



### TRAVEL AGENCY



### Book your holiday in La Plagne directly through our on-line travel agency.

A single address for all your holiday needs: www.laplagneresort.com

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- Accommodation
- Transport (train & plane) & transfers
- Ski Pass
- Activities
- Ski lessons
- Equipment rental







### LA GRANDE PLAGNE **TOURIST OFFICE**

Tel: + 33 4 79 09 02 01 info@la-plagne.com

### LA PLAGNE RESORT Tel: + 33 4 79 09 79 79 info@laplagneresort.com

### www.laplagneresort.com (You) LA PLAGNE Paradiski



# **CHAMPAGNY EN VANOISE**

### The guide of your holidays summer 2020





Consommations mixtes de la gamme KONA Electric (kWh/100 km) : 15,0-15,4 Émissions CO<sub>2</sub> (g/km) : 0 Consommations mixtes (WLTP) de la gamme TUCSON (l/100 km): 5,4-6,7 Émissions CO2 WLTP (g/km): 127-154 Consommations mixtes de la gamme SANTA FE (l/100 km): en cours d'homologation Émissions CO2 WLTP (g/km) : en cours d'homologation (2) La garantie 5 ans kilométrage illimité de Hyundai s'applique uniquement aux véhicules Hyundai vendus initialement par un Distributeur Agréé officiel Hyundai à un client final, conformément aux termes et conditions du carnet de Garantie Entretien & Assistance du véhicule. (3) Les batteries haute-tension de nos véhicules KONA Electric, TUCSON Hybrid et SANTA FE Plug-in sont garanties 8 ans ou 160 000 km. Détails : hyundai.fr Just Drive ! : Conduire, l'esprit libre !



CHAMBERY | ALBERTVILLE | ECHIROLLES SEYNOD VILLE LA GRAND





**CONTENTS** 

# Welocme \ information







### La Plagne thanks its parteners

PuyduFou.

DARE 2B

RACER







### **WELCOME**



# SERENITY Champagny en Vanoise takes care of you

Because your holiday should be a serene, stress-free time, the resort of Champagny en Vanoise and all the professionals you will be in contact with here, have put in place the appropriate procedures to ensure your health and safety.

All the necessary provisions are in place so that everyone can enjoy their stay to the full. with the barrier gestures as our priority.

### We would ask everyone to follow the rules that we have all already adopted









Hand sanitizer gel at vour disposal



Tables at least 1 metre apart or a fixed or movable barrier to ensure physical separation



Surfaces and

equipment disinfected

- Seated service only

### La Plagne, a certified resort

From the spring of 2020, La Plagne opted to request the validation of all of its actions guaranteeing the health and safety of its visitors. Its provisions were therefore audited and certified by Afnor.

### La Plagne now has the «COVID-19 health measures» label.

All the latest information on the health standards is online on the Covid-19 page of our website www.champagny.com.





# La Plagne Tourist Office Champagny en Vanoise

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Le Centre ( 0 Champagny en Vanoise From 12/06 to 04/07 & from 30/08 6 to 12/09: Monday to Thursday: 9am to 12pm / 2pm to 6pm Friday: 9.30am to 12pm / 2pm to 6pm Saturday & Sunday: 9am to 12pm

> From 05/07 to 29/08: daily 9am to 12.30pm / 2.30pm to 6.30pm On Friday opening at 9.30am

> > 50

+ 33 4 79 55 06 55 info.champagnv@la-plagne.com www.champagny.com





TOURTST POINT INFORMATION

### Le Laisonnav

Champagny en Vanoise From 04/07 to 29/08 Sunday to Thursday: 9.30am to 12.30pm / 2pm to 5.30pm Friday: 10am to 12.30pm / 2pm to 5.30pm

Closed if weather conditions are bad

### SOCIAL DETWORKS

Find us on social networks to follow our live video and not miss any pictures or resort information.

Share your memories of La Plagne.



Twitter/Periscope : @LaPlagne

Instagram : la\_plagne

You tube : La Plagne TV

### Entertainment

From Monday to Friday, a special tent is dedicated to you for activities to do with family or friends (info p. 11)

#### Our services

- Copy and scan services - Loan of board games - 30mn free wifi connection per day - Lost and found... - Boutique space

Also... - Sale of I.G.N card. walking leaflet Sale of lift passes - Hippocket wifi box rental by the day or more: private high speed wifi network.

### At your disposal

- Weekly entertainment programme - Weather information - IGN card, map of the starts for pedestrian paths, mountain bike routes - Information screens to make sure you don't miss anything

### PARADISKI YUGE

Discover a wide variety of features: resort guide, weather conditions, personalized recommendations and much more!

The YUGE application: a 100% connected experience to download without delay.





Champagny en Vanoise will celebrates 50 years of unforgettable memories and launches the next 50 years of emotions to experience by future generations. Come and celebrate this mountain heritage with us this summer 18 August, Place du Centre



### FESTIV'ÉTÉ

#### Sunday 27th June from 10am to 6pm

Craft market, workshops and activities for this convivial and festive day around the themes of the mountain, the environment and the local culture



Office de tourisme + 33 4 79 55 06 55 Espace Glacialis + 33 4 79 01 40 28 www.champagny.com

### SUPER 8

### From Thursday 8th to Sunday

### 11<sup>th</sup> Julu

The new MTB & MTB-EA all mountain event. 2 events. the "Grand 8" reserved for experts and elites and the "Double 8" for amateurs. In the evening, festivities around a

08/07. For everyone!

### VILLAGE FEAST

### Sunday 18th July

Festive day with stands and games, folklore, traditional costumes. Savovard meal, dance and fireworks.



campfire at the Canada campsite on

Champagny la Haut

Association Saint Clair

### LIVE AT CHAMPAGNY Thursday 29 July, 5 & 12 August

### Free concerts at 9pm

Come and dance, sing and share a convivial moment during a summer evening in Champagny en Vanoise with 3 local groups with varied rhythms that will enchant you and set the mood!

