



LAPLAGNERESORT.COM

TRAVEL AGENCY

Book your holiday in La Plagne directly through our on-line travel agency.

A single address for all your holiday needs: www.laplagneresort.com

- Accommodation
- Transport (train & plane) & transfers
- Ski Pass
- Activities
- Ski lessons
- Equipment rental

A LA PLAGNE EXCLUSIVE!



**LA GRANDE PLAGNE
TOURIST OFFICE**

Tel: + 33 4 79 09 02 01
info@la-plagne.com

LA PLAGNE RESORT

Tel: + 33 4 79 09 79 79
info@laplagneresort.com

www.laplagneresort.com

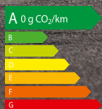


CHAMPAGNY EN VANOISE

The guide of your holidays

summer 2022





ET SI C'ÉTAIT LE BON MOMENT POUR DÉCOUVRIR LA GAMME HYUNDAI ?

- > Thermique,
- > Electrique,
- > Hybride,
- > Hydrogène.

Venez choisir le modèle et la motorisation qui vous correspond dans nos concessions.

JEAN LAIN HYUNDAI
ALBERTVILLE CHAMBÉRY
ECHIROLLES SEYNOD
VILLE-LA-GRAND

Pour les trajets courts, privilégiez la marche ou le vélo. #SeDéplacerMoinsPolluer

04 201 01 201

www.jeanlain.com



CONTENTS



La Plagne thanks its partners



DARE2B



RACER

PuyduFou.



An unforgettable holiday

Because your holiday should be a time of calm and serenity, La Plagne and the teams who welcome you in the resort have put appropriate measures in place to ensure your health and safety.

All of the required systems are in place so that everyone can make the most of their stay, with barrier gestures remaining our priority.

We want you to feel really at home here.

The small steps of a Great Resort

When they imagined the resort of La Plagne 60 years ago, its pioneers offered the inhabitants of these mountains and the valley a better life, as well as giving as many people as possible access to winter sports and mountain leisure activities (people from the city and the country, people of all ages, novices and experienced athletes, ski and mountain lovers from France and abroad...)

Today, our society is facing upheavals of a profound and unprecedented nature, with global warming and the collapse of biodiversity, and their impact on our ecosystems and lifestyles.

As the world's leading ski resort, we have a great responsibility. We believe that our historic mission has never been more important and that it has taken on new meaning in the light of these challenges.

La Plagne is a multi-site resort, offering around 55,000 beds and welcoming some 575,000 visitors per year in the heart of exceptional natural areas. Enlightened management of these areas and their development in a respectful manner to structure these visitor flows, as well as large-scale awareness of their fragility are the keys to a desirable future for the resort.



Now, and in the future La Plagne wishes

- To ensure that the local inhabitants can continue to live well in the area
- To allow all those who wish to do so access to the mountain areas to enjoy their benefits, without damaging the ecosystems.

WELCOME & INFORMATION



La Plagne Champagny en Vanoise tourist office



7 Place du Centre
Champagny en Vanoise



From 18/06 to 06/07 & from 01/09
to 12/09 :
Monday to Thursday: 9am to 12pm &
2pm to 6pm.
Friday: 9.30am to 12pm / 2pm to 6pm.
Saturday & Sunday: 9am to 12pm

From 07/07 to 31/08: every day
9am to 12.30pm & 2.30pm to 6.30pm
On Friday opening at 9.30am



+33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com



Offices de
Tourisme
de France



TOURIST POINT INFORMATION



Le Laisonnay
Champagny en Vanoise



From 03/07 to 29/08

Sunday to Thursday:
9.30am to 12.30pm & 2pm to 5.30pm

Friday:
10am to 12.30pm & 2pm to 5.30pm
Closed if weather conditions are bad

Our services

- Copy and scan services
- Loan of board games
- 30mn free wifi connection per day
- Lost and found...

At your disposal

- Weekly entertainment programme
- Weather information
- IGN card, map of the starts for pedestrian paths, mountain bike routes
- Information screens to make sure you don't miss anything

Also...

- Sale of I.G.N card, walking leaflet
- Sale of lift passes
- Sale of fishing permit
- Hippocket wifi box rental by the day or more: private high speed wifi network.
- Boutique space



THE 'TERRE DE JEUX' LABEL

La Plagne, resort of champion

La Plagne is delighted to be joining the Terre de Jeux 2024 community! Right from the bidding phase, Paris 2024 announced that these Games would belong to the whole of France. With the Terre de Jeux 2024 label, this promise is embodied in La Plagne and throughout France.

This scheme, which is a first in the history of the Games, recognises local authorities that are working to promote a more developed and inclusive practice of sport from a municipal to a region scale, including all the different players involved in the sports movement.



20 TERRE DE JEUX 24



To keep you up to date with the
latest news from
La Plagne Champagne en Vanoise

JOIN US
ON SOCIAL NETWORKS

f @Champagny

@la_plagne

@la_plagne



Made by Lucie & Victor

3 randonnées, 2 descentes de VTT, 1 trail...
et encore 4 jours de vacances pour profiter.

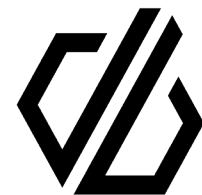


VTT, rando, trail...
Avec Yuge, tous vos itinéraires sont dans votre mobile.



YUGE
Paradiski

DARE 2B



PARTENAIRE TEXTILE OFFICIEL DE LA PLAGNE & LA 6000D

EVENTS



FESTIV'ÉTÉ

Sunday 26th June from 10am to 5pm

Craft market, workshops and activities for this convivial and festive day around the themes of the mountain, the environment and the local culture.



Le Bois
Champagny Village



Touris Office + 33 4 79 55 06 55
www.champagny.com

SUPER 8

From Thursday 7th to Sunday 10th July

A must for all mountain MTB and MTBEA.

The "Grand 8" reserved for experts and elites in the form of a 2 day tour of La Plagne with 1 night in a bivouac.

