) 5.50€
 - Under 5 free

📞 33 (0) 4 79 09 05 89
www.piscine-bellecote.fr

ACTIVITIES





Cinema

Les Ecrins cinema has all the latest digital technology.

RÉGIE CINÉMA LA PLAGNE TARENTOISE

 Plagne Centre

 Daily at 6pm and 9pm. Films screened at 2.30pm in very bad weather

 - Adult : 1 entry : 8.50€
- Child : 1 entry : 7.00€
- Reduced rates with Plagne Access :
Adult : 1 entry : 6.80€
Child : 1 entry : 5.80€


 33 (0) 4 79 09 02 01
cine-plagne@orange.fr
www.laplagnetarentaise.fr


Bridge

The La Plagne Owners' Association proposes convivial bridge sessions.

ASS. DES PROPRIÉTAIRES DE LA PLAGNE

 Plagne Centre

 Thursdays at 5pm (out of school holidays)

 33 (0) 4 79 08 62 07


Aquarelle session

Using a photo of a mountain landscape, equipment provided. I come to you and can organise group sessions if other people register.

JEAN-LOUP BENOIT

 Plagne Centre

 40€ per person


 33 (0)6 79 62 98 67


Omnisport hall

Weights room (with conditions), climbing wall (with conditions), free sports activities, sport hall on booking.

LA PLAGNE TOURISME

 Plagne Centre


 Monday to Friday from 10am to 12.30pm and from 4pm to 8.30pm and on Saturday from 8.30 to 6pm (subject to alteration)

 Weights room and climbing wall : per session, 5 sessions or 10 sessions and weekly or season ticket / Sport hall : 1 hour booking.

 33 (0)4 79 55 15 15
omniplagnela-plagne.com
www.la-plagne.com

Laser Game

LASER GAME LA PLAGNE

 33 (0)6 03 50 79 66

ACTIVITIES



Public library

Open to all: 5000 books and documents to borrow or consult.

BIBLIOTHÈQUE MUNICIPALE

 Plagne Centre - Omnisports hall

 33 (0)4 79 22 45 38
www.biblio-macottlaplagne.fr

ACTIVITIES



Paragliding

Take off and discover the resort from above. Take off on skis or on foot, descending 500 m to 1000 m, flights of 7 to 40 mins, min. age 5 years.

PARADIFLY

LA PLAGNE PARAGLIDING SCHOOL

- Top of Grande Rochette Plagne Centre (Funiplagne cable car)
- Daily, from 9am until the slopes close.
- Discovery flight (500m): 80€
- Sensation flight (1000m): 110€
- Prestige flight (35 min): 140€
- Access for disabled persons

33 (0) 6 52 03 82 82
33 (0) 6 15 06 09 31
contact@paradifly.com
www.paradifly.com

Opened 1998, a team of qualified and experienced professionals specialising in 1st paraglider flights. Min. age 3, on foot, or on skis or a snow-board.

AIR LA PLAGNE PARAPENTE

- Top of Grande Rochette Plagne Centre (Funiplagne cable car)
- Daily from 9am to 9pm
- Discovery flight : 80€
- Panoramic flight : 110€
- Prestige flight : 140€
- King of La Plagne flight : 300€

33 (0) 7 81 56 83 58
airlapagne@gmail.com
www.air-la-plagne.com

Look down on the resort from a paraglider. Take off on skis or on foot, descending 500 m to 1000 m, 7 to 40 mins flight time. Min. age 5.

PLAGN'AIR

LA PLAGNE PARAGLIDING SCHOOL

- Top of Grande Rochette Plagne Centre (Funiplagne cable car)
- Daily, from 9am until the slopes close.
- Discovery flight : 70€
- Sensation flight : 100€
- Prestige flight : 130€

33 (0) 6 15 06 09 31
33 (0) 6 52 03 82 82
plagnair@free.fr
www.laplagne-parapente.com

Come and share an unforgettable moment on a tandem flight with our paragliding instructors. A gentle "discovery" flight or a more dynamic and technical "mountain" flight.

ELPRO

- Top of Roche de Mio
- Daily according to flying conditions
- Discovery flight : 80€
- Mountain flight : 150€
- 33 (0) 4 79 09 11 62
contact@elpro.fr
www.elpro.fr

Try a tandem paragliding flight accompanied by a professional and share an unforgettable moment flying over the La Plagne area.