Presbytery garden

### FESTIVAL OF ASCENDING ARTS

### From Friday 23rd to Sunday 25th Julu

Concert, conference-debate, reading and visual arts are invited to compose a programme based on a common subject, literature and landscape. 3 days to look together in wonder at art and nature.

> Le Bois Champagny le Haut

Ø Festival pass 10€/1 day 20€/2 days + 33 4 79 55 06 55 info.champagny@la-plagne.com

### CRAFT MARKET -REGIONAL PRODUCTS Sunday 25th July from 9am to 6 pm

During this festive day, regional producers and craftsmen sell food decorative and artistic objects. Clearance sale.



### OPEN ATRICTNEMA

### Monday 26<sup>th</sup> July at 9pm

Screening of the new film "Le clan des marmottes" (The marmot clan), the fourth part of the animal series "Wild Alps".



Ø Free + 33 4 79 55 06 55

info.champagny@la-plagne.com

### VILLAGE FEAST

### Sunday 1st August

Festive day with games, entertainment, folklore group, parade of floats, traditional meal, dance and fireworks.



### Association Fête du Village

### STREET RACE

#### Tuesdays 27th July & 3rd August

Fun & playful race. Recognition of the route with an instructor then time trial on the loop. Ranking at the end of the day.



Ø	8€/pers. including the MTB-EA rental, chelmet. From 12 years old.

+ 33 4 79 55 06 55 info.champagny@la-plagne.com

### THE ROSSA STEEP CLIMB

Saturday 7th August at 10am Ascent of the Rossa steep climb for 4.5 km and a positive difference in altitude of 1000 m

### ALPINE TRATIS& GRAND BEC HIKE

#### Sunday 8th August

The trail spirit on tracks and paths with exceptional panoramas, at the gateway to the Vanoise National Park! New routes. Vélière trail: 28 km / 2038 m D+ Mont de la Guerre trail: 14.5 km / 1100 m D+.

For families, the Grand Bec hike: 7.3 km / 510 m D+.





+ 33 4 79 55 06 55 - Online booking

www.champagny.com



**CHAMPAGNY EN VANOISE** CELEBRATES 50 YEARS OF CONNECTION WITH LA PLAGNE

### Wednesday 18th August

Winter 1970/71: the elected representatives of the village decided to create a chairlift link with the La Plagne ski area!

It marks the starting point of a real tourist boom.

To celebrate this event, see you at the special 50th anniversary party.



Evolving programme in the context of respect for government health regulations Find all the information at the Tourist Office

### **NEW: NIGHT-TIME CRAFT** MARKET

### Wednesday 25th August from 4 to 10pm

Take advantage of a long summer evening, with family or friends, to stroll around and do your shopping with regional producers and craftsmen!

0 Le Centre Champagny Village

### I IGHT FOOT TRATI

### Friday 20th & Sunday 22th August

Screenings, meetings and debates on minimalist running. 12 km trail and 5 km discovery trail. in Huaraches sandals, or other minimalist shoes, to discover the sensations that our feet provide when they are free.

Free Trail! Open to all. Registration recommended

+ 33 6 20 98 69 15 tarahumaraspirit.org



### **Espace Glacialis**

### VISIT OF THE ESPACE GLACIALIS

The theme of mountain alaciers is approached from several angles and the tools used are multiple (audiovisual. photographs. maps, models, objects). It is dedicated to mountain alaciers. their mechanism and life.

Temporary exhibition: "Terra Nullius". The photographer and ethologist Clément Cornec takes us on a journey to meet the animals of Antarctica.

Le Bois Champagny le Haut

12/06 to 02/07 & from 30/08 to 19/09: Saturday and Sunday, 10.30am to 12.30pm & 2pm to 5pm

03/07 au 29/08 : daily except Saturday, 2pm to 6pm

+ 33 4 79 01 40 28 www.espaceglacialis.fr

### THE ECHO OF THE GLACIERS

The alaciers will no longer hold any secrets for you thanks to the guided tour of the Espace Glacialis.

08/07 to 26/08, every Thursday Ø from 10am to 11.30am. Preceding registration at the tourist office or Espace Glacialis

> 4€ / adult 2€ / child (6 - 13 years old) Reduced rate: 3€ (student, unemployed)

Tourist office + 33 4 79 55 06 55 Espace Glacialis + 33 4 79 01 40 28 www.champagny.com

### EUROPEAN HERITAGE DAY

On this opportunity, the Espace Glacialis opens its doors and organises a visit with a FACIM auide throuah oriainal & fantastic readings.

18 & 19/09: 10.30 to 12.30pm & 2 to 5pm. Ø 19/09 : guided visit from 3 to 5pm

Ø Free - Visit by appointment.

Office de tourisme + 33 4 79 55 06 55 Espace Glacialis + 33 4 79 01 40 28 www.champagny.com

### GALERIE HYDRAULICA

Drawing its strength from the heart of the mountains. hudroelectricity has enabled an entire valley to enter modernity and develop: an exciting visit! Visits for young people & adventure.

#### Villard du Planav (8 km) ( 0 ) 07/06 to 05/09: every day except Saturday from 2pm to 6.30pm Visit from: 3.50€/adulte Ø 2€/child (7 to 16 years old)

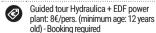
+ 33 4 79 22 19 68 www.galerie-hydraulica.com

### FROM TORRENT TO CURRENT

With a guide visit the "Galerie Hydraulica" then the hydroelectric power station of Champagnu-Ballandaz for an unusual discovery of its installations.

#### (0) Villard du Planay (8 km)

15/07 to 26/08, every Tuesday (except 6 24/08) & Thursday, from 5pm to 7pm



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# Discovery

### ST STGTSMOND CHURCH

An exuberant decor where a multitude of angels, all dressed in gold, give a foretaste of paradise... Baroque splendour Discovery of the church during the visit of the village (see opposite) Catholic worship: consult the church bulletin board.



From 22/06 to 31/08: open daily

6 (except Monday) from 3pm to 6.30pm 18th & 19th September for the European Heritage Days, from 2pm to 6pm

#### Ø Free

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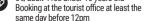
## Visits with a guide

### ONCE UPON A TIME CHAMPAGNY VILLAGE

Guided walk around Champagny village to discover its secrets. Breaks at St Siaismond church with its «Pisa tower» bell tower and its remarkable baroque decor.