The "Double 8" is a classified and timed event ranging from 23km to 82km. Ideal for amateurs.



Information & booking
www.super-huit.com

VILLAGE FEAST

Sunday 17th July

Festive day with stands and games, folklore, traditional costumes, Savoyard meal, dance and fireworks.



Le Bois
Champagny le Haut



Association Saint Clair

OEPEN AIR CINEMA

Monday 18th July at 9pm

Screening of the film "Le Temps d'une Vie". The wildlife will surprise you again!



Football stadium
Champagny Village



Free - Introduction by "les LAPIED"
mountain filmmaker.



+ 33 4 79 55 06 55
info.champagny@la-plagne.com

CRAFT MARKET - REGIONAL PRODUCTS

Sunday 24th July from 9am to 6pm

During this festive day, regional producers and craftsmen sell food, decorative and artistic objects.



Le Centre
Champagny Village

new: ASTRONOMY EVENING

Tuesday 19th & 26th July, from 9.15pm to 11.15pm

Tuesday 9th & 23rd August, from 8.30pm to 10.30pm

Presentation of the night sky and discovery of the constellations with the naked eye and the telescope: craters of the moon, rings of Saturn, Jupiter and its satellites, Nebulae and Galaxies...



Free.
Reservation required, number of places limited.



+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

LIVE AT CHAMPAGNY

Thursday 28th July, 4th, 11th & 18th August

Free concerts at 9pm

Come and dance, sing and share a convivial moment during a summer evening in Champagny en Vanoise with 4 groups with varied rhythms.



Place du Centre

STREET RACE

Friday 29th July & 5th August from 5pm to 6.30pm

Fun & playful MTBEA race. Recognition of the route with an instructor then time trial on the loop. Ranking at the end of the day.



Champagny Village



8€/pers. including the MTB-EA rental, helmet. From 12 years old.



+ 33 4 79 55 06 55
info.champagny@la-plagne.com

ALPINE TRAILS & GRAND BEC HIKE

Sunday 7th August

The trail spirit on tracks and paths with exceptional panoramas, at the gateway to the Vanoise National Park!
Trail de la Vélière : 28 km / 1860 m D+
Trail Mont de la Guerre : 14,5 km / 1060 m D+

For families, the Grand Bec hike: 7.3 km / 510 m D+.



Le Centre
Champagny Village



Trails: from 10€
Hike: from 7€



+ 33 4 79 55 06 55 - Online booking sur www.champagny.com ou www.myoutdoorbox.com



CHAMPAGNY LE BAS VILLAGE FEAST

Sunday 14th August

Festive day with games, stalls, entertainment, folklore group, parade of floats, traditional meal, party & fireworks.



Espace loisirs
Champagny Village



Association Fête du Village

NIGHT-TIME CRAFT MARKET

Wednesday 24th August, from 4pm to 10pm

Take advantage of a long summer evening, with family or friends, to stroll around and do your shopping with regional producers and craftsmen!



Le Centre
Champagny Village

LIGHT FOOT TRAIL

Friday 19th to Sunday 21st August

Screenings, meetings and debates on minimalist running.
12 km trail and 5 km discovery trail, in Huaraches sandals, or other minimalist shoes, to discover the sensations that our feet provide when they are free.



Free Trail! Open to all.
Registration recommended








+ 33 6 20 98 69 15
tarahumaraspirit.org

Espace Glacialis

ESPACE GLACIALIS

Discover the secret life of glaciers!
A journey to the top with an interactive scenography: you will never look at the giants of the Champagne valley in the same way again during your summer walks!

-  38 rue de la Cure - Le Bois Champagne le Haut
-  July & August, every day except Saturday, from 2pm to 6pm
-  June & September (19/06 > 18/09)
Every Sunday, from 1.30pm to 5.30pm
-  3€/adult 1,50€/child (7 - 16 years)
9€/Family Pass (2 adults + 2 children)
Discounted rates: 2€ (student, senior, unemployed person)
Free: under 7 years
-  Espace Glacialis + 33 4 79 01 40 28
patrimoine@mairie-champagny.fr
www.espaceglacialis.fr

THE ECHO OF THE GLACIERS

Learn to whisper in the ear of the glaciers... or almost!
With family or friends, a dive into the heart of glaciology to start the day!

-  July & August, on Tuesday & Thursday from 10am to 11.30am.
Preceding registration at Espace Glacialis.
-  4€/adult 2€/child (7 - 16 years)
12€/Family Pass (2 adults + 2 children)
Discounted rates: 3€ (student, senior, unemployed person)
Free: under 7 years
-  Espace Glacialis + 33 4 79 01 40 28
patrimoine@mairie-champagny.fr
www.espaceglacialis.fr

EUROPEAN HERITAGE DAY

Open day: Espace Glacialis from 1.30 to 5.30pm.
St Sigismond Church (times not determined)
The Tourist Office proposes an accompanied outing, an introduction to nature photography (details page 15)

-  17 & 18/09
-  Free

FROM TORRENT TO CURRENT

With a guide-lecturer, discover a century of human adventures around industry, then enter the EDF power station of Champagne-Ballandaz (Le Villard-du-Planay) and relive the great adventure of hydroelectricity in Tarentaise!

-  Villard du Planay (8 km)
-  21/07 to 18/08, every Thursday from 5pm to 6.30pm
-  7€/pers. (minimum age: 12 years)
Booking required
-  + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

Discovery

ST SIGISMOND CHURCH

An exuberant decor where a multitude of angels, all dressed in gold, give a foretaste of paradise... Baroque splendour
Discovery of the church during the visit of the village (see opposite)
Catholic worship: consult the church bulletin board.

-  Villard-Dessous
Champagny Village
-  From 27/06 to 04/09
Open daily (except Monday) from 3pm to 6.30pm
17th & 18th September for the European Heritage Days.
-  Free
-  Office de tourisme + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

ONCE UPON A TIME CHAMPAGNY VILLAGE

Guided walk around Champagne village to discover its secrets. Breaks at St Sigismond church with its «Pisa tower» bell tower and its remarkable baroque decor.

