

## LAPLAGNERESORT.COM

TRAVEL AGENCY

### Book your holiday in La Plagne directly through our on-line travel agency.

A single address for all your holiday needs: www.laplagneresort.com

- Accommodation
- Transport (train & plane) & transfers
- Ski Pass
- Activities
- Ski lessons
- Equipment rental

A LA PLAGNE EXCLUSIVE!













### LA GRANDE PLAGNE **TOURIST OFFICE**

Tel: + 33 4 79 09 02 01 info@la-plagne.com

### LA PLAGNE RESORT

Tel: + 33 4 79 09 79 79 info@laplagneresort.com www.laplagneresort.com









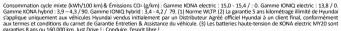


# **CHAMPAGNY EN VANOISE**

The guide for your holidays WINTER 2020/2021











CHAMBERY | ALBERTVILLE | ECHIROLLES SEYNOD | VILLE LA GRAND

04 201 01 201 WWW.JEANLAIN.COM





















PuyduFou.

















### An unforgettable holiday, this year more than ever

This winter, the pleasure of seeing you will be even greater than in previous seasons.

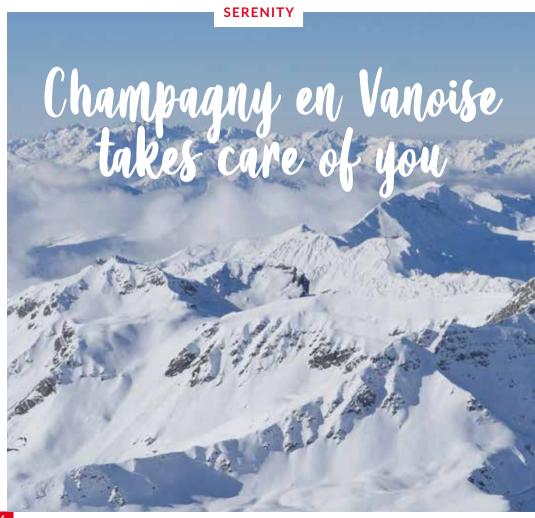
We cannot wait to see you racing down the slopes with your friends and family and are already imagining you around the table enjoying a fondue or a raclette made with local products, or watching the progress of your children who will be taking a snowflake or star badge home at the end of the holiday.

For those of us whose job it is to craft and create your holiday and whose main aim is to welcome you here to share our love of the mountains, it will be a great moment when we are able to open our doors once again.

It is with real feeling that we say to you:

- Thank you for trusting us and letting us help to create your memories
- Thank you for sharing all these moments with us.
- Thank you for coming (back) to see us...

You are at home here.



Because your holiday should be a serene, stress-free time, the resort of Champagny en Vanoise and all the professionals you will be in contact with here, have put in place the appropriate procedures to ensure your health and safety.

All the necessary provisions are in place so that everyone can enjoy their stay to the full, with the barrier gestures as our priority.

# We would ask everyone to follow the rules that we have all already adopted



Face masks must be worn



Surfaces and equipment disinfected



Hand sanitizer gel at your disposal



Seated service only



Tables at least 1 metre apart or a fixed or movable barrier to ensure physical separation

### La Plagne, a certified resort

From the spring of 2020, La Plagne opted to request the validation of all of its actions guaranteeing the health and safety of its visitors. Its provisions were therefore audited and certified by Afnor.

La Plagne now has the **«COVID-19 health measures»** label.

All the latest information on the health standards is online on the Covid-19 page of our website www.champagny.com.





# Tourist office of La Plagne Champagny en Vanoise



Le Centre Champagny en Vanoise



Monday, Tuesday, Thursday & Saturday: 9am - 12.30pm / 2.30 - 6.30pm

Friday:

9.30am - 12.30pm / 2.30 - 6.30pm Sunday (during French holidays): 9am - 12.30pm / 2.30 - 7pm

Public holiday & Sunday (except French holidays): 9am-12pm / 3-6.30pm



Tel: +33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com







### Our services

- 30mn free wifi connection per day - Hippocket wifi box rental by the day and
- more: private high speed wifi network.
- Photocopies and scanning
- Booking and bus tickets
- Lost and found

### At your disposal

- Weather information, tracks opening.
- Weekly entertainment program
- Map of the alpine and cross-country ski
- slopes, snowshoes
- Information screens to make sure you don't miss anything

### Also...

- Gift shop
- Sale of I.G.N. card, topo card

#### SOCIAL NETWORKS

Find us on social networks to follow our live videos and not miss any pictures or information of the resort.

### Share your best memories in La Plagne



Facebook Champagny en Vanoise



Twitter/Periscope : @LaPlagne



Instagram : la\_plagne



You tube: La Plagne TV

### PARADISKI YUGE

The Paradiski YUGE app involves you 200 % in your holiday.

Discover a wide range of functions: an interactive map, a resort guide, bus times, weather conditions, waiting time at lifts, ski performance and classification, recharging your ski pass, personal recommendations and much more!



CHAMPAGNY

970 EN VANOISE



Champagny en Vanoise will be celebrating 50 years of unforgettable memories and will launching the next 50 years of emotions to be experienced by future generations.

Come and celebrate this mountain heritage with us.









### **Events**

### CHAMPAGNY EN VANOISE CELEBRATES 50 YEARS OF CONNECTION WITH LA PLAGNE

Winter 1970/71: the elected representatives of the village chose to create a chairlift link with the La Plagne ski area! It marks the starting point of a real tourist boom. To celebrate this event. animations and surprises punctuate this winter season...







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### CHRISTMAS ATMOSPHERE

The magic of Christmas settles in Champagny en Vanoise. Father Christmas will be there! Strolls, music and jugalers animate the centre of the village.

Snow front - Center square Champagny Village



### **NEW YEAR'EVE PARTY**

To celebrate the New Year, we have concocted some surprises to fill vour eves...

Snow front - Center square Champagny Village





+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

#### LES FILMS D'EN HAUT

Discover the world from above through Mountain Film screenings and meetings. Programming of Glacialis museum.

Le Rhodo cinema - Le Centre Champagny Village





Free



+ 33 (0)4 79 01 40 28 www.espaceglacialis.fr

#### THE RAVETHUS RACE

Ski touring race by night, part of La Plaane Challenae. New. 2 formulas: leisure (2.5km & 350 vertical drop), competition (6.5km & 670 vertical drop). These 2 courses are exclusively off-piste Hot meal at the finish. Open to all (depending on



The slalom stadium (1900m)



category).