On Monday, from 12/07 to 23/08. 6 from 5pm to 7pm.







### CHAMPAGNY LE HAUT. MOUNTAIN THE ES AND FANTASTIC STORIES

The guide invites you to discover in an original way the valley of Champagny-le-Haut and the heritage of the mountain inhabitants through fantastic stories!

Wednesday 21 & 28/07 - 4 & 18/08, 6 from 8.30pm to 10pm.

5€/adult Free under 16 vears old Booking at the tourist office at least the same day before 12pm.

+ 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com



## **Art & culture**

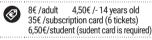
### CINEMA

an evening at the cinema with a diverse programme.



Champagny Village

6 07/07 to 31/08: daily except Saturday Movies at 6pm, 9pm Also at 3pm in case of rain (min. 5 pers.)



+ 33 9 67 26 12 73 Program on: www.champagny.com

### CINEMA ABOUT MOUNTAIN

Screenings of films by Anne, Erik and Véronique LAPIED, mountain and animal documentary filmmakers.



Monday 9th August, movy at 6 & 8.30pm ā "Le Clan des Marmottes" Monday 16<sup>th</sup> August. Movy at 6pm : "Le Clan des Marmottes Movy at 9pm : "Le temps d'une vie"

8€/adult 5,50€/-14 years

Free under 5 years

### Exhibition

"Behind the dam, the paths of water in Savoie": photo 2mx2m by the artist Sylvie Bonnot. presented as part of a tour of 24 photographs exhibited in Savoie.

La Couaz - dam Champagny le Haut

R www.fondation-facim.fr

Paintings (oil painting) of Mrs Claudette PRINCIC

Exhibition hall of the Centre Champagny Village

6 17th July to 15th August, 3.30 to 7pm Ø Free access

Exhibition in tribute to Mr Claudius PRALUS, painter



18th July to 21th August, daily except 6 Saturday, from 4 to 7pm

#### Ø Free access

### LIBRARY

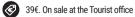
Wide choice of books & magazines for all with regular purchases of newly published novels. Reading space and loan.

Ground floor of the village hall (0) Monday & Friday from 6pm to 7.30pm A Wednesday from 10am to 11.30am Free book loan. Deposit: 50€

+ 33 4 79 22 14 08 https://bibliochampagny.wixsite. com/website

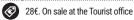
### **Books**

«LA-HAUT»: to discover the fauna of the Alps in a photobook (172 pages)



### BERGER, DES LAVANDES

AUX GLACIERS : a journey to the heart of nature with the transhumance of the shepherd & his flock (120 pages)



# **Kids**

### GAMES AREAS & PING-PONG

Espace loisirs - Champagny Village 0 Camping Canada - Champagny le Haut Ø Free access

### JUNIOR EXPLORER CIRCUIT

Fun sports circuit for children aged 3 and over. Workshop about animals that live in the mountains.

Le Canada - Champagny le Haut 0 (near the adventure circuit)

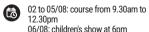
Ø Free access

### SHOULS

0	Place du Centre Champagny Village
6	14 <sup>th</sup> July to 18 <sup>th</sup> August Every Wednesday at 6pm
Ø	Free

### **CIRCUS WORKSHOP**

A course supervised by professionals, to learn different balancing acts and circus disciplines.



40€/child - teen (8 to 18 years) Registration required

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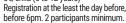
### CREATIVE WORKSHOP

Each workshop has its own theme to create and have fun! Birdhouse on 06/07 & 03/08. Making an insect hotel on 13/07 & 06/08 Weaving a mountain landscape on 20/07 & 17/08 Making a sowing card on 27/07 & 24/08.

> Espace Glacialis Le Bois - Champagny le Haut

6 06/07 to 24/08 : every Thuesday from 3pm to 4.30pm





+ 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

### ENTERTAINMENT

The entertainment team meets you. The program: photo rally. orienteering, treasure hunt and DIY kit (do it yourself).

Place du Centre ( 0) Champagny Village

From 12/07 to 27/08 A From Monday to Friday, 5pm to 6pm

 $\oslash$ Free



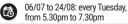


### Vanoise national Park

Located between the Tarentaise and Maurienne valleys, the Vanoise National Park was created in 1963 to fight against the disappearance of the ibex, it's the first French National Park. More than 600 km of marked trails (including 200 km on the territory of Champagny).

### THE SAGA OF THE MARMOTS

Get to know marmots better? At a time when the sun is declining, a discovery walk in the heart of the Park with a mountain guide. Ideal activity for families.



I7€/pers. 8€/young(13 to 18 years) Free for children under 13 years old Limited number of places



### GET TO KNOW THE PARK BETTER, MEET IN THE MOUNTAINS

Meeting point with a guard at Plaisance, the refuge (access by foot only: 1h45 one way) Wildlife observation.

 28/07 & 16/08, from 2pm to 4pm
 Free (cancel if bad weather)

At the refuge du Bois in

with a warden.

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Champagny le Haut, meeting

19/07.26/07-02/08&17/08

Free (cancel if bad weather)

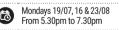
Outdoor stand with nature

from 2pm to 4pm

### Guided walks

GOURMET ESCAPE FROM THE CELLAR TO THE MOUNTAIN PASTURES

Visit the maturing cellar and then, in the village of Les Prioux (Pralognan), learn the know-how of how to make Beaufort "chalet d'alpage" before ending the day with a drink at the nearby inn!



 3 11€ / adult 5€ / child (3 to 15 years old
 4 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

### HIKING WITH MOUNTAIN GUIDES

Come and share the treasures of the Vanoise in ½ day, full day and/or at night on adapted itineraries. Venture off the beaten track and gain height on an accessible 3000m, in the heart of the Vanoise Park!

Experience an authentic evening in our mountains, with a meal in a refuge!