-  Monday 11, 25/07 - 8 & 22/08 from 5pm to 7pm.
-  5€/adult 3€/child (6 to 13 years)
Booking at the Tourist Office at least the same day before 12pm
-  + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com



Visits with a guide

BAROQUE SENSORY VISITS TO THE PLANAY CHAPEL

Take part in an original and unique discovery of Savoyard baroque art with the guided tour of the Planay chapel, following the five senses route. A visit full of surprises and magic to leave with a baroque spirit!

-  On Mondays from 18/07 - 1st & 29/08 & Tuesday 16/08, from 5pm to 7pm.
-  5€/adult 3€/child (6 to 13 years)
Booking at the Tourist Office at least the same day before 12pm
-  + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

CHAMPAGNY LE HAUT, MOUNTAIN TALES AND FANTASTIC STORIES

The guide invites you to discover in an original way the valley of Champagne-le-Haut and the heritage of the mountain inhabitants through fantastic stories!

-  Wednesday 20 & 27/07 - 3 & 17/08, from 8.30pm to 10pm.
-  5€/adult 3€/child (6 to 13 years)
Booking at the Tourist Office at least the same day before 12pm.
-  + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

Art & culture

Exhibitions

"Behind the dam, the paths of water in Savoie": photo 2mx2m by the artist Sylvie Bonnot, presented as part of a tour of 24 photographs exhibited in Savoie.

La Couaz - dam
Champagny le Haut

www.fondation-facim.fr

Exhibition-sale by Mrs Claudette PRINCIC of oil paintings on the theme of the mountain.

Exhibition hall of the Centre
Champagny Village

23rd July to 19th August,
from 3.30pm to 7pm

Free access

CINEMA

An evening at the cinema with a diverse programme.

Le Centre
Champagny Village

01/07 to 09/09: daily except Saturday
Movies at 6pm, 9pm
Also at 3pm in case of rain (min.
5 pers.)

8€/adult 4,50€/- 14 years
35€ /subscription card (6 tickets)
6,50€/student (student card is required)

+33 9 67 26 12 73
Program on:
www.champagny.com

CINEMA ABOUT MOUNTAIN

Screenings of films by Anne, Erik and
Véronique LAPIED, mountain and
animal documentary filmmakers.

Village Hall
Champagny Village

Monday 1st August,
Movy at 6pm: "Le Clan des Marmottes".
Movy at 8.30pm: "Le Temps d'une Vie"
Monday 22nd August, movy at 6pm & 8.30pm
"Le Clan des Marmottes"

8€/adult 5,50€/child (till 14 years)
Free under 5 years

LIBRARY

Wide choice of books & magazines
for all with regular purchases of
newly published novels. Reading
space and loan.

Ground floor of the village hall

Monday & Friday from 6pm to 7.30pm
Wednesday from 10am to 11.30am

Free book loan.
Deposit: 50€

+33 4 79 22 14 08
<https://bibliochampagny.wixsite.com/website>

Books

«LA-HAUT»: to discover the
fauna of the Alps in a photo-
book (172 pages)

39€. On sale at the Tourist office

BERGER, DES LAVANDES

AUX GLACIERS: a journey
to the heart of nature with the
transhumance of the shepherd & his
flock (120 pages)

28€. On sale at the Tourist office

Kids

Find the activities...

CLIMBING -> see page 18

ADVENTURE CIRCUIT -> see page 18

TREE CLIMBING -> see page 19

HORSE RIDING -> see page 21

SWIMMING LESSONS -> see page 25

GAMES AREAS & PING-PONG

Espace loisirs - Champagny Village
Camping Canada - Champagny le Haut

Free access

SKATEPARK

La Roue
Champagny Village

Free access

BABY SITTERS

A list is available at the Tourist Office.

+33 (0)4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com



JUNIOR EXPLORER CIRCUIT

Fun sports circuit for children aged 3
and over. Workshop about animals
that live in the mountains.

Le Canada - Champagny le Haut
(near the adventure circuit)

Free access

SHOWS

Place du Centre
Champagny Village

6th July to 17th August
Every Wednesday at 6pm
& entertainment on 24/08 from
4.30pm to 6pm

Free

CREATIVE WORKSHOP

Dream Herbarium Workshop: invented
with photography, the cyanotype is a
bit magical. After a time of gleaning
pretty flowers from our mountains, the
sun will fix the image and the water in
the pond will reveal the work, as blue
as a summer sky!

Espace Glacialis
Le Bois - Champagny le Haut

July & August: every Friday,
from 10am to 11am

5€/child (6 to 12 years)
Registration the day before at least
Minimum 2 participants.

Espace Glacialis +33 4 79 01 40 28
patrimoine@mairie-champagny.fr
www.espaceglacialis.fr



Vanoise national Park

Located between the Tarentaise and Maurienne valleys, the Vanoise National Park was created in 1963 to fight against the disappearance of the ibex, it's the first French National Park. More than 600 km of marked trails (including 200 km on the territory of Champagny).

GET TO KNOW THE PARK BETTER, MEET IN THE MOUNTAINS

Meeting point with a warden in the heart of the Vanoise National Park, at the refuge du Bois in Champagny le Haut.

29th July & 25th August, from 3pm to 5pm

Free (cancel if bad weather)

MATIN'ALPAGE

Come and see the life of the mountain pastures at Pralognan la Vanoise and meet the farmers. Taste. 250m vertical drop. 2h45 round trip.

Wednesdays 20th & 27th July, 3rd, 10th & 17th August from 7am to 12pm

22€/adult
11€/child (3 to 15 years)

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

GET TO KNOW THE PARK BETTER, FILM SCREENINGS

Screening of a film / meeting with a warden of the Vanoise National Park, at the refuge du Bois in Champagny le Haut.

6th & 25th July - 8th & 24th August, at 8.30pm

Free

GOATS IN MARMOT COUNTRY

On the Chapendu mountain pasture (Pralognan la Vanoise), milking is coming to an end... Take the opportunity to taste the farmhouse tomme cheese among the goats. Difference in altitude 200m; 2h30 round trip.