ESF PLAGNE BELLECÔTE

- Top of Roche de Mio
- 33 (0) 4 79 09 01 33
contact@esf-plagne-bellecote.com
www.esf-plagne-bellecote.com

ESF BELLE PLAGNE

- Top Roche de Mio
- 33 (0) 4 79 09 06 68
info@esf-belleplagne.com
www.esf-belleplagne.com



PHILIPPE MARTIN

33 (0) 6 15 93 45 33

ORLANE STURBOIS

33 (0) 6 09 93 79 87

AÉROPLAGNE PARAPENTE

33 (0) 6 85 37 25 85 or
33 (0) 6 08 68 70 21

ACTIVITIES



Wellness

New in Plagne Centre, NUXE Spa with swimming pool, sauna, tepidarium, Ice-Room, relaxation room and treatment rooms for one or two people.

SPA NUXE Araucaria Hotel & Spa

- Plagne Centre
- 15/12/2018 to 20/04/2019 from 10 am to 8pm. Access when you book a treatment only.
- Nuxe Deep Tissue Massage (45 min): 88€
- Crème Fraîche® facial (1hr15): 118€
- Rêve de Miel® body treatment (1hr15): 133€
- spa@araucaria-hotel.com

Deep Nature invites you to discover the Bains & Spa La Plagne with its stunning views of the mountains: a 1500m² cocoon of relaxation for guests of all ages.

BAINS & SPA LA PLAGNE

- Belle Plagne
- Open daily, 10 – 12am & 2 – 8pm
- 33 (0) 4 58 35 00 00
spabelleplagne@deepnature.fr

Qualified beautician Lorraine offers a wide range of beauty treatments for relaxation and recuperation after sport: facials, hair removal, mani/pedi, semi-permanent varnish, treatments for future mothers, Californian & Hawaiian massages, hot stone treatments, foot reflexology. Weekly cures. Bio Phyt's products.

ESTHÉ BIO

- Plagne Centre, residence Le France, apt 318, 3rd floor
- By appointment, closed Saturday & Sunday morning.
- Body modelling from 45€
- Facials from 55€
- Wellness pack from 120€ to 300€
Payment: cheque, cash or Plagne Access. Credit cards not accepted.
- 33 (0) 6 30 65 39 24
esthebio@orange.fr
www.esthebio.fr

Facials and body treatments, relaxing or invigorating modelling treatments, beauty treatments, Ô des Cimes invites you to visit its original and exceptional spa. Open to all.

SPA D'ALTITUDE Ô DES CIMES

- Plagne Soleil
Résidence les Granges du Soleil
- Open daily, 10 – 12am & 4 – 8pm
- From 40€ to 500€ (package)
- 33 (0) 4 79 23 22 10
soleil@cgh-residences.com
www.cgh-residences.com
www.odescimes.com

A centre devoted to your wellbeing. Franck and his team guarantee you an unforgettable moment. Massages, private Jacuzzi, Turkish bath, sauna. Beauty treatments, semi-permanent varnish.

SPA BELLECÔTE

- Plagne Bellecôte
- Open daily, 10 – 12am & 1 – 8pm
- 33 (0) 4 79 09 22 48
www.spa-bellecote.fr



The Spa at the Hotel Carlina offers an exceptional moment of relaxation: Pure Altitude treatments, rest and relaxation. facials, body treatments, scrubs, wraps, massages ...

SPA CARLINA HÔTEL

- Belle Plagne
Carlina Hôtel
- Open daily by appointment
- 33 (0) 4 79 09 78 46
www.carlina-belleplagne.com

L'INSTITUT NOMADE

- At home
- 33 (0) 6 80 77 49 98

SPA LE CENTAURE Club MMV le Centaure

- Belle Plagne
- 33 (0) 4 79 09 41 48

ACTIVITIES



Wellness

Fanny Delvallée, qualified osteopath and sports osteopath, treats your acute and chronic pain and problems linked to the digestive, neurological and gynaecological systems.

OSTEOPATHY CENTER

Fanny Delvallée

- Plagne Aime 2000
- Open daily by appointment
- 33 (0) 6 50 51 40 08

Jean-Louis, a specialist in osteopathy massages with many years of experience, welcomes you to his new practice in Belle Plagne to find balance and harmony and relief from stress, pain and tension.

OSTEOPATHY & MASSAGES

Jean-Louis fabre

- Belle Plagne, lower commercial center (stairs to gondola)
- Open daily, 10 – 8pm by appointment
- 33 (0) 6 63 93 47 86
33 (0) 4 79 09 31 46
jean-louis-fabre@orange.fr
www.osteomassages-laplagne.com

I offer fitness and stress relief sessions, as well as energy and modelling treatments for maximum wellbeing.