### **Bureau des Guides**

I/2 day, on Monday (depending of the weather): 25€/adult 18€/child (6 to 14 years) All the day, on Wednesday (depending of the weather): 32€/adult 26€/child At night, with a meal: 45€/adult 39€/child (-13 years) Private group (10 pers. max.): 220€/day



### Matthieu RONDOUIN - AMM

Group outing (5 adults minimum) according to the week's program: Adult :  $30\ell/day$ ,  $25\ell/1/_2 day$ Child (6 to 14 years old):  $25\ell/day$ ,  $20\ell/1/_2 day$ Trail outing (hiking race) initiation or improvement:  $20\ell/2$  hours Advanced level trail ride:  $30\ell/3$  hours Private group (8 pers. max.)  $220\ell/day$   $140\ell/1/_2 day$ 



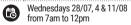
### MOUNTAIN FEELING



THE "NATIONAL PARK SPIRIT" DISCOVERY WALKS IN PARTNERSHIP WITH THE F.A.C.I.M. FOUNDATION

### MATIN'ALPAGE

Come and see the life of the mountain pastures at Pralognan la Vanoise and meet the farmers. Taste. 250m vertical drop. 2h45 round trip.







### Difference in altitude 200m; 2h30 round trip Wednesdays 7, 21 & 28/07/07, 4 & 11/08

from 2.30pm to 6.30pm

GOATS IN MARMOT

On the Chapendu mountain

milking is coming to an end...

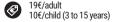
pasture (Pralognan la Vanoise).

Take the opportunity to taste the

farmhouse tomme cheese among

COUNTRY

the aoats.



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### Prepare your walks, hikes & trails

I.G.N CARD

en Vanoise

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### CHAMPAGNY LE HAUT VALLEY

Gateway to the Vanoise, this site has been classified as a National Heritage Site since September 1992.

6 hamlets lie in this high valley, 5 km long, between 1450 m and 1580 m in altitude. Glaciers have left their mark on it.

### EASY WALK ON THE GORZDÉRÉS PATH

Games and information on the 11 reading tables (themes: glacier, wildlife, landscape...) installed along the path. Discover the Champagny le Haut

valley. The 2.5 km route is accessible to all and in particular to families,

seniors and people with reduced mobility.

Free access - Leaflet available at the tourist office

16 different itineraries from Champagny village, the top of the gondola, Champagny le Haut valley and the Vanoise

National Park

1/30 000 IGN map with hiking

trails leaving from Champagny

18.50€ - sale at the tourist office

WALKS & HTKES LEAFLETS

9€ - sale at the tourist office

### DISCOVERY BOOKLET ON THE CHAMPAGNY EN VANOISE GLACIERS

It explains the route created and marked (8 numbered markers) by the Vanoise National Park

5€ - sale at the tourist office

### Permanent trail running routes

La Plagne offers more than 160km of marked trails for the trail, divided into 18 permanent routes.

Starting from Champagny en Vanoise: 3 itineraries are available for runners, who enjoy walking the trails, discovering the landscapes and "harvesting" the difference in altitude.

1€ - sale at the tourist office

### Gear renting

- Hiking boots (3)
- High mountain pack (crampons, ice axes and harness) (1)(3)
- Crampons (1)(3)
- Harness (1)(3)
- Via ferrata pack (helmet, safety straps, harness) (1)(2)(3)(4)
- Baby carrier (1)(2)(3)(4)
- Puschair (1)(3)

- Electric montain bike (1)(4) - Mountain bike (1)

 Belvédère sports / Sport 2000 + 33 4 79 55 05 45
 Intersport + 33 4 79 55 07 36
 Ski shop Vanoise / Ski Set

+ 33 4 79 55 05 92 (4) Skimium 04 79 55 07 40



### BE A PIONEER: #ULTIMATETRACK



08405





## **Vertical sensation**

### CLIMBING

Champagny en Vanoise offers 3 climbing sites for children (Torchet climbing school), beginners or experienced climbers (La Grande Roche)

#### Access: free - Free sketch at the tourist office

- Supervision possible by a guide: Individual course (1 to 2 people):  $62 \in /h$  $120 \notin /2$  consecutive hours Group course 2 hours adults or children:  $47 \notin$ Training course for adults or children (3 to 6 people): 3 x 2 hours:  $130 \notin$ + 33 4 79 55 06 55

info.champagny@la-plagne.com www.champagny.com

+ 33 6 81 30 42 95 by SMS Mountain guide office www.guides-champagny.fr

### VIA FERRATA

2 sites in Champagny en Vanoise:

- "Plan du Bouc" with its 2 courses ridge and cliff (not very difficult to quite difficult), 800 to 900 m long.

- "Les Grosses Pierres" (extremely difficult), 200 m long. access only at weekends

Access: free - Free sketch at the tourist office

- Supervision possible by a guide: "Plan du Bouc": 220€ per engagement (4 pers.). "les Grosses Pierres": 150€ per engagement (1 person). Outings on the via ferrata of Pralognan, Courchevel...

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+ 33 6 81 30 42 95 by SMS Mountain guide office www.guides-champagny.fr

### ADVENTURE CIRCUIT

In Champagny le Haut, near the campsite le Canada.

- 2 adventure courses: a large course of 14 workshops including 2 zip lines & a child course of 7 workshops.



accompanied by a parent): 20€ + 33 6 06 76 09 89 by SMS Mountain guide office

www.guides-champagny.fr



### ICE HIKING

To each one his route, from beginner routes to others that require a certain level of endurance:

Group outings for 3 to 6 people depending on the route.

from 136€/person or in private commitment from 370€/day (

+ 33 6 81 30 42 95 by SMS Mountain guide office www.guides-champagny.fr

### ROCK ROUTES

You want to discover or improve your skills in climbing the most prestigious peaks of the Vanoise.