Wednesdays 13th, 20th & 27th July, 3rd & 10th August from 2.30pm to 6.30pm

19€/adult
10€/child (3 to 15 years)

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

New: accompanied outings this autumn

INTRODUCTION TO NATURE PHOTOGRAPHY

Let's go and photograph nature from all angles. Learn techniques and tricks to highlight natural elements.

17th September (European Heritage Day), from 2.30pm to 5.30pm

Free - reservation required by 16/09 at least.

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

EVENING AT THE STAG'S ROAR

Discover the species, listen to the bellowing, observe the stags and hinds, and become aware of this fragile period.

1st October, from 4pm to 8pm

6€/person - reservation required by 30/09 at least

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

AWARENESS OF ANIMAL DISTURBANCE

Supervised outing on the theme of animals in order to raise awareness of the nuisances they suffer.

8th October, from 3pm to 6pm

6€/participant - reservation required by 07/10 at least

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com



HIKING WITH MOUNTAIN GUIDES

Come and share the treasures of the Vanoise in 1/2 day, full day and/or at night on adapted itineraries. Venture off the beaten track and gain height on an accessible 3000m, in the heart of the Vanoise Park! Experience an authentic evening in our mountains, with a meal in a refuge!

Bureau des Guides

1/2 day:
26€/adult 20€/child (6 to 13 years)
Day: 35€/adult 26€/child
Private group (6 pers. max.): 230€/day & 145€/1/2 day

+ 33 6 86 86 01 58
Hélène DUNAND

Matthieu RONDOUIN AMM

Group outing (5 adults minimum) according to the week's program:
Adult : 30€/day, 25€/1/2 day
Child (6 to 14 years): 25€/day, 20€/1/2 day
Trail outing (hiking race) initiation, improvement or advanced level: on request
Private group (8 pers. max.)
220€/day 140€/1/2 day

+ 33 6 87 28 20 04
Matthieu RONDOUIN
matthieu@wings-events.fr
www.phene-outdoor.fr

THE "NATIONAL PARK SPIRIT" DISCOVERY HIKES IN PARTNERSHIP WITH THE F.A.C.I.M. FOUNDATION

MOUNTAIN FEELING



Prepare your walks, hikes & trails

CHAMPAGNY LE HAUT VALLEY

Gateway to the Vanoise, this site has been classified as a National Heritage Site since September 1992.

6 hamlets lie in this high valley, 5 km long, between 1450 m and 1580 m in altitude.

Glaciers have left their mark on it.

I.G.N CARD

1/30 000 IGN map with hiking trails leaving from Champagny en Vanoise



18,50€ - sale at the Tourist Office

WALKS & HIKES LEAFLETS

16 different itineraries from Champagny village, the top of the gondola, Champagny le Haut valley and the Vanoise National Park



9€ - sale at the Tourist Office

DISCOVERY BOOKLET ON THE CHAMPAGNY EN VANOISE GLACIERS

It explains the route created and marked (8 numbered markers) by the Vanoise National Park



5€ - sale at the Tourist Office

EASY WALK ON THE GORZDÉRÉS PATH

Games and information on the 11 reading tables (themes: glacier, wildlife, landscape....)

installed along the path.

Discover the Champagny le Haut valley.

The 2.5 km route is accessible to all and in particular to families, seniors and people with reduced mobility.



Free access - Leaflet available at the tourist office

PERMANENT TRAIL RUNNING ROUTES

La Plagne offers more than 160km of marked trails for the trail, divided into 18 permanent routes.

Starting from Champagny en Vanoise: 3 itineraries are available for runners, who enjoy walking the trails, discovering the landscapes and "harvesting" the difference in altitude.



1€ - sale at the tourist office

Gear renting

- Hiking boots(3)
- High mountain pack (crampons, ice axes and harness) (1)(3)
- Crampons (1)(3) - Harness (1)(2)(3)(4)
- Via ferrata pack (helmet, safety straps, harness) (1)(2)(3)(4)
- Baby carrier (1)(2)(3) - Puschair (1)(3)
- tennis rackets & balls(1)(3)
- Skate (1) - Scooter (1)
- Electric montain bike(1)
- Mountain bike(1)

(1) Belvédère sports / Sport 2000
+ 33 4 79 55 05 45

(2) Intersport + 33 4 79 55 07 36

(3) Ski shop Vanoise / Ski Set
+ 33 4 79 55 05 92

(4) Skimium + 33 4 79 55 07 40

THEY WON'T LOSE THEIR GRIP EVEN IF YOU DO

CÉBÉ ZONE



S'TRACK 2.0 M

Deca Photo

VERTICAL



Vertical sensation

CLIMBING

Champagne en Vanoise offers 3 climbing sites for children (Torchet climbing school), beginners or experienced climbers (La Grande Roche)



- Access: free - Free leaflet at the Tourist Office

- Supervision possible by a guide:
Individual course (1 to 2 people): 62€/h
120€/2 consecutive hours
Group course 2 hours adults or children: 47€
Training course for adults or children (3 to 6 people): 3 x 2 hours: 130€



+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com
+ 33 6 81 30 42 95 by SMS
Mountain guide office
www.guides-champagny.fr

VIA FERRATA

2 sites in Champagne en Vanoise:
- "Plan du Bouc" with its 2 courses ridge and cliff (not very difficult to quite difficult), 800 to 900 m long.
- "Les Grosses Pierres" (extremely difficult), 200 m long. access only at weekends



- Access: free - Free leaflet at the Tourist Office

- Supervision possible by a guide:
"Plan du Bouc": 220€ per engagement (4 pers.).
"les Grosses Pierres": 150€ per engagement (1 person).
Outings on the via ferrata of Pralognan, Courchevel...