January 9th, 2021 From 10am



Leisure option: 7€ Tournament option: 12€



+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagnv.com



### LA PLAGNE ICE FESTIVAL

Three daus of climbing during which the world's best athletes will face an ultimate route. the most difficult in the world. Challenges and prowess, both technical and physical, will be accompanied by debates and conferences.

Opening ceremony on Friday evening in the village of Champagny to eniou a moment of conviviality and celebration representative of the alpine club spirit.



Le Canada Champagny le Haut



January 22nd to 24th, 2021



Spectator access: Free

### LA GORZDERETTE THE «FROSTED TOURNAMENT»

Relax. it'll be alriaht! A unique event, unusual and now leaendary!

Multi-tournament (ice climbing, roped route, hay luge, Nordic skiina event & surprise) around the tower of ice which brings together more than 300 teams of 2 people. Open to everyone.



Le Canada Champagny le Haut



January 29th, 30th & 31st, 2021



40€/pers. (or 45€/pers. from 15/01)



gorzderette@gmail.com www.gorzderette.com

### SHROVE TUESDAY -CARNIVAL

Great day of festivities on the theme of pirates: entertainment. make-up, show.

Sale of cakes, sweets & drinks for the benefit of the association to overcome cystic fibrosis...



Center Square Champagny Village



Frebruary 16th, 2021



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### **Events**

# FRENCH MASTER CHAMPIONSHIP

Come and cheer on the champions at the 2 national Nordic skiing events. 20/02 : classic ski races 21/02 : skating races.



Nordic area Champagny le Haut



February 20th & 21st, 2021



Spectator access: Free

#### MARATHON DU GRAND BEC

On Champagny-le-Haut valley, national and popular Nordic ski race in free style (classic or skate skiing) on several distances: 42km, 21km, 10km, 5km, 3km and 1,5km for the youngest. Race registered in the national calendar of the French Ski Federation.



Nordic area Champagny le Haut



Spectator access: Free



+ 33 (0)4 79 55 06 55 www.marathondugrandbec.com

### **NORDIC DERBY BY NIGHT**

Friendly skiing race taking place in the dark. Supplies offered! Maximum distance (depending on category): 4km.
Open to everyone, adults & children, licensed or not.
Awards for each category.



Nordic area Champagny le Haut



February 27th, 2021 In the evening



Free to 6€, depending on age



+ 33 (0)4 79 22 12 74 www.champagny.com

### EASTER

In the village, egg hunt open to children from 3 to 10 years old.



Champagny Village



April 5th, 2021



2€/ child



+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

### SUPER SLALOM

Participate in a free slalom in Champagny. Challenge your friends or family to a slalom confrontation on the Rossa slope. On the program: yellow and black pickets, music and good mood. Slalom open to all!



Rossa slope



April 6th, 2021



Free

ā

+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com







SKIPASS

From 19/12/2020 to 23/04/2021 For other dates, see all our prices on www.skipass-laplagne.com

### FORFAIT PARADISKI"

# FORFAIT LA PLAGNE®

1 day

Adult 13/64 years

62<sup>€</sup>/pers.

Child 5/12 years (2) **50**€ /pers

6 days

Adult 13/64 years

Child 5/12 years (2)

1 day

Adult 13/64 years

Child 5/12 years (2)

6 days

Adult 13/64 years

276€/pers.

Child 5/12 years (2)

### per pass on first purchase for compulsory ski card, rechargeable and non-refundable

(0) + €1 per pass on first purchase for compulsory ski card, rechargeable and (2) For child, senior and family reductions proof of age must be provided at

### FORFAIT VILLAGE (1)

Champagny ou Montalbert ou Montchavin

1 day adult 13 - 64 years

1 day child 5 - 12 years or senior 65 - 74 years(2)





LESPACKS >>>>>>>>







((((((((

### Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days.

DUO: Save €10 on each of the two passes in TRIBU: Save €15 per pass making up the pack. the pack. 2 people of any age group (adults/ children/or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in purchased with payment made in full in one one transaction for identical ski passes (same duration and ski area).

3 people of any age group (adults/children/ or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days transaction for identical ski passes (same du-nimum of 2 persons aged 5 to 17 years. ration and ski area).

FAMILLE: Save €30 per pass making up the pack. When purchasing 4 ski passes in the same transaction (a minimum of 6 days of the same duration and within the same ski area). including 2 persons aged 13-74 years and a mi-



La Plagne gives you a free 1/2 day skiing!



### The loyalty programme: get your fill of benefits!

points you earn. Enter your ski pass number in your with points for each purchase, whether it's online or in resort. You can then exchange your points for gifts. exclusive meetings to share current news and dis-

sign up on www.edenski.com



### French Ski School 6



Whatever your age and level, the ESF instructors offer you alpine ski, cross country skiing, snowboarding, freestyle, telemark, off-piste, ski touring ... in group lessons, courses, private tuitions or private lessons.

#### FRENCH SKI SCHOOL



Planchamp Champagny Village



+ 33 (0)4 79 55 06 40 info@esf-champagny.com www.esf-champagny.com

### ALPINE SKIING, CROSS-COUNTRY & SNOWBOARDING GROUP LESSONS

The ESF of Champagny offers a wide choice of courses for children (from 3 years old) / teenagers (from 13 years old).



Alpine skiing: from 130€/ pers. 6 ½ days Cross-country: 110€/ pers. 5 ½ days Snowboarding: from 180€/ pers. 6 ½ days

### PRIVATE LESSONS

In the discipline of your choice: alpine, cross, snowboard, telemark, snowscoot ... I or 2 people, it is the choice of a personalized teaching.



From 46€/hour.

### GROUP LESSONS + SKI PASS

Enjoy a special rate with the formula: group lessons + ski pass. Only for beginner level: 1st star/1st Class / 1st Snowboard.



From 213€ / week

#### TELEMARK

Are you attracted by the aesthetics and gestures of telemark, or simply curious to tru this sport?



From 46€ in private lesson

# SKI OPEN - FLÈCHE & CHAMOIS

Participate in a real ski race on the timed Champagny slalom. Your performance will allow you to integrate the national ranking «open ski» of the ESF.