> + 33 6 81 30 42 95 by SMS Mountain guide office

www.guides-champagny.fr

Mountain Guide office

+ 33 6 81 30 42 95 by SMS Reception desk above the swimming pool, open July and August: Monday, Tuesday, Wednesday & Sunday from 5pm to 7pm



## **Original thrills**

### PERCHED TASTING

Tasting of the products on a suspended table, comfortably installed between the branches

> August 5<sup>th</sup> From 11am to 12.30pm

I0€ / person (maximum 5 pers.). From 8 years old

### PERCHED SNACK

Eð.

After you have climbed up into the treetops to the observation platform, you will be served a snack made from local products.

August 3<sup>rd</sup> & 5<sup>th</sup> From 3pm to 7pm

I0€ / person (maximum 5 pers.). From 8 years old

£ + 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

### TREE CLIMBING

Letting go and free the sleeping adventurer... Charlie, a professional climber, will show you climbing techniques.

Le Canada
 Champagny le Haut

3<sup>rd</sup> August, from 10am to 12pm

10€/person (min. 3 pers - max. 8 pers.). From 8 years old.

+ 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com





### **Bike**

Bicycle amateurs, Champagny en Vanoise offers you, throughout the Plagne, about twenty routes with specific signposting to enable you to practice your favourite activity at your own pace and according to your level.

### **Our favorite**

Itinerary of the 4 hamlets: easy and suitable for families. In Champagny le Haut discover the architectural and typical richness of the hamlets but also enjoy remarkable views of the countless waterfalls and glaciers. Possibility to continue in the Vanoise National Park by a mountain pasture track.

Leaflet at your disposal at the Tourist office. Itinerary on the website rando, vanoise. com

### ε-SPOT

Play area offering different terrain movements (raised bends, small bumps, etc.). Have fun testing all the features of electrically assisted mountain bikes. Accessible to all. it's THE novelty to try out with family or friends.

Start at Champagny le Haut,  $( \bigcirc )$ Le Canada

Bike washing area at the starting point of the gondola lift MTB-EA charging point at : the top of the gondola: Verdons Sud restaurant

Champagny Village: Sherpa (Planay) Parc de la Vanoise: Refuge de la Glière bicycle repair kit & parts (basic): skimium.

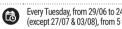
VTT-E & VTT rental(cf. page 14)



### **NEW: OUTING SUPERVISED BY A DIPLOME MONITOR**

### GOURMET VALLEY TOUR

Discovery of a playful itinerary followed by an aperitif a refuge of the valley. Discovery level.



Every Tuesday, from 29/06 to 24/08 (except 27/07 & 03/08), from 5 to 7pm

45€/person including supervision, Ø MTB-EA rental, helmet & aperitif. Reservation at least on Monday before 5pm (maximum 10 people).

### **MOUNTAIN TOUR**

Discovering contemplative & sporty itineraries between mountain hamlets & pastures. Intermediate level.

Every Tuesday, from 29/06 to 24/08 a (except 27/07 & 03/08), from 5pm to 7pm

55€/person including supervision, Ø MTB-FA rental & helmet

Reservation at the least on Monday before 5pm (maximum 8 persons).

### **GRAVITY TOUR**

2 hours of muscular enduro mountain biking. From the top of the gondola, downhill & technical profile to progress in the "Single". Level of ability / sporty.

Every Tuesday, from 29/06 to 24/08 6 from 2pm to 4pm

50€/person including supervision, full suspension mountain bike rental, access to the ski lift, helmet & protections. 35€/person with personal mountain bike. Reservation at the latest on Monday before 5pm (maximum 4 people).

+ 33 6 25 40 83 58 Etienne BUREL etienneburel@hotmail.fr + 33 4 79 55 05 45 Belvédère Sport



## Gondola

In 10 minutes to reach 2000m on the south side of Champagny en Vanoise. To enjoy the panorama, or to join one of the high altitude restaurants....

### **CHAMPAGNY EN VANOISE**

### CONDOL A

Open from July 4th to August 29th. daily except Saturday: 9am to 12.45pm & 2pm to 5.40pm

### PEDESTRIAN ACCESS

Champagny en Vanoise gondola lift, other lifts accessible from 2h15 of walking. Free: under 5 vears old 7€/up (free descent)

- 1 day La Plagne (with access to the glacier) 20€/pers. 16€/child (5 to 12 years old)
- La Plagne Week (7 consecutive days, with glacier access) 45€/pers. 36€/child (5 to 12 years old)
- La Plagne season: 100€/pers. 80€ (5 to 12 years old)

### **MOUNTAIN BIKERS ACCESS**



### **Activities**

### LETSURE CENTRE

Espace loisirs

Free access

DEUI: LAKE

Fishina.

 $\oslash$ 

 $\bigcirc$ 

Champagny Village

Fed by the Airolés stream, the

tables and a path accessible to

lake is equipped with picnic

pushchairs and wheelchairs.

Champagny Village

Free access

- Citu stadium (multi-activitu stadium) - Petanque ground - "Street workout" area, a path between aumnastics and weight training - Games for children

### FISHING

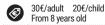
Savoie is a real fishing paradise. which will surely delight you and allow you to enjoy great fishing moments.



info.champagny@la-plagne.com www.champagny.com

### WALK WITH DOG

Mickaël proposes you a sportive walk of 2h30. harnessed to a dog. You will be provided with a hiking belt, a lanyard and a doa. A fun activitu to tru!



+ 33 6 60 70 11 75 generation.musher@gmail.com

### HORSE RIDING: LE P'TIT RANCH

Horse riding with an instructor from 2 hours to all day. Ponies rental and introduction to ponies every morning (games, entertainment...) Activities supervised by a statecertified instructor.



Horse riding 2 hours: from 48€ Private tuition: 40€/hour

> Ponv initiation course: 38€/2 hours Pony rental: 15€/30mn 20€/hour 5 bought ponies rides = 1 offered



### SCHOOL & PARAGI IDING EXPERTENCE

Discover the activity of paragliding with a first flight or a course.



Big flight (1h30 : 200€/person Photos / video: 25€

+ 33 6 85 37 25 85 www.air-vanoise.com

Paraalidina course based exclusively on hiking.