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www.champagny.com
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Mountain guide office
www.guides-champagny.fr

ADVENTURE CIRCUIT

In Champagne le Haut, near the campsite le Canada.
- 2 adventure courses: a large course of 14 workshops including 2 zip lines & a child course of 7 workshops.



Adventure course:
7 workshops (from 5 to 12 years old): 15€
14 workshops (from 12 years old accompanied by a parent): 20€



+ 33 6 81 30 42 95 by SMS
registration on site or at the Mountain guide office
www.guides-champagny.fr

High mountain sensation

ICE HIKING

To each one his route, from beginner routes to others that require a certain level of endurance:
Group outings for 3 to 6 people depending on the route.



from 136€/person or in private commitment from 370€/day (



+ 33 6 81 30 42 95 by SMS
Mountain guide office
www.guides-champagny.fr

ROCK ROUTES

You want to discover or improve your skills in climbing the most prestigious peaks of the Vanoise.



Rates vary according to the route



+ 33 6 81 30 42 95 by SMS
Mountain guide office
www.guides-champagny.fr

Mountain Guide office

+ 33 6 81 30 42 95 by SMS
Reception desk above the swimming pool, open July and August: Monday, Tuesday, Wednesday & Sunday from 5pm to 7pm



Original thrills

PERCHED TASTING

Tasting of local products on a suspended table, comfortably installed between the branches, all the senses on the alert!



3rd August, from 10.30am to 12.30pm



10€/person (maximum 5 pers.).
From 8 years.

PERCHED SNACK

After climbing the treetops to the observation platform, you will be served a snack made from local products.



2nd August, from 3.30pm to 5.30pm



10€/person (maximum 5 pers.).
From 8 years.



+ 33 4 79 55 06 55
info.champagny@la-plagne.com

TREE CLIMBING

Letting go and free the sleeping adventurer... Charlie, a professional climber, will show you climbing techniques.



Le Canada
Champagny le Haut



2nd August, from 10am to 12pm &
3rd August, from 2.30pm to 4.30pm



10€/person (min. 3 pers - max. 8 pers.). From 8 years.




+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

Gondola


In 10 minutes to reach 2000m on the south side of Champagny en Vanoise. To enjoy the panorama, or to join one of the high altitude restaurants...

CHAMPAGNY EN VANOISE GONDOLA

-  From 3rd July to 26th August, every day except Saturday.
From 9am to 12.45pm & from 2pm to 5.40pm


Tickets on sale at the Tourist Office and at the gondola

PEDESTRIAN ACCESS

-  Free: under 5 years old
8€/up (free descent)
- 1 day La Plagne
22€/pers. 18€/child (5 to 12 years)
- La Plagne week (7 consecutive days)
47€/pers. 38€/child (5 to 12 years)
- Saison La Plagne
105€/pers. 84€/child (5 to 12 years)

Possibility from the top of the Champagny en Vanoise gondola, to join other lifts, from 2h15 walk.

MOUNTAIN BIKERS ACCESS

-  Prices are the same as for pedestrians (see above).

ORIENTATION CIRCUIT

Discover the 4 new permanent orientation circuits, from 1.5km to 6.2km.
With the help of the leaflet, find the markers scattered around the valley.

-  Champagny le Haut
 Free access - Free leaflet at the Tourist Office

LEISURE CENTRE

City stadium (multi-activity stadium)
Petanque ground.
"Street workout" area, a path between gymnastics and weight training
Games for children

-  Espace loisirs
Champagny Village
 Free access

TENNIS COURT

2 new tennis courts to practice your favourite sport!

-  La Roue
Champagny Village
 By reservation in July and August
Prices not communicated

SKATEPARK

For beginners or advanced skiers, the "Death Box" (transparent curve) allows you to have a view of the mountain.



-  La Roue
Champagny Village
 Free access

ACTIVITIES






WALK WITH DOG

Come and discover the cani-randonnée with Mickaël, a qualified musher and his group of sled dogs. The cani-randonnée is a walk harnessed to a sled dog. You will be equipped with the appropriate equipment and a valiant companion who will lead you to discover our mountains.

-  30€/adult 20€/child
Duration: 2 hours - From 8 years
 + 33 6 46 84 58 29
Génération musher
contact@generationmusher.com

HORSE RIDING "LE P'TIT RANCH"

Horse riding with an instructor from 2 hours to all day.
Ponies rental and introduction to ponies every morning (games, entertainment...)
Activities supervised by a state-certified instructor.

-  Le Bois
Champagny le Haut
 Horse riding: 48€/2 hours
Private tuition: 40€/hour
Pony initiation course: 38€/2 hours
Pony rental: 18€/30mn 23€/hour
5 bought ponies rides = 1 offered
 + 33 6 84 78 28 51
+ 33 6 89 78 15 64

ACTIVITIES



LAKE

Fed by the Airolés stream, the lake is equipped with picnic tables and a path accessible to pushchairs and wheelchairs.

Champagny Village

Free access

FISHING

Savoie is a real fishing paradise, which will surely delight you and allow you to enjoy great fishing moments.

Fishing permit (obligatory), on sale at the Tourist office
From 14€/1-day permit:

+ 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

SCHOOL & PARAGLIDING EXPERIENCE

Discover the activity of paragliding with a first flight or a course.

Intermediate flight: 130€ / person
Big flight (1h30 : 200€/person
Photos / video: 25€

+ 33 6 85 37 25 85
www.air-vanoise.com

Paragliding course based exclusively on hiking.

130€ / day

+ 33 6 85 37 25 85 Antoine MERCIER
www.stage-parapente-rando.fr/index.html

PARAGLIDING

+ 33 6 60 38 00 36
Bruno RUFFIER DES AIMES

Bike

Bicycle amateurs, Champagny en Vanoise offers you, throughout the Plagne, about twenty routes with specific signposting to enable you to practice your favourite activity at your own pace and according to your level.

Our favorite

Itinerary of the 4 hamlets: easy and suitable for families. In Champagny le Haut, discover the architectural and typical richness of the hamlets but also enjoy remarkable views of the countless waterfalls and glaciers. Possibility to continue in the Vanoise National Park by a mountain pasture track.