Flèche: Thursday at 1pm Chamois: Friday at 1pm. Only during the Christmas & February French holidays



8€ / booking

### **PRIVATE TUITION**

Ski with «your» instructor for courses to suit all demands (technique, discovery area, ski with family or friends, free ride, ski touring ...)



From 115€ / 2h tuition (from 1 to 5 pers.)

#### TEAM RIDER COURSE

Skiing in its most varied forms (children/teens)
An alternative to the competition and freestyle for young skiers who had their golden star. The content of this group lesson is also defined according to the expectations of young people (track, carving, technique, free ride, snow park, "feche" or "chamois" ...)



Only during the Christmas & February French holidays



From 190€ / pers. 6 half-days Required level: «gold star»

### FREESTYLE CAMP COURSE

For unforgettable moments in the E.S.F or La Plagne snowpark. On skis or snowboard, it is the insurance to learn or improve in maximum security conditions and discover new sensations. Try: Backcountry, snowpark (big air, box, kicks, rails, air bag ...), flat ...



Only during the Christmas & February Frech holidays



235€/pers. 6 <sup>1</sup>/<sub>2</sub> days minimum level: « étoile de bronze » & « 2<sup>nd</sup> snowboard»

### **COMPETITION COURSE**

An intensive course in 4 hours per on the week day when it sharpens for Flèche and Chamois



Only during the Christmas & February French holidays

250€ / pers.

### BIATHLON

Family, friends, come and try Nordic skiing combined with shooting sports in safe and fun way



Snow front Champagny Village



Every Tuesday evening 10€/session (1 hour).



From 7 years old

ESF + 33 0(4) 79 55 06 40
info@esf-champagny.com
www.esf-champagny.com

### SKI CHAIR & HANDISKI

FRENCH SKI SCHOOL

Non-skier? Explore the ski area accompanied by an instructor and comfortably seated in a «ski chair».

For people with impaired or blind vision, reduced mobility or mental health problems, the instructors teach alpine and cross-country skiina lessons.

Specialized Tandem and Dual ski equipment is used to allow the practice of skiing in the best conditions.



From 30€ / ¹/₂ hour (ski pass not including)

5 pers.) Required level: «gold star»



# Rental of ski & equipment

- Alpine ski & shoes (1) (2) (3) (4) (5) (6)
- Mini-skis (1) (2) (3) (4) (5) (6)
- Snowboard ski & shoes (1) (2) (3) (4) (5) (6)
- Cross country ski & shoes (2) (3) (4) (5) (6)
- Ski touring ski & shoes (2) (5) (6)
- Security pack (shovel-probe-DVA) (2) (5) (6)
- Snowshoes (1) (2) (3) (4) (5) (6)
- Snowscoot (1) (3) (6)
- Sledge (1) (2) (3) (4) (5) (6)
- Baby carrier (2) (3) (4) (6)
- Pushchair (2) (3) (6)

### (1) Alpina Ski Shop

+ 33 (0)4 79 01 06 30 www.belvedere-sports.sport2000.fr

### (2) Belvédère Sports - Sport 2000

+ 33 (0)4 79 55 05 45 www.belvedere-sports.sport2000.fr

### (3) Champagny Sport

+ 33 (0)4 79 00 58 19 www.skiset.com/station-ski/champagny

### (4) Intersport

+ 33 (0)4 79 55 07 36 www.champagny.laplagne-intersport.com

### (5) Skimium

+ 33 (0)4 79 55 07 40 www.skimium.com

### (6) Ski Shop Vanoise - Ski Set + 33 (0)4 79 55 05 92

www.skiset.com/station-ski/champagny



## Ski touring & off-pistes

Conquer the peaks and discover panoramas to the strenght of legs by catching up with climbing skins the skiing down to the village: it's the ski touring.

# MARKED ROUTE «LA PORCIÈRE»

Start: Champagny village - 1250m Distance: 6km vertical drop: 930m (arrival: 2180m) View over the Grand Bec and the Vanoise glaciers.

Possibility downing by the red slope of the «Mont de la Guerre».

### **OFF-PISTES**

From off-pistes introduction to explore the most beautiful Plagne Paradiski itineraries.

Come and make your mark on the famous off-piste of the «Cul du Nant», the «Frêtes», the «Mont de la Guerre» but also the north face of Bellecôte, the Aiguille Rouge...

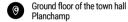
> Ski touring itineraries from resorts: TOPO available at the tourist office



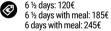
### Kids

### «LES CABRIS» NURSERY

From 18 months (from 3 months off French school holidays Christmas and February) to 6 vears - inside and outdoor activities, no ski,







+ 33 (0)4 79 55 05 37 info@esf-champagny.com www.esf-champagnv.com

### **BABY SITTERS**

A list is available at the Tourist Office.

+ 33 (0)4 79 55 06 55 + 33 (U)4 /9 55 05 55 info.champagny@la-plagne.com www.champagny.com

### «PIOU-PIOU» KINDERGARDEN

To learn to ski while having fun and discover the jovs of skiing. the Piou-Piou club welcomes the youngest (3 to 5 years old)

At the foot of the gondola (in front of the ESF desk) - Planchamp

Sunday to Friday

6 ½ days group lessons: from 130€

+ 33 (0)4 79 55 06 40 info@esf-champagny.com www.esf-champagnv.com

KIDS & THE ESF (see p. 14-15)

KID SLED (see p.21)

PONY SLED & PONY RIDE (see p.20)

### SLEDGE

Located close to the start of cross-country trails in Champagny le Haut, it is maintained and secure.

Le Bois Champagny le Haut

Everyday. Possible access by free shuttle bus (see page 32)

**②** Free

### COLORADO SI EDGE & snooc

To get the most out of your experience, ride more than 1500 meters on the Colorado slope

Colorado chairlift Plagne Centre

Everyday from 1.30pm (depending on snow conditions)

1 descent: 10€ 5 descents: 40€ Sledge and helmet provided, minimum size 1m40.

**FUN & CREATIVE** WORKSHOPS (see p. 25)





CEBE.COM

LA PLAGNE



### **Cross country area**

24kms of marked and maintained ski runs for those who love all types of crosscountry skiing in Champaany le Haut area.