CHALET SANTÉ

René Allamand

- Plagne 1800
- By appointment
- 1 hour : 60€
- 33 (0) 6 23 87 45 64
www.magnetisme.allamand.com

Physiotherapist specialising in Reflexology, Energy and Fitness treatments, treating acute and chronic pain linked to stress/fatigue using unblocking, recovery and general relaxation techniques.

L'EMPREINTE DE SOI

Nathalie Kempinaire
At home

- At home
- Daily by appointment
- 33 (0) 6 30 59 68 83

VIP COIFFURE

- Plagne Centre
- 33 (0) 6 99 28 37 39

EVE COIFFURE

- At home
- 33 (0) 6 99 28 37 39

CRÉA'TIFF

- Plagne Aime 2000
- 33 (0) 4 79 09 09 77



Ô COIFFEUR

- Plagne Bellecôte
- 33 (0) 4 79 07 39 60

MASSAGE ME

- At home
- 33 (0) 4 79 04 20 66

PHYSIOTHERAPIST Ingrid Évrard

- Plagne Centre
- 33 (0) 6 20 77 84 17
33 (0) 6 87 24 80 25

SPA BY LES BALCONS

- Belle Plagne
- 33 (0) 4 79 55 79 56

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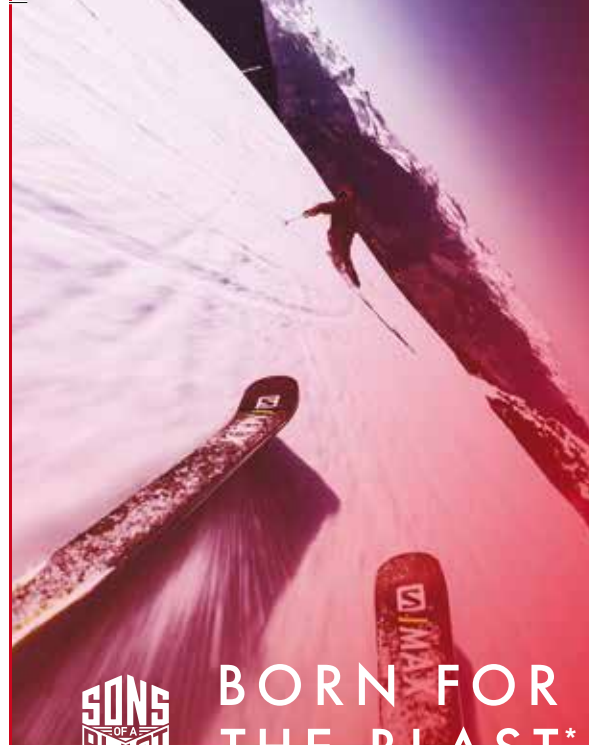
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BORN FOR THE BLAST*

C'est en chacun de nous; le premier virage, la prise de vitesse, tel un défi à la gravité. C'est cette sensation lorsque nous sommes sur la carre, passant d'un virage à un autre, prenant toujours plus de risques pour ressentir la vitesse. C'est ça le Blast. Soyez prêts à vous laissez envahir par l'adrénaline.

#SONSOFBLAST

Rendez-vous sur sonsofablast.salomon.com

*NÉ POUR LE BLAST




GANTS CHAUFFANTS TWIN BATTERIES

CONNECTIC3

La nouvelle gamme de gants chauffants RACER offre toujours plus de fonctionnalités. Grâce à la thermorégulation et l'utilisation simultanée de deux batteries, l'autonomie de vos gants atteint désormais 7 heures en mode POWER 3.



DARE 2B 

DARE 2B PARTENAIRE OFFICIEL DE LA PLAGNE
WWW.DARE2B.COM



Unforgettable*

ÉTÉ 2019 | SUMMER 2019

***VENEZ VIVRE DES MOMENTS INOUBLIABLES**

VALLÉE | CHAMPAGNY EN VANOISE | MONTALBERT | MONTCHAVIN-LES COCHES
PLAGNE 1800 | PLAGNE CENTRE | PLAGNE BELLECÔTE
PLAGNE VILLAGES | PLAGNE SOLEIL | PLAGNE AIME 2000 | BELLE PLAGNE



LA PLAGNE
Paradiski

www.la-plagne.com