E-SPOT

Play area offering different terrain movements (raised bends, small bumps, etc.). Have fun testing all the features of electrically assisted mountain bikes. Accessible to all, it's THE novelty to try out with family or friends.



Start at Champagny le Haut,
Le Canada

Free leaflets at the
Tourist Office

Itineraire des 4 hameaux,
sur le site
rando.vanoise.com

OUTING SUPERVISED BY A DIPLOME MONITOR



+ 33 6 25 40 83 58 Etienne BUREL
etienneburel@hotmail.fr
04 79 55 05 45 Belvédère Sport

Useful

- Bike washing area at the starting point of the gondola lift
- MTB-EA charging point at :
- The top of the gondola: Verdon Sud restaurant
- Champagny Village: Sherpa (Planay)
- MTB & MTB-EA rental(see page 16)

7 - 10 JUILLET 2022

Super Huit

COURSE VTT - VTTAE ALL MOUNTAIN

GRAND8
VTTAE
100KM / 2 JOURS / 1 BIYUOAC

DOUBLE8
VTT & VTTAE
20KM / 3SKM / 60KM / 80KM

WWW.SUPER-HUIT.COM

22

WEEL-BEEING



Creative & fun workshop

CERAMIC WORKSHOPS

During the summer, Lorène Herrero offers several ceramic workshops. Different workshops: clay work, glazing, pot decoration... All levels adults & children (from 4 years old).



Lorène HERRERO (graduate of the Beaux Arts)
+ 33 6 09 41 52 61
www.loreneh.com

WOOD CARVING

Come and develop your creative competence by learning bas-relief.



From 21/06 to 09/09
9am to 12pm and/or 2pm to 5pm,
from Tuesday to Friday



40€/ 1/2 day 80€/ day
Material is provided.
From 11 years old minimum



+ 33 6 24 05 11 00
Claude VIAL
vialclaude@yahoo.fr

A feeling of well-being

NAIL CARE

Enter the colourful world of varnishes. Application of semi-permanent or classic varnishes.



442 rue des Perrières
Champagny Village



Every day except Sunday - by appointment



35€ semi-permanent varnish
35€ Brazilian pedicure or manicure



+ 33 6 78 01 03 77
Cathy Nails

www.massage-vanoise.com

YOGA

(Re)discover the benefits of Yoga with Gaëlle your teacher.



Presbytery garden (at the "Club de l'Amitié" if bad weather)
Champagny Village



11/07 to 29/08, every Monday
from 6.30pm to 7.30 pm



12€/adult (minimum 6 pers.)
Take your carpet or beach towel



Booking by SMS + 33 6 10 62 27 57
indicating first name, surname &
Champagny
www.soyogaellv.fr

Special Kids...

Creative workshop
"Explor'acteur nature"
→ see page 13

Ô DES CIMES SPA & WELLNESS

In a warm and refined atmosphere, relax with a personalised face and/or body treatment with Codage products.

Your children - from 6 years old - can also enjoy a sweet and tasty massage with the Made in France products of the Nougatine brand.



Résidence les Alpes de Champagny
La Piat - Champagny Village



+ 33 4 79 22 21 20
alpages@cgh-residences.com
www.odescimes.com

WELLNESS MESSAGES

Sports or relaxing massages.



442 rue des Perrières
Champagny Village



Every day except Sunday
by appointment



Californian massage : 65€/hour
Back massage : 35€/ 1/2 hour
Balinese massage : 35€/ 1/2 hour
Chinese massage and Tibetan
bowls : 70€
Foot reflexology : 65€/hour



Catherine SACHE
+ 33 6 78 01 03 77
www.massage-vanoise.com

HARMONY & WELL-BEING

Wellness massage based on several techniques: shiatsu, Korean relaxation, Californian, foot reflexology, tai, Swedish...



Espace loisirs Piscine - Spa
Champagny Village



Every day by appointment



Comfort massage 1h15: 80€
Energy massage 1h30: 100€
Learning workshop on wellness
massage 2 hours: 120€/ 2 pers.



Rollande RENAUD - Certified
practitioner in touch techniques
+ 33 6 87 55 66 22
harmonietbienetre@orange.fr



SPA & RELAXATION AREA OF THE POOL

SPA area of 250m² with 2 sauna cabins, hammam, spa with hot and cold baths and a large relaxation lounge.



Espace loisirs
Champagny Village



13/06 to 07/07 & 01/09 to 15/09:
every day, from 12.30pm to 6pm
08/07 to 31/08:
every day, from 4pm to 7.30pm
Open at 2.30 pm if bad weather



Spa and swimming pool (from 16 years old, and accompanied by an adult for minors).
1 entry: 15€.



+ 33 4 79 22 06 75

SWIMMING POOL

Outdoor swimming pool with heated water: a leisure pool, 2 lines of water of 25 metres and a paddling pool separate from the main pool. Swimming lessons & aquagym.



Espace loisirs
Champagny Village



13/06 to 07/07 & 01/09 to 15/09,
every day from 12.30pm to 6pm
08/07 to 31/08,
every day from 10am to 7.30pm



Admission: 6,50€/adult 5€/child* & senior*
Children under 6 years: free
10 tickets card:
50€/adult 40€/child* & senior*
Season card:
60€/adult 40€/child* & senior*
Annual card:
110€/adult 80€/child* & senior*
*child (6 to 14 years) & senior (+ 70 years)
SPA extension: 8,50€



+ 33 4 79 22 06 75

TRANSPORTS



Access - transports

RAILWAY / RESORTS LINKS

Information & tickets online
www.cars-region-savoie.fr/home
 or + 33 4 79 75 36 13.
 Time sheets at the tourist office
 Champagny - Moûtiers (bus station / railway)
 One way: 12€/pers
 8,40€ /pers. under 26 years old
 Return: 20€/pers
 14€ /pers. under 26 years old
 Champagny - Pralognan la Vanoise or
 Champagny - Bozel
 4€/pers Return: 7€/pers
 3€/pers. under 26 years old
 Champagny - Brides-les-Bains
 8€/pers. Return: 13,50€/pers
 6€/pers. under 26 years old