22 reading signs on all the trails and presenting several subjects: wildlife, architecture, local life.

### **«NORDIC FRANCE» LABEL**

The cross country skiing areas of Sayov. including Champagny le Haut, are especially attached to the quality of the services offered to the clients

Besides the improvement of the slopes maintenance and marking out, they get down to develop the quality of the skiers' greeting. The cross country skiing area of Champagny le Haut is member of this label.

### more

Access by free shuttles: Champagny Village to Champagny le Haut (le Bois - Nordic area): information page 32.

With the purchase of a package 6 consecutive days Nordic area of Champagny, possibility to ski one day (during the validity of the ski pass) in the ralognan la Vanoise Nordic area.

### CROSS COUNTRY AREA

Le Bois Champagny le Haut



Passes on sale in the chalet at the starting point of the slopes «Le Bois» Free - 6 years and + 75 years old. - half-day pass (9am-1pm and 1-5pm) 7.50€

dav pass: 8.50€ /adult 5.70€ /child & senior\* week pass:

32€ /adult 17.50€ /child & senior\* Champagny season pass: 55€ /adult 30€ / child & senior\* - Day ticket 50% (person with departmental card): 4.60€

- Nordic National Pass: 210€ / adult 70€ /child\* Nordic Pass Savoie: 136€ /adult 50€ /child\*

\* child from 6 to 16 years) senior from 70 years old

+ 33 (0)4 79 22 12 74 champagny-le-haut@orange.fr www.champagnv.com

CROSS COUNTRY LESSONS (see p. 14)

### **Nordic Experience**

### SKI JOERING & HORSE RIDING

Activities for the whole familu. combining horse (and ponu!). snow and sliding. Come and discover new sensations with ski ioërina (towed skiing), pony sledding or an initiation followed by a ride or initiation to pony on the snow!

Le Bois

Champagny le Haut



Every day except Saturday.



Ski-joëring initiation (requires 2<sup>nd</sup> star level & from 9 / 10 years old) 35€ / 30mn

Horse riding: 35€/1 hour Ponv sled: 15€/15mn Introduction to the pony: 18€/30mn Stroll in hand: 15€/30mn

Le P'tit Ranch - Sophie BOEHLER + 33 (0)6 89 78 15 64 leptitranch73@gmail.com

### DOG SLEDDING

Mickaël, musher takes you for a sleigh ride (about 30mn) on the valley of Champaany le Haut with 1 team of 9 doas.



Le Bois Champagny le Haut



2 to 3 times a week (depending on snow conditions)



Booking required (limited places compulsory glove and mask) 50€/adult (12 and over) 30€/child (6 to 11 vrs) 16€/child (3 to 5 yrs)



+ 33 (0)4 79 55 06 55 www.champagnv.com

### KTD SLED

Apprentices mushers will be introduced and learn the basic technics on a sleigh pulled by 1 or 2 doas during 1 hour.

Champagny le Haut



Booking required (limited places compulsory glove and mask) 45€/child (from 8 to 12 vrs)

+ 33 (0)4 79 55 06 55 www.champagnv.com



### SELF SUFFICIENT CLIMBING ON THE ICE TOWER

Artificial structure of 24m high, offering various practical difficulties.

Le Canada Champagny le Haut

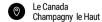
Everyday from 12pm to 4.30pm

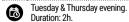
1/. day: 10.50€/adult 6€/teen Season: 70€/adult 35€/teen On sale at the cross country chalet:

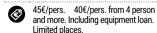
+ 33 (0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

# A GUIDE

Come and discover ice climbina on the superb ice tower with a high mountain guide. Alone, with family or friends, you will live an unforgettable «frosty» experience.









+ 33 (0)6 89 93 65 19 damiensouvy@orange.fr



or Damien SOUVY



### **Activities**

### AIR VANOISE PARAGLIDING

- On skis, start from the summit of Les Verdons
  - Every day according to ski lift schedules and weather conditions

Discovery flight (650m of altitude difference): 70€

- Intermediate flight: 100€ Big flight: 130€ Photo/video option on SD card.
- Antoine MERCIER + 33 (0)6 85 37 25 85 bytonio@hotmail.com www.air-vanoise.com

### «TTP TOP BLEU CIEL» PARAGLIDING

- On skis, start from the summit of La Rossa
- Every day according to ski lift schedules and weather conditions

Discovery flight (450m of altitude difference): 60€

- Big flight (1000m of altitude difference):
- Stéphane JOUBERT + 33 (0)6 84 81 28 05

### **DELLI: CAPTIVE HOT-AIR** BALLOON FLIGHT

An unforgettable activity... Held on the ground by ropes, the balloon rises, offering a breathtaking view over the valley of Champagny le Haut.

- Le Bois
  - Champagny le Haut
- - Every Thursday, from 2pm to 5pm
- 20€/adult 12€/child (6 to 12 yrs old) Duration: 5mn. Booking required (depends on
- weather conditions)
- Tourist Office + 33(0)4 79 55 06 55 info.champagny@la-plagne.com www.champagny.com

### **ESF PARAGLIDING**

ESF + 33 (0)4 79 55 06 40

### OLYMPIC ICE RINK

Created for the 1992 Olympic Games, the 30 x 60 m ice rink is one of the largest in the region. After a day of skiing, the pleasure of sliding continues with skates on, in the footsteps of Surua Bonalu. triple vicechampion of the world!

Ice Garden: for a gentle learning experience, a fun and protected area every Tuesday afternoon during the school holidays.

- Le Cristal Vanoise sports centre Pralognan la Vanoise (10 km)
- **6** 19/12 to 18/04, every day from 3pm Night-time 9pm - 11pm on Tuesday

Admission: 4.50€/adult 3,50€/ child (-13 years old) Free: child - 5 years old 34€/ 5 admissions card with ice

- skate rental Ice skate rental: 4€ 17€/ 5 admissions card without ice skate rental
- + 33 (0)4 79 08 74 88 www.pralognan.com

#### BOBSLEIGH TRACK

Olympic Bobsleigh track is 3 levels of sensations!

- La Roche 73210 Mâcot la Plagne
- - From 15/12/2020 to 02/04/2021
- Bob-raft: 48€/pers. Speed-luge: 112€/pers. Bob-racing: 128€/pers.
- + 33 (0)4 79 08 82 23 bobsleigh@la-plagne.com www.champagnv.com

### Walks

### **IBEX OBSERVATION**

With a quard from the Vanoise national Park, observation the ibexes with a telescope.