+ 33 6 85 37 25 85 Antoine MERCIER www.stage-parapente-rando.fr/ index.html

### PARAGI TDTNG



ACTIVITIES



TCE-RTNK

æ

Created for the 1992 Olympics, the

30x60 metre ice rink welcomes

pleasures of sliding, skates on,

periods and timetables.

4€/child - 5 vears old

presentation of proof)

in the footsteps of Surva Bonaly.

Le Cristal, centre sportif de la Vanoise Pralognan la Vanoise (10 km)

Contact the Tourist office for opening

8.50€/adult 7.50€/child - 13 years old

Entry + skate rental (from size 24):

30€/tribe (2 adults + 2 children. on

34€/5 entrances (personal card)

you. After a day in the great

outdoors, (re)discover the

vice-world champion!

### **DEUI: CAPTIVE BALLOON** FLIGHT

An unforgettable activity... Held on the around by ropes. the balloon rises. offering a breathtaking view of the Champagny le Haut valley!



Champagny le Haut

æ Every Thursday, from 7am to 9.30am 20€/adult 12€/child (- 12 years)

Ø Duration: 5mn. From 6 years old Reservation required (possibility of cancellation due to weather conditions)

Office de tourisme + 33 4 79 55 06 55 info.champagny@la-plagne.com www.champagnv.com

> + 33 4 79 08 74 88 www.pralognan.com



130€ / dav Ø



### Creative & fun workshop

#### **CERAMICS AND/OR MOSAICS** LUOOD CARVING This summer. Lorène will intro-Come and develop your creative competence bu her workshop in Champagny. learning bas-relief All levels adults & children (ceramics from 6 years old & From 15th July to 7th September mosaic 8 years old). 9am to 12pm and/or 2pm to 5pm. from Tuesday to Friday Le Crev 0 Champagny Village 40€ / <sup>1</sup>/<sub>o</sub> day 80€ / day Material is provided. Between 4 July and 14 August. 6 Possible from 11 years old conditions. + 33 6 24 05 11 00 Claude VIAI before 10am vialclaude@vahoo.fr Ceramics 1h30 (24€ & 21€ - 12 years) Mosaics 2h (27€ & 24€ - 12 years) Lorène HERRERO (graduate of the Beaux Arts) + 33 6 09 41 52 61 www.loreneh.com

### Special kids...

CREATIVE WORKSHOP "EXPLOR'ACTEUR NATURE" -> see page 11

duce you to clay and mosaic in

dates to come depending on sanitary Reservation at the least the day before,

### A feeling of well-being

### Ô DES CIMES SPA &

### **WELLNESS**

Body care and massages with the brand CODAGE and body massages from 6 years old with the brand BIO TOOTFRUIT (dedicated to the youngest). Tonic or relaxing wellness massage with the oil of your choice and various scents for a relaxation of 30, 60 or 90 minutes.



### WELLNESS MASSAGES

Relaxation, general well-being. A calming of body and mind, a connection between your mind and body...

0	Les Perrières Champagny Village
6	Every day except Sunday by appointment

Californian massage : 60€/hour Back massage: 30€/ 1/2 hour Balinese massage : 30€/ 1/2 hour



### HARMONY & WELL-BEING

Wellness massage based on several techniques: shiatsu. Korean relaxation. Californian. foot reflexologu, tai, Swedish...



#### 6 Every day by appointment

Comfort massage 1h15: 80€ Energy massage 1h30: 100€ Learning workshop on wellness massage 2 hours: 120€ / 2 pers.

Rollande RENAUD - Certified practitioner in touch techniques + 33 6 87 55 66 22 harmonietbienetre@orange.fr

### DATI CARE

YOGA

6

Ø

Enter the colourful world of varnishes. Application of semipermanent or classic varnishes.

0	Rue des Perrières Champagny Village
6	Every day except Sunday - by appointment
Ø	30€ semi-permanent varnish 35€ Brazilian pedicure or manicure
ß	+ 33 6 78 01 03 77 Cathy Nails

(Re)discover the benefits of Yoga

12/07 to 16/08, every Monday

with Gaëlle your teacher.

Presbytery garden

Champagny

www.soyogaellev.fr

Champagny Village

from 6.30pm to 7.30 pm

15€/adult (minimum 5 pers.)

Take your carpet or beach towel

indicating first name, surname &

Booking by SMS + 33 6 10 62 27 57





relaxation lounge.

THE POOL

A 14/06 to 06/07 & 01/09 to 15/09: every day, from 4pm to 6pm

> 07/07 to 31/08 every day, from 4pm to 7.30pm

SPA area of 250m<sup>2</sup> with 2 sauna

cabins. hammam. spa with hot

and cold baths and a large

Spa and swimming pool (from 16 years old, and accompanied by an adult for minors). 1 entry: 14€. Card of 10 entries: 125€. Season pass: 110€. Annual pass: 170€. Spa extension: 7.50

+ 33 4 79 22 06 75



#### SPA & RELAXATION AREA OF SUITEMENDG-POOL

Outdoor swimming pool with heated water: a leisure pool. 2 lines of water of 25 metres and a paddling pool separate from the main pool.



Espace loisirs Champagny Village

14/06 to 06/07 & 01/09 to 15/09: every day from 12.30pm to 6pm

07/07 to 31/08 every day from 10am to 7.30pm

Admission: 6,50€/adult Ø 5€/enfant (till 14 years old) Children under 4: free 10 tickets card: 50€/adult Season pass: 80€/adult 60€/child (till 14 years old) Annual card: 110€/adult 80€/child (till 14 years old)



+ 33 4 79 22 06 75

63



### **Access - transports**

### **RAILWAY / RESORTS** LINKS

Information www.mobisavoie.fr or + 33 9 70 83 90 73 (not overtaxed).