TAXIS, MINIBUS, CARS

Dunand Vanoise Voyages
 + 33 4 79 55 05 28 / + 33 6 11 40 52 53

CAR RENTAL (Moûtiers 18km)

Avis + 33 4 79 24 01 55
 Europcar + 33 4 79 24 09 72
 Hertz + 33 4 79 24 07 75
 Lerat + 33 4 79 55 00 32

AIRPORTS

Lyon St Exupéry (180km)
 + 33 826 200 826
 Genève Cointrin (140km)
 + 41 227 17 7 111
 Chambéry / Aix les Bains (100km)
 + 33 4 79 54 49 66
 Grenoble Isère (174km)
 + 33 4 76 65 48 48

PETROL STATION 24H/24

- Bozel (5km)
 - Le Carrey (Courchevel crossroad, 8km)
 - Pralognan la Vanoise (10km)
 - Moûtiers (18km)

GARAGES

- **Bozel (5 km):**
 Gerfaux/Picon + 33 4 79 55 03 31
 Grand Bec + 33 4 79 22 14 93
 Vanoise Automobile + 33 4 79 22 01 54
 - **Carrey (8km):**
 Grand Pont + 33 4 79 55 35 21
 - Pralognan (10 km):
 Garage de la Rossa + 33 4 79 08 73 28

SERVICES

Tourist office + 33 4 79 55 06 55
 Facebook : Champagny en Vanoise

ADMINISTRATIVE SERVICES

Town hall + 33 4 79 55 03 80
 Monday to Thursday: 8am-12pm & 2pm-6pm
 Friday: 8am-12pm & 2pm-5pm

Post office + 33 (0)4 79 55 02 79
 Monday to Thursday: 8am-12pm & 2pm-5pm
 Friday: 8am-12pm & 2pm-4.30pm
 Last post collected: Monday to Friday at 12pm

BANKING SERVICES

Cahspoint / ATM 24h/24
 Champagny:
 Le Reclaz & SHERPA minimarket (La Traverse)
 Bozel (5km)

Banks (Bozel -5km) :
 - Crédit Agricole + 33 4 79 44 60 08
 - Banque de Savoie + 33 4 79 55 01 08
 - Banque Postale

EMERGENCY SERVICES

- Medical centre 24h/24 - Moûtiers (18km)
 + 33 4 79 09 60 60
 - Albertville hospital (45km)
 + 33 4 79 89 55 55
 - Medical emergencies (European call) 112
 - Deaf and hearing impaired emergency 114
 - Poison control centre in Lyon
 + 33 4 72 11 69 11
 - Fire department 18
 - All night doctor 15
 - All night pharmacy 3237

SECURITY

Police (Moûtiers, 18km) + 33 4 79 24 00 15

INFORMATION

Mountain forecast + 33 8 99 71 02 73

PRATICAL



MEDICAL SERVICES

- **Medical centre**
 Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55
 D' PORTUGAL + 33 (0)4 79 22 09 08
 Pralognan la Vanoise (10km)
 D' FRANCOZ + 33 (0)4 79 08 75 61

- **Dentists**
 Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55
 Mrs SOLVET GARREAU + 33 (0)4 79 01 11 19

- **Nurses**
 Mrs Maryse SOUVY + 33 6 12 73 61 90
 + 33 4 79 55 05 10
 Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55

- **Physiotherapist - osteopath**
 M. SEROT + 33 (0)4 79 22 61 40

- **Pedicure - chiropodist** + 33 6 15 43 31 74
 Viviane MESLIN, on appointment & home consultations.

- **Optician**
 Bozel (5km) Bozel Optique + 33 4 79 41 95 12

- **Pharmacies**
 - Bozel (5 km) + 33 4 79 22 19 20
 Monday to Saturday: 9am-12pm /2pm-7pm
 - Pralognan (10 km) + 33 4 79 08 71 61
 July & August: Monday to Friday: 9am-12.30pm/3pm-7pm
 Saturday & Sunday: 10am-12.30pm/4pm-7pm
 - Chemist on duty: see display at the tourist office or call 3237

VETERINARIES CLINICS

Bozel (5 km) + 33 4 79 22 09 51
 La Perrière (9 km) + 33 4 79 41 95 36
 Moûtiers (18 km) + 33 4 79 24 01 76

S.n.c.f

Information and reservation on:
www.oui-sncf.com or call 3635



PRACTICAL

- **Press** (regional newspaper): SHERPA grocery

- **Laundry**: self-service at the residence "Alpages de Champagny" (tokens on sale at reception):

5€ / machine 1€ / laundry
4€ / tumble dryer

- **Internet** :

- "Internet Ici" terminal from 3€ for a 30-minute connection at the tourist office.

- Wifi: 30mn of free wifi per day in / in front of the tourist office, network "OT La Plagne".

- Network in the village "Internet Ici" from 5€/day.

Le Code Bar, Le Grand Bouquetin and Refuge de le Bois: free Wifi for their customers.

- Hippocket Wifi: rental per day (7€) or more (decreasing price) at the tourist office.

High speed wifi network (up to 10 devices connected simultaneously). Payment by credit card only.

- **Toutounet** : dog dropping bags dispensers at your disposal in Champagny Village and Champagny le Haut.

LOCAL MARKETS

Sale of fruits and vegetables from La Drôme, every Tuesday in the centre of Champagny en Vanoise

Close to Champagny en Vanoise:

- **Monday**: La Léchère les Bains (25km), morning

- **Tuesday**: Pralognan la Vanoise (10km), all day
Moutiers (18km), morning

- **Wednesday**: Brides les Bains (12km), morning

- **Thursday**: Bozel (small market - 5km), morning
Albertville (45km) (2 markets: food market & clothing market), morning

- **Friday**: Pralognan la Vanoise (10km), all day
Moutiers (18km), morning

- **Saturday**: Aigueblanche (21km), morning
Albertville (45km), morning

ENVIRONMENT

ECO-CITIZEN

Several waste collection points, identifiable on the Champagny en Vanoise map as well as flyers on water & waste sorting at your disposal.