- Friburge (access by foot or snowshoes) Champagny le Haut
- 11. 18. 25/02 & 04/03, from 10am to 12pm Free (cancelled if bad weather)
- Tourist Office + 33(0)4 79 55 06 55 www.champagnv.com

### **WALKS & SNOWSHOES WALKS**

### Champagny Village:

3 itineraries in the forest with a dominant view over the village. Top of the gondola\*: snowshoes walk with remarkable

view over the alaciers. Champagny le Haut: 4 snowshoes walks and 2 walks on the valleu

> Free access. Sticks recommended. \* Pedestrian ticket: from 8€ / pers. by gondola.



Put on your snowshoes and discover the richness of Savou's heritage with an ESF instructor



From Monday to Friday.

Prices hikes (excluding equipment and transport) per person 2h:20€ 2h30:24€

3h:28€ 4h:36€ Night hikes with traditionnal meal 45€/pers. 30€/child (under 13 vrs)

ESF + 33 (0)4 79 55 06 40 info@esf-champagny.com www.esf-champagny.com

Walks & snowshoes walks: TOPO available at the tourist office

### ON THE TRACK OF THE GIANT OF ICE

**ACTIVITIES** 

2pm to 4pm, snowshoe outing with the ESF in Champagny le Haut, then from 4pm to 5pm. guided tour of the Espace Glacialis.



Champagny le Haut



Each Monday from 21/12 to 19/04 (depending on snow conditions)



22€/pers. (equipment rental not incuding)



Tourist office + 33 (0)4 79 55 06 55 Espace Glacialis + 33 (0)4 79 01 40 28 ESF + 33 (0)4 79 55 06 40 www.champagny.com



### Wellness

#### SHITMMING POOL & SPA

Covered and heated swimming pool, with two-part pool: - a playful pool

- two 25-metre water lines Separate children's pool from the main pool.

SPA area of 250m<sup>2</sup> with sauna. a hammam. a spa with hot and cold baths and a vast relaxation lounge with «experience» showers.

- Espace loisirs Champagny Village
- Every day from 18/12 to 25/04 from 2.30pm to 8pm. Spa on reservation
- Swimming pool admission: 6.50€/adult 5€/child (-15 years old) 10 admissions card: 50€/adult Season pass: 80€/adult

60€/child (-15 years old) Annual card:

110€/adult 80€/child (-15 years old)

Spa and swimming pool (from 16 years old, and accompanied by an adult for minors). Admission: 14€

10 admissions card: 125€ Season pass: 140€ Annual pass: 170€

### HARMONY & WELLNESS

Personalised care based on several techniques: Shiatsu. Korean relaxation, Californian, foot reflexology, Taï, Swedish, lympho-energy; with the help if needed of the Tacquier air bowl. Tibetan bowl and the Wai Qi lamp. More than 20 years of experience at your service!

Municipal swimming pool - Wellness area Champagny Village

Open all year round, by appointment

Comfort massage 1h15: 80€ Energy massage 1h45: 100€ Massage workshop 2h: 120€/2 pers. Detoxification & foot reflexology: 70€/1h Chi-machine: 40€/45mn

Rollande RENAUD + 33 (0)6 87 55 66 22 harmonietbienetre@orange.fr www.bienetre-massage.com

### Ô DES CIMES SPA AND WELLNESS

Bodu treatments and massages with the brand CODAGE and body massages from 6 years old with the brand BIO TOOTFRUIT (dedicated to the youngest). Tonic or relaxing wellness massage with the oil of your choice and various scents for a 30, 60 or 90 minute relaxation.

Les Alpages de Champagny - La Piat Champagny Village

+33 (0)4 79 22 21 20 www.alpages@cgh-residences.com

### WELLNESS MASSAGE

Les Perrières Champagny Village

Only by appointment.

Catherine SACHE +33 (0)6 78 01 03 77 www.massage-vanoise.com

#### CINEMA

Eniov an evening at the cinema. Ideally located and offering a diverse programme.

Le Centre Champagny Village



From 16/12 to 20/04 6 pm & additional session at 3pm in case of rain or snow (min. 5 pers.): every day except Saturday. 9pm: every day except Saturday during school holidays.

8€ /adult 4.50€ /- 14 years 35€ /6 admissions card 6.50€/student



+33 (0)9 67 26 12 73 Programm on the website: www.champagnv.com

#### LIBRARY

Wide choice of books & magazines for all with regular purchases of newly published novels. Reading space and readu.

- Ground floor of the village hall
- Monday and Friday from 6pm to 7pm Wednesday from 10am to 11.30am.
- Free: book loan. Deposit: 50€
- +33 (0)479221408

### BOXES OF BOOKS

Bu depositing or borrowing a book in a reading box, you give it a second life, while respecting the environment.

Ground floor of the village hall Town hall Tourist Office



Free



### **Fun & creative workshops**

### DIY (Do It Yourself)

For a real moment of relaxation. take part in the workshops. In collaboration with the Communauté de Communes Val Vanoise

Le Bois Champagny Village

> 09/02: Furoshiki workshop (the art of wrapping your gifts with fabric) 18/02: Tawashi workshop (create your own sponge with recycled fabric) 23/02 : creating a tote bag

Reservation required at the Tourist Office or at the Espace Glacialis. Limited number of places.

Free - For all, from 6 years old

+ 33 (0)4 79 01 40 28 or + 33 (0)4 79 55 06 55 www.espaceglacialis.fr

### **GLACIALIS IS FUN**

The Espace Glacialis offers creative & thematic workshops for children

Champagny Village

On 22, 29/12 16/02 - 2/03 13 & 20/04 Reservation required at the Tourist Office or at the Espace Glacialis. Limited number of places.

7€/child (from 6 to 12 years old)

+ 33 (0)4 79 01 40 28 or + 33 (0)4 79 55 06 55 www.espaceglacialis.fr

+33 (0)479220675



### **Espace Glacialis**

# VISIT OF THE «ESPACE GLACIALIS»

The theme of mountain glaciers is approached from several angles and the tools used are multiple (audiovisual, photographs, maps, models, objects).

It is dedicated to mountain glaciers, their mechanism and life.