Time sheets at the tourist office Champagny - Moûtiers (bus station / railway)

One way: 13,50€/pers

11.50€ /pers. under 26 uears old Return: 24,70€/pers

22,90€ /pers. under 26 years old Champaany - Praloanan la Vanoise or Champagny - Bozel

4,10€ /pers Return: 7,40€/pers 3.60€ /pers. under 26 uears old

Champagny - Brides-les-Bains 8.20€/pers. Return: 14.90€/pers 7€ /pers. under 26 uears old

### S.N.C.F

Information and reservation on: www.oui-sncf.com or call 3635

### TAXIS, MINIBUS, CARS

Dunand Vanoise Voyages + 33 4 79 55 05 28 / + 33 6 11 40 52 53

CAR RENTAL (Moûtiers 18km)			
Avis	+ 33 4 79 24 01 55		
Europcar	+ 33 4 79 24 09 72		
Hertz	+ 33 4 79 24 07 75		
Lerat	+ 33 4 79 55 00 32		

### AIRPORTS

Luon St Exupéry (180km) + 33 826 200 826 Genève Cointrin (140km) + 41 227 17 7 111 Chambéry / Aix les Bains (100km) + 33 4 79 54 49 66 Grenoble Isère (174km) + 33 4 76 65 48 48

### PETROL STATION 24H/24

- Bozel (5km)

- Le Carrey (Courchevel crossroad, 8km) - Praloanan la Vanoise (10km) - Moûtiers (18km)

### GARAGES - Bozel (5 km):

Gerfaux/Picon + 33 4 79 55 03 31 Grand Bec + 33 4 79 22 14 93 Vanoise Automobile + 33 4 79 22 01 54 - Carrey (8km): Grand Pont + 33 4 79 55 35 21 - Praloanan (10 km): Garage de la Rossa + 33 4 79 08 73 28

### SERVICES

Tourist office + 33 4 79 55 06 55 Facebook : Champagny en Vanoise

### **ADMINISTRATIVE** SERVICES

Town hall + 33 4 79 55 03 80 Monday to Thursday: 8am-12pm & 2pm-6pm Friday: 8am-12pm & 2pm-5pm

Post office + 33 (0)4 79 55 02 79 Monday to Thursday: 8am-12pm & 2pm-5pm Friday: 8am-12pm & 2pm-4.30pm Last post collected: Monday to Friday at 12pm

### **BANKING SERVICES**

Cahspoint / ATM 24h/24 Champagny: le Reclaz Bozel (5km)

### Banks (Bozel -5km) : - Crédit Agricole

+ 33 4 79 44 60 08 - Banque de Savoie + 33 4 79 55 01 08

### EMERGENCY SERVICES

- Medical centre 24h/24 - Moûtiers (18km) + 33 4 79 09 60 60 - Albertville hospital (45km) + 33 4 79 89 55 55 - Medical emergencies (European call) 112 - Deaf and hearing impaired emergency 114 Poison control centre in Lvon + 33 4 72 11 69 11 18 Fire department ..... 15

- All hight doctor	
- All night pharmacy	

### SECURITY

Police (Moûtiers, 18km) + 33 4 79 24 00 15

### INFORMATION Mountain forecast

+ 33 8 99 71 02 73

3237



### - Pharmacies

- Medical centre Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 D' PORTUGAL + 33 (0)4 79 22 09 08 Pralognan la Vanoise (10km)

Dr FRANCOZ + 33 (0)4 79 08 75 61

#### - Dentists

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Mrs SOLVET GARREAU + 33 (0)4 79 01 11 19

### Nurses

Mrs Marvse SOUVY + 33 6 12 73 61 90 + 33 4 79 55 05 10 Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55

### - Physiotherapists

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55

- Pedicure - chiropodist + 33 6 15 43 31 74 Viviane MESLIN, on appointment & home consultations

### - Optician

Bozel (5km) Bozel Optique + 33 4 79 41 95 12

office or call 3237 **VETERINARIES CLINICS** Bozel (5 km) + 33 4 79 22 09 51 + 33 4 79 41 95 36

Monday to Saturday: 9am-12pm /2pm-7pm

July & August: Monday to Friday: 9am-

- Pralognan (10 km) + 33 4 79 08 71 61

Saturday & Sunday: 10am-12.30pm/4pm-7pm

- Chemist on duty: see display at the tourist

+ 33 4 79 22 19 20

La Perrière (9 km) Moûtiers (18 km)

- Bozel (5 km)

12.30pm/3pm-7pm

+ 33 4 79 24 01 76

WORKS ON DEPARTMENTAL ROAD CHAMPAGNY VILLAGE <=> CHAMPAGNY LE HAUT Work on the corbels of the Gorges de la Pontille. Alternate traffic from 5/07 to 12/09

Information provided for information only and updated daily on the website: http://www.savoie-route.fr/chantiers - section RD 91B - Gorges de Champagny en Vanoise



### PRACTICAL

- **Press** (regional newspaper): SHERPA grocery
- Laundry: self-service at the residence "Alpages de Champagny" (tokens on sale at reception):
- 5€ / machine 1€ / laundry 4€ / tumble dryer

### - Internet :

- "Internet Ici" terminal from 3€ for a 30-minute connection at the tourist office.

 Wifi: 30mn of free wifi per day in / in front of the tourist office, network "OT La Plagne".
 Network in the village "Internet Ici" from

3€/30 min. Le Code Bar, Le Grand Bouquetin and Refuge

de le Bois: free Wifi for their customers.

- Hippocket Wifi: rental per day (7€) or more (decreasing price) at the tourist office. High speed wifi network (up to 10 devices connected simultaneously). Payment in credit card only.

- **Toutounet** : dog dropping bags dispensers at your disposal in Champagny Village and Champagny le Haut.