Free village map and flyers



Tourist office + 33 4 79 55 06 55
info.champagny@la-plagne.com
www.champagny.com

RECYCLING

Point recycling of used batteries.



SHERPA minimarket
Champagny Village

ACCOMMODATION

HOTEL

Les Glières*** + 33 4 79 55 05 62

SELF-CATERING ACCOMMODATION

Club Alpina** + 33 4 79 55 04 59

CGH résidence & Spa Les Alpages de
Champagny**** + 33 4 79 22 21 20

REAL ESTATE AGENCIES

Champagny Agence by Roc Blanc
+ 33 4 79 55 05 77

GSI Immobilier - Les Terrasses de la Vanoise
+ 33 4 79 22 84 08

RESIDENTIAL HOTELS

Chalets du Bouquetin + 33 4 79 55 01 13

Les Balcons Étoilés + 33 4 79 55 05 77

Résidence les Edelweiss + 33 4 79 55 04 71

Les Terrasses de la Vanoise + 33 4 79 22 84 08

REFUGE

Refuge de la Porte du Bois (P.N.V) + 33 4 79 55 05 79

CAMPSITE

Le Canada + 33 4 79 55 03 41

FURNISHED ACCOMMODATION & GÎTES

La Plagne Resort + 33 4 79 09 79 79
www.laplagneresort.com

REAL ESTATE DEVELOPER

Terrésens + 33 4 72 14 66 60



SHOPS

Bakery - cakes & chocolate

Marmottine + 33 4 79 55 07 10

Hair dresser

Coiffeur Création + 33 4 79 01 19 96

Sport shops

Belvédère Sports / Sport 2000 + 33 4 79 55 05 45

Intersport + 33 4 79 55 07 36

Skimium + 33 4 79 55 07 40

Ski Set / Ski shop Vanoise + 33 4 79 55 05 92

Regional products - wines

La Fruitière + 33 9 67 48 11 26

Le Schuss Gourmand + 33 4 57 37 88 14

Gifts - souvenirs

La Lézardière + 33 4 57 37 88 14

Grocery

Sherpa + 33 4 79 22 17 88

Laundry

Blanchisserie Alpine + 33 4 79 06 55 01

RESTAURANTS / BARS

VILLAGE

Alpina + 33 4 79 22 57 96

Barillon + 33 4 79 55 05 30

Glières + 33 4 79 55 05 52

Grand Bouquetin + 33 4 79 22 05 59

CHAMPAGNY LE HAUT

Refuge du Bois + 33 4 79 55 05 79

ON THE MOUNTAIN PASTURES

Chalet des Verdons Sud + 33 6 13 10 33 31

La Rossa + 33 4 79 08 28 03



TRADMEN & BUSINESSES

Commercial real estate agent

Mrs Catherine Lesourd + 33 6 84 99 95 03

Carpentry

SOSAMEC + 33 4 79 55 05 81

Concierge service

Harmony conciergerie + 33 6 66 40 03 61

Graphic design

Dinézine Design + 33 6 84 35 38 86

Electrician

Millot Julien Électricité + 33 6 21 73 90 82

PHENE SAS (low carbon strategy & awareness of energy & climate issues | Energy transition | Ecological transition | Business advice - Carbon footprint®) + 33 6 87 28 20 04

Photographer

Nomad Photographie + 33 6 36 13 92 24

Renovation & decoration

SARL Toussaint Décoration + 33 6 15 85 53 29

Transport

Dunand Vanoise Voyages + 33 6 11 40 52 53

Water installation work

SARL ARINA + 33 6 22 98 51 64

ASSOCIATIONS

A.A.P.P.M.A La Gaule Tarine

(Association pour la pêche & la protection du milieu aquatique)

A.L.C.S (Leisure Culture Sports Association)

Mrs Véronique Tatoud
alcs.champagny@yahoo.fr

Champagny mountain painter workshops

Mrs Jacqueline Genier
jacottiegeniez@free.fr

Champagny Glace Montagne

(Ice climbing)
Mr Denis Tatoud + 33 6 37 35 48 75

Senior citizens'club

Mr Jacky Vassard
clubamitiechampagny@orange.fr

Village Feast Day (Champagny Village)

Mrs Juliette Ruffier des Aimes + 33 6 62 82 24 72

Village Feast Day (Champagny le Haut)

Mr Corentin Gros

Gorzderette

(The multi-activity "Frosted Tournament")
Miss Julie Monnet www.gzd.fr

Grand Bec Événements (Nordic ski race)

Mr Arnaud Ruffier des Aimes
www.marathondugrandbec.com

Champagny ski club

Mrs Stéfany Moenne-Loccoz
www.skiclubchampagny.com

Champagny-Bozel cross country club

Mrs Manon Simille
www.club-skidefond-bozel.jimdo.com

Sou des Écoles

Mrs Clémentine Latuillère
soudesecoleschampagny@gmail.com

Tarahumara Spirit

Dr. Salmon
tarahumaraspirt.org

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WINTER

**SKI AREA
FULL OPENING
LA PLAGNE & PARADISKI**

17TH DECEMBER



425 KM

of runs – in the Paradiski® area

323 HECTARES

of snow-covered runs

130 SKI LIFTS

264 SKI RUNS

36 black - 79 red

137 blue - 12 green

5 «NATURE» TRAILS

secure but ungroomed itineraries at high altitude

NORDIC AREA

Cross-country area, pedestrian/snowshoe itineraries,
dog sledding, horse riding / ski joëring,
toboggan run & glacier museum

The only resort in France with its own

ICE CLIMBING TOWER

**24-metre high
artificial structure**



PuyduFou®

les
émotions
sont
éternelles.

Après la Plagne, votre aventure continue sur
puydufou.com