21/12 to 23/04 From Monday to Friday, 2pm to 6pm

3€/ adult 1,50€ / child (6 - 13 yrs) Reduced rate : 2€ (student, unemployed))

Tourist office + 33 (0)4 79 55 06 55 Espace Glacialis + 33 (0)4 79 01 40 28 www.champagny.com

### «L'ÉCHO DES GLACIERS»

The glaciers will no longer hold any secrets for you thanks to the guided tour of the Espace Glacialis.

Each Thursday from 24/12 to 22/04 from 10am to 11.30am

4€ / adult 2€ / child (6 - 13 yrs) Reduced rate : 3€ (student, unemployed)

Reservation required, at least the day before

Office de tourisme + 33 4 79 55 06 55 Espace Glacialis + 33 4 79 01 40 28 www.champagny.com

Espace Glacialis & Galerie Hydraulica = 1 visited museaum, the second at a reduced rate!

# ON THE TRACK OF THE GIANTS OF ICE

2pm to 4pm, put on your snowshoes and set off for an easy outing to Champagny le Haut, in the company of an ESF instructor, then from 4pm to 5pm, guided tour of the Espace Glacialis.

O Champagny le Haut

Each Monday from 21/12 to 19/04 (depending on snow conditions)

22€/pers. (equipment rental not incuding)

Tourist office + 33 (0)4 79 55 06 55 Espace Glacialis + 33 (0)4 79 01 40 28 ESF + 33 (0)4 79 55 06 40 www.champagny.com

# Guided visits & discovery

# CHAMPAGNY UNDER THE STARS WITH TORCHES IN THE HAND

Take a walk through the village centre, from the traditional hamlet of Le Crey to the baroque church by torchlight.
An original and surprising visit with a guide from the Facim Foundation, a local art and history region.

22 & 29/12 from 5.30pm to 6.30pm 9, 17, 23/02 & 2/03 from 5.30pm to 7pm.

Booking at least the same day before 12pm (min. 5 pers.)

5€adult 3€/child (6 to 13 years old)

Tourist office + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com

# CHAMPAGNY LE HAUT, MOUNTAIN TALES AND

**FANTASY STORIES** 

With a guide, discover the Champagny le Haut valley, a classified site and let yourself be surprised by the art and way of life at altitude!

Le Bois Champagny le Haut

Tuesdays 13 & 20/04, from 2pm to 4pm
Booking at least the same day before 12pm (min. 5 pers.)

5€/adult 3€/child (6 to 13 years old)

Tourist office + 33 (0)4 79 55 06 55 info.champagny@la-plagne.com

### GALERIE HYDRAULICA

Drawing its strength from the heart of the mountains, hydroe-lectricity allowed an entire valley to enter into modernity and develop. An industrial adventure carried by the mountain people: an exciting visit!

**ACTIVITIES** 

Villard du Planay (8 km)

Open from 04/01 to 28/03, from Wednesday to Sunday, from 2pm to 6pm

Visit or guided tour on request.

3,50€/adult 2€/child (7 to 16 yrs) 3€/reduced price. Free - 7 yrs. 9€/Family Pass (2 adults + 2 children).

+ 33 (0)4 79 22 19 68 contact@galerie-hydraulica.com www.galerie-hydraulica.com

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### **ACCOMMODATION**

### **HOTELS**

Ancolie\*\*\* + 33 (0)4 79 55 05 00 Les Glières\*\*\* + 33 (0)4 79 55 05 52

### SELF-CATERING ACCOMMODATION

Club Alpina\*\* + 33 (0)4 79 55 04 59 CGH résidence & Spa Les Alpages de Champagny\*\*\*\* + 33 (0)4 79 22 21 20 Chalets du Bouquetin + 33 (0)4 79 55 01 13

#### REAL ESTATE AGENCY

Champagny Agence by Roc Blanc + 33 (0)4 79 55 05 77

#### REFUGE

Refuge de la Porte du Bois (P.N.V) + 33 (0)4 79 55 05 79

### **FURNISHED ACCOMMODATION & GITES**

www.laplagneresort.com

#### REAL ESTATE DEVELOPER

Les Terrasses de la Vanoise MJ Développement + 33 (0)6 18 34 15 38 Terrésens

+ 33 (0)4 72 14 66 50 / 0 800 880 880

### **RESTAURANTS / BARS**

#### VILLAGE

Alpenrose + 33 (0)4 79 55 05 00 Alpina + 33 (0)4 79 22 57 96 Barillon + 33 (0)4 79 55 05 30 Glières + 33 (0)4 79 55 05 52 Grand Bouquetin + 33 (0)4 79 22 05 59

### CHAMPAGNY LE HAUT

Refuge du Bois + 33 (0)4 79 55 05 79

#### ON THE SLOPES

Chalet des Verdons Sud

+ 33 (0)6 13 10 33 31 Roc des Blanchets

+ 33 (0)4 79 08 29 93

### **SHOPS**

### Bakery - chocolate factory

Marmottine + 33 (0)4 79 55 07 10

### Hairstyling

Coiffeur Création + 33 (0)4 79 01 19 96

### Sport shops

Alpina Ski Shop + 33 (0)4 79 01 06 30 Belvédère Sports / Sport 2000

+ 33 (0)4 79 55 05 45 Champagny Sport + 33 (0) 4 79 00 58 19 Skimium + 33 (0)4 79 55 07 40 Intersport + 33 (0)4 79 55 07 36 Monod sport / Sport Discount

+ 33 (0)4 79 09 05 81 Ski Set / Ski shop Vanoise

+ 33 (0)4 79 55 05 92

### Regional products - wines

Fruitière + 33 (0)9 67 48 11 26 Le Schuss Gourmand + 33 (0)4 57 37 88 14

### Souvenirs, gifts

La Lézardière + 33 (0)4 57 37 88 14

### Minimarket

Sherpa + 33 (0)4 79 22 17 88

### **CRAFTSMEN & COMPANIES**

### Carpentry

+ 33 (0)4 79 55 05 81 SOSAMEC

### Design produit & graphique

Dinézine Design + 33 (0)6 84 35 38 86

### Electricitu

Millot Julien Electricité + 33 (0)6 21 73 90 82

### Photographer

Nomad Photographie + 33 (0)6 36 13 92 24

### Laundru

Blanchisserie Alpine + 33 (0)6 09 44 61 35 / + 33 (0)4 79 01 06 34

### Real estate sales agent

Mrs Catherine Lesourd + 33 (0)6 84 99 95 03

### Renovation & decoration

SARI Toussaint Décoration 06 15 85 53 29

### Transport

Dunand Vanoise Voyages + 33 (0)6 11 40 52 53

### Water installation work

Sarl ARINA + 33 (0)6 22 98 51 64



#### A.A.P.P.M La Gaule Tarine (Fishing association & protection of the

aquatic environment)