### LOCAL MARKETS

Sale of fruits and vegetables from La Drôme, every Tuesday in the centre of Champagny en Vanoise

Close to Champagny en Vanoise:

 Monday: La Léchère les Bains (25km), morning
 Tuesday: Pralognan la Vanoise (10km), all day Moûtiers (18km), morning

- Wednesday: Brides les Bains (12km), morning

- Thursday: Bozel (small market - 5km), morning Albertville (45km) (2 markets: food market & clothing market), morning

- Friday: Pralognan la Vanoise (10km), all day Moûtiers (18km), morning

- **Saturday**: Aigueblanche (21km), morning Albertville (45km), morning

### ENVIRONMENT

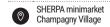
### ECO-CITIZEN

Several waste collection points, identifiable on the Champagny en Vanoise map as well as flyers on water & waste sorting at your disposal



### RECYCLING

Point recycling of used batteries



### ACCOMMODATION

HOTELS

Ancolie\*\*\* + 33 4 79 55 05 00 Les Glières\*\*\* + 33 4 79 55 05 52

#### SELF-CATERING ACCOMMODATION Club Albina\*\* + 33 4 79 55 04 59

CGH résidence & Spa Les Alpages de Champagny\*\*\*\* + 33 4 79 22 21 20

**REAL ESTATE AGENCIES** Champagny Agence by Roc Blanc

+ 33 4 79 55 05 77

### RESIDENTIAL HOTELS

 Chalets du Bouquetin
 + 33 4 79 55 01 13

 Les Balcons Étoilés
 + 33 4 79 55 05 77

### REFUGE

Refuge de la Porte du Bois (P.N.V) + 33 4 79 55 05 79

### CAMPSITE

Le Canada + 33 4 79 55 03 41

FURNISHED ACCOMMODATION &

GÎTES La Plagne Resort + 33 4 79 09 79 79 www.laplagneresort.com

### REAL ESTATE DEVELOPER

Les Terrasses de la Vanoise MJ Développement + 33 6 18 34 15 38 Terrésens + 33 4 72 14 66 50

+ 33 4 72 14 66 50

### SHOPS

Bakery - cakes & chocolate Marmottine + 33 4 79 55 07 10

### Hair dresser

Coiffeur Création + 33 4 79 01 19 96

### Sport shops

Belvédère Sports / Sport 2000

+ 33 4 79 55 05 45 Intersport + 33 4 79 55 07 36 Skimium + 33 4 79 55 07 40 Ski Set / Ski shop Vanoise + 33 4 79 55 05 92

#### Regional products - wines

La Fruitière + 33 9 67 48 11 26 Le Schuss Gourmand + 33 4 57 37 88 14

### Gifts - souvenirs

La Lézardière + 33 4 57 37 88 14

Grocery Sherpa

+ 33 4 79 22 17 88

Laundru

Blanchisserie Alpine + 33 4 79 06 55 01

# Alpenrose + 33 4 79 55 05 00 Alpina + 33 4 79 22 57 96 Barillon + 33 4 79 55 05 30

**RESTAURANTS / BARS** 

 Barillon
 + 33 4 79 55 05 30

 Glières
 + 33 4 79 55 05 52

 Grand Bouquetin
 + 33 4 79 22 05 59

### CHAMPAGNY LE HAUT

VILLAGE

La Rossa

Refuge du Bois + 33 4 79 55 05 79

### ON THE MOUNTAIN PASTURES

Chalet des Verdons Sud

+ 33 6 13 10 33 31 + 33 4 79 08 28 03



26

DIRECTORY



### **TRADMEN &** BUSINESSES

Commercial real estate agent Mrs Catherine Lesourd + 33 6 84 99 95 03

### Graphic desian

+ 33 6 84 35 38 86 Dinézine Design

Electrician Millot Julien Électricité + 33 6 21 73 90 82

**Masonry & renovation** M. Emmanuel Souvy + 33 (0)6 74 58 88 74

#### Carpentru SOSAMEC

Landscaper SARL Concept Paysage + 33 6 37 91 41 45

+ 33 4 79 55 05 81

### Renovation & decoration

SARL Toussaint Décoration + 33 6 15 85 53 29

### Transport

**Dunand Vanoise Voyages** + 33 6 11 40 52 53

Water installation work Sarl ARINA + 33 6 22 98 51 64

### ASSOCIATIONS

A.L.C.S (Leisure Culture Sports Association) Mrs Véronique Tatoud alcs.champagny@yahoo.fr

#### Champagny mountain painter workshops

Mrs Jacqueline Genier jacottegeniez@free.fr

**Champagny Glace Montagne** (Ice climbing)

Mr Denis Tatoud + 33 6 37 35 48 75

#### Senior citizens'club Mr Jacky Vassard clubamitiechampagny@orange.fr

Village Feast Day (Champagny Village) Mrs Juliette Ruffier des Aimes + 33 6 62 82 24 72

### Gorzderette

(The multi-activity "Frosted Tournament) Miss Julie Monnet www.gzd.fr

Grand Bec Événements (Nordic ski race) Mr Arnaud Ruffier des Aimes www.marathondugrandbec.com

Champagny ski club Mrs Stéfany Moenne-Loccoz www.skiclubchampagnv.com

### Champaanu-Bozel cross countru

club Mrs Manon Simille www.club-skidefond-bozel.jimdo.com

### Sou des Écoles

Mrs Clémentine Latuillère soudesecoleschampagny@gmail.com

#### Tarahumara Spirit

Dr. Salmon tarahumaraspirit.org

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Paragliding
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Petrol stations
Pharmacies
Physiotherapists
Police
Post office
Real estate developer
Recycling
Rental gear
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PHOTOS CREDIT : Office de Tourisme de la Grande Plagne, Elina Sirparanta, Olivier Allamand, Jean-Maurice Gouedard, Pierre Augier, Philippe Royer, JNJ Photo, Cashpistache, Léa Lecomte, Gladys Kiener,

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**425 KM** of runs – in the Paradiski® area

323 HECTARES of snow-covered runs

### **130 SKI LIFTS**

### **264 SKI RUNS** 36 black - 79 red 137 blue - 12 green

### **5 «NATURE» TRAILS** secure but ungroomed itineraries at high altitude

### **NORDIC AREA**

Cross-country area, pedestrian/snowshoe itineraries, dog sledding, horse riding / ski joëring, toboggan run & glacier museum

The only resort in France with its own ICE CLIMBING TOWER 24-metre high artificial structure la Plagne your renewable energy... Unforgettable\*

WINTER

### WINTER 2021-22

Champagny en Vanoise celebrates 50 years of the resort

A dose of oxygen in an XXL area







# PuyduFou.

Après la Plagne, votre aventure continue sur PUYDUFOU.COM