A.L.C.S (Association Loisirs Culture Sports) MrsVéronique Tatoud alcs.champagny@gmail.com

### Atelier des peintres de Champagny

Mrs Jacqueline Genier jacottegeniez@free.fr

### Champaanu Glace Montaane

(Ice climbing race) M. Denis Tatoud 06 37 35 48 75

### Club de l'Amitié

M. Jacky Vassard clubamitiechampagny@orange.fr

Fête du Village (Champagny Village) Mrs Juliette Ruffier des Aimes 06 62 82 24 72

### La Gorzderette

(Le «Tournoi givré» multi-activités) Mrs Julie Monnet www.gorzderette.com

DIRECTORY

### Grand Bec Événements

(Cross country ski race) M. Arnaud Ruffier des Aimes www.marathondugrandbec.com

### Ski club Champagny

Mrs Stéfany Moenne-Loccoz www.skiclubchampagnv.com

### Ski club fond Champaany-Bozel

Mrs Manon Simille www.club-skidefond-bozel.jimdo.com

### Sou des Écoles

Mrs Magalie Chedal soudesecoleschampagnv@gmail.com

### Tarahumara Spirit

Dr. Salmon tarahumaraspirit.org



R'LA PLAGNE la radio station 94.9 - 101.5 Mhz & laradiostation.fr

- 7.30am to 10.30am LA MATINALE (information, ski condition, weather - 10.30am to 4pm LE GRAND'R (Just ski, we take care of the rest) - 4pm to 8pm HAPPY'R (evening good deals, interviews) - 8pm to 4am R'TIME (lounge, chill out and electro)

> Tel + 33 (0)4 79 09 10 00 Fax + 33 (0)4 79 09 11 44 rlaplagne@laradiostation.fr



### **PRACTICAL**

- Firewood: SHERPA minimarket.
- Press: SHERPA minimarket
- Laundry: self-service at the Alpages de Champagny residence (tokens on sale at reception):

5€ / machine 1€ / washing powder 4€ / tumble dryer.

#### - Internet:

- Wifi: 30mn of free wifi per day near the network tourist office «OT La Plagne». Internet lci» network from €3/30 min.
- Le Code Bar, Le Grand Bouquetin and Refuge de le Bois: Free Wifi for their customers.
- Hippocket Wifi: rental at the tourist office by the day or by the week.

High speed wifi network (up to 10 devices connected simultaneously). Payment in credit card only.

#### Lockers

- Luggage: on the ground floor of the Fruitière (the Centre) Lockers at €2, €3 & €6.
- Skis: at the top of the cable car & covered car park of the cable car (€2/cabinet). In the sports shops where you rent your equipment (except Monod Sport/Ski Discount).
- Snow shovels (in case of need to clear snow from your vehicle) and car start cable: available (against deposit) at the tourist office. Snow shovels (without deposit) at the Sherpa.
- Waste recycling centre (8km) + 33 (0)4 79 55 35 23

Located on the right just after the Carrey roundabout (towards Moûtiers).

Open: Monday to Saturday from 8am to 12pm 8.2pm to 5.30pm on Monday, Wednesday and Friday.

### **SERVICE**

**Tourist Office** + 33 (0)4 79 55 06 95 Facebook : Champagny en Vanoise

# ADMINISTRATIVE SERVICES

**Town hall** + 33 (0)4 79 55 03 80 Monday to Thursday: 8am-12pm and 2pm-6pm Friday: 8am-12pm and 2pm-5pm

Post Office + 33 (0)4 79 55 02 79 Monday to Thursday: 8am-12pm/2pm-5pm Friday: 8am-12pm/2pm-4.30pm Post collection: Monday to Friday 12pm

### **BANK SERVICES**

### cash dispensers

Champagny: le Reclaz, Bozel (5km), la Plagne resort (by ski)

### Banks (Bozel -5km):

- Crédit Agricole + 33 (0)4 79 44 60 08 - Banque de Savoie + 33 (0)4 79 55 01 08

### **EMERGENCY SERVICES**

- Medicalized Reception Centre

Moûtiers (18km) + 33 (0)4 79 09 60 60 - Albertville Intermunicipal Hospital (45km).

+ 33 (0)4 79 89 55 55

Medical emergencies (European call)
 Deaf and hard of hearing emergencies
 114

- Poison Control Centre Lyon + 33 (0)4 72 11 69 11

- Fire brigade 112/18

- On-call pharmacy 3237

### **SECURITY**

Police station (Moûtiers, 18km) + 33 (0)4 79 24 00 15 Safety of the slopes (alpine area)

+ 33 (0)4 79 09 67 60

### INFORMATION

- Snow - avalanche + 33 (0)8 92 68 10 20

- Mountain weather + 33 (0)8 99 71 02 73

### **MEDICAL SERVICES**

### Doctor's surgery

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Dr PORTUGAL + 33 (0)4 79 22 09 08 Pralognan la Vanoise (10km)

Forum Health centre + 33 (0)4 79 08 20 03 Lafarge Health centre + 33 (0)4 79 08 26 40

#### - Dentists

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Mrs SOLVET GARREAU + 33 (0)4 79 01 11 19

#### - Nurses

Mrs Maryse SOUVY + 33 (0)6 12 73 61 90 + 33 (0)4 79 55 05 10

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55 Monday to Friday: 8am to 8.30am & 6pm to 6.30pm, or by appointment

### - Physiotherapist - osteopath

Bozel (5km) Health Centre+ 33 (0)4 58 83 01 55

- **Podiatrist** + 33 (0) 6 15 43 31 74 Viviane MESLIN, D.E Paris. By appointment at the office and home.

### - Optician

Bozel (5km) Bozel Optique + 33 (0)4 79 41 95 12

PRACTICAL

#### - Pharmacies

- Bozel (5 km) + 33 (0)4 79 22 19 20 Monday to Saturday (excluding public holidays): 9am-12pm /2pm-7pm & Sunday on call: 10am-12am / 5pm-7pm

- Pralognan (10 km) + 33 (0)4 79 08 71 61 Mon. to Fri. 9am-12.30pm/3pm (2.30pm school holidays)-7pm. Saturday 9:30am-12:30pm/4pm-7pm, Sunday & holidays 10am-12:30pm/5pm (4pm school holidays)-7pm

- Plagne Centre & Plagne Bellecôte: by ski during the day

- Pharmacies on duty: display at the tourist office or call 3237

### **VETERINARY CLINICS**

Bozel (5 km) La Perrière (9 km) Moûtiers (18 km) + 33 (0)4 79 22 09 51 + 33 (0)4 79 41 95 36 + 33 (0)4 79 24 01 76

+33 (0)6 15 43 31 74

the office and home.

## **Shuttles at Champagny**

### SHUTTLE TO CHAMPAGNY **VILLAGE:**

Les Rochers, la Piat, Centre Station, le Planav, Côte Arbet, les Perrières, les Epinettes,

### **Champagny Village TO** Champagny le Haut (Le Bois -

Site nordique): multiple stops in Champagny le Bas (village Hall, the Centre / cable car, the Planay, Côte Arbet) and Champagny le Haut (the Couaz, Chiserette, le Bois).

Timetable & information at the tourist office

Time displayed at each stop.

The circulation of the shuttle is subject to the vagaries of the weather and road conditions. Tips: run for stops a few minutes before the time indicated: to signal the driver. Wait for delay. Free service for residents of Champagny (tourists and locals) and is not accessible to off-piste skiers arriving Champagny le Haut (which will have to book a taxi - Taxi DUNAND +33 (0)6 11 40 52 53)

CAUTION: The capacity of vehicule is limited. On some periods of overcrowding and time, the seat isn't guaranteed for everyone. Thank you for your understanding.



### LINKS RAILWAY / RESORTS

Information on www.mobisavoie.fr or on 0 820 205 330 (n°indigo). To confirm your return ticket, flash the code or go to booking Tourist Office (obligatory on Saturdays) - selling tickets at the Tourist

- Champagny - Moûtiers (railway station)

One way: 13.50€/pers

11,50€ /pers. - de 26 yrs

Return: 24.70€/pers

22.90€ /pers. - de 26 urs

Champagny - Pralognan la Vanoise or Champagny - Bozel

4,10€/pers 7,40€/pers. return

3,60€ /pers. - 26 yrs

Champagny - Brides-les-Bains 8,20€/pers. 14,90€/pers. return

7€ /pers. - 26 urs



### **TRAINS**

Information & booking:: www.oui-sncf.com or 3635



### TAXIS, MINIBUS, CARS

**Dunand Vanoise Voyages** 

+ 33 (0)4 79 55 05 28 / + 33 (0)6 11 40 52 53

### **CAR RENTAL** (moûtiers)

Avis + 33 (0)4 79 24 01 55 Europcar + 33 (0)4 79 24 09 72 + 33 (0)4 79 24 07 75 Hertz Lerat + 33 (0)4 79 55 00 32

### **AIRPORTS**

Lyon St Exupéry (180km) 0826 200 826 Genève Cointrin (140km)

00 41 227 17 7 111 Chambéru / Aix les Bains (100km)

+ 33 (0) 4 79 54 49 66 Grenoble Isère (174km)

+ 33 (0) 4 76 65 48 48

Bus links airport / resort: Information & booking 0 820 205 330

### **PETROL STATIONS** 24H/24

- Bozel (5km)
- Le Carreu (Courchevel junction, 8km)
- Pralognan la Vanoise (10km)
- Moûtiers (18km)

### GARAGES

### Bozel (5 km) :

Garage Gerfaux/Picon (+spécialiste Renault) + 33 (0)4 79 55 03 31

Garage du Grand Bec (+ agent Fiat) + 33 (0)4 79 22 14 93

Garage Vanoise Automobile + 33 (0)4 79 22 01 54

- Carrey (8km):

Garage du Grand Pont

+ 33 (0)4 79 55 35 21

- Pralognan (10 km):

Garage de la Rossa

+ 33 (0)4 79 08 73 28



Parking is free everywhere in Champagny en Vanoise, except in one of the covered parking. It may also be restricted so please ensure you comply with signage.

# PARKING IN BLUE ZONE

In the centre of Champagny, 2 parking zones limited to 1hr.

Parking disc for sale at the tourist office  $(2 \in)$ .

# Parking IN THE COVERED CAR PARKS

- Centre car park (access via the village centre): 150 spaces free covered car park (height limited to 2m).
- Gondola car park (access via Planchamp): 52 spaces paying covered car park.

Parking meter 7/7, 9am – 5pm.

1st hour free (ticket obligatory) ½ day (4hrs): 2€

Full day (8hrs): 4€ 7 days: 20€. Please make sure you have change as the machine does not accept credit cards

# Outdoor paying parking

Parking at the gondola (access via Planchamp, covered parking): 32 spaces. Same rates as the gondola car park.

# PARKING FOR DISABLED VISITORS with

a disabled badge Outdoor car parks:

1 space in the blue zone parking area -> Centre

1 space -> opposite the village hall

1 space -> opposite the gondola station

1 space -> Hauts du Crey car park Covered car park :

2 paying spaces -> Gondola car park

# route information practical advice

Check the weather forecast (at all the Information Points and in the Tourist Office or on the electronic notice boards in your resort) so you are aware of the road conditions when you set off. During the French school holidays the «Partir à la bonne heure» (Leave in good time) campaign will be posted up in the Tourist Office and the Information Points from the Thursday. This will recommend certain departure times in the light of the traffic flow anticipated by the Direction Départementale de l'Equipement de la Savoie (the departmental road authority). - In case of snow: consider clearing the snow from your car throughout the week so it doesn't get too hard. Don't forget to take the snow off the roof of vour car because if you brake sharply it could fall onto your windscreen. It is important to have chains (sold in the SHERPA mini-market in Champagny en Vanoise) or snow tires. Chain before your departure and unleash if possible on the areas provided for this purpose. Road traffic information:

+ 33 892 687 888 (24h/24)

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