



MONTCHAVIN - LES COCHES

Your holiday planner
WINTER 2020/2021



La Plagne, an endless
source of **energy** and
revitalization

GAMME HYUNDAI Blue Drive

Profitez des avantages
de la gamme de véhicules électrifiés
la plus large du marché.



Bonus écologique
et coûts d'entretien réduits



Garantie 5 ans
kilométrage illimité⁽²⁾



Garantie Batterie
8 ans ou 200 000km⁽³⁾

Electrique



Jusqu'à
449 km
Autonomie⁽¹⁾

Hybride 48 V



existe également en

Hybride rechargeable



Pas de branchement
se recharge en roulant

Hybride

Santa Fe
7 places

Consommation cycle mixte (kWh/100 km) & Emissions CO₂ (g/km) : Gamme KONA electric : 15,0 - 15,4 / : 0. Gamme IONIQ electric : 13,8 / 0. Gamme KONA hybrid : 3,9 - 4,3 / 90. Gamme IONIQ hybrid : 3,4 - 4,2 / 79. (1) Norme WLTP. (2) La garantie 5 ans kilométrage illimité de Hyundai s'applique uniquement aux véhicules Hyundai vendus initialement par un Distributeur Agréé officiel Hyundai à un client final, conformément aux termes et conditions du carnet de Garantie Entretien & Assistance du véhicule. (3) Les batteries haute-tension de KONA electric MY20 sont garanties 8 ans ou 160 000 km. Just Drive 1 : Conduire, l'esprit libre !



JeanLain

Just Drive !

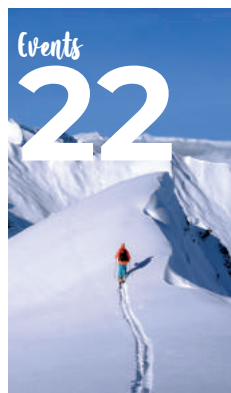
CHAMBERY | ALBERTVILLE | ECHIROLLES
SEYNOD | VILLE LA GRAND

04 201 01 201

WWW.JEANLAIN.COM



CONTENTS



La Plagne remercie ses partenaires





WELCOME



Tourist Offices Services

TOURIST OFFICES



Montchavin & Les Coches.



Monday to Saturday from 9am to 12pm and from 2pm to 6.30pm.
Sunday and public holiday from 9am to 12pm and from 3pm to 6.30 pm



Contact Montchavin : 04 79 07 82 82
Contact Les Coches : 04 79 07 82 43
info.montchavin@la-plagne.com
www.montchavin-la-plagne.com

RESORT CLEANLINESS

Please dispose of all your rubbish according to recycling information situated on the Moloks-large dustbins. Please do not drop litter.

As a reminder :

- Green bins : glass jars and bottles.
- Yellow bins : plastic bottles, cans, paper and small cartons.
- Black bins : other waste.

- **Winter 2020 / 21:** Toutounets: bag dispensers for dog droppings.

LEFT LUGGAGE OFFICE

you can leave your luggage next door to the Tourist Office..



Les Coches.



Saturday from 9am to 12pm and from 2pm to 6.30pm (from 9am to 6.30 only during french holidays).



Deposit 2€



Contact Les Coches : 04 79 07 82 43
info.montchavin@la-plagne.com
www.montchavin-la-plagne.com

WEATHER FORECAST

A weather forecast is displayed inside the Tourist Office daily.

LOST PROPERTY

All lost property will be kept at the Tourist Office.

OBJECTS FOR HIRE

Snow shovels, board games. A deposit is required.

INTERNET

An operator offers the Wi-Fi internet service via hotspots.



1h 5€ - 1 jour 9€ - 1week19,90€ - 1 month 35€

Hire box wifi pocket : private wifi network 3G / 4G in the resort with possibility to connect 10 devices.



1 day : 7€ - 1 week : 39€.

UNDERCOVER PARKING

Interior parking spaces are available under the Tourist Office (40 spaces)



1 week : 50€, deposit : 50€





Because your holiday should be a serene, stress-free time, the resort of

La Plagne and all the professionals you will be in contact with here, have put in place the appropriate procedures to ensure your health and safety.

All the necessary provisions are in place so that everyone can enjoy their stay to the full, with the barrier gestures as our priority.

We would ask everyone to follow the rules that we have all already adopted



Face masks must be worn



Hand sanitizer gel at your disposal



Tables at least 1 metre apart or a fixed or movable barrier to ensure physical separation



Surfaces and equipment disinfected



Seated service only

La Plagne, a certified resort

From the spring of 2020, La Plagne opted to request the validation of all of its actions guaranteeing the health and safety of its visitors. Its provisions were therefore audited and certified by Afnor.

La Plagne now has the **"COVID-19 health measures"** label.

All the latest information on the health standards is online on the Covid-19 page of our website www.la-plagne.com

SERENITY



SKI PASSES

From 19/12/2020 to 23/04/2021 For other dates, see all our prices on www.skipass-laplagne.com

FORFAIT PARADISKI ⁽¹⁾

1 day

Adult 13/64 years

62€
/pers.

Child 5/12 years ⁽²⁾

50€
/pers.

6 days

Adult 13/64 years

315€
/pers.

Child 5/12 years ⁽²⁾

252€
/pers.

FORFAIT LA PLAGNE ⁽¹⁾

1 day

Adult 13/64 years

55€
/pers.

Child 5/12 years ⁽²⁾

44€
/pers.

6 days

Adult 13/64 years

276€
/pers.

Child 5/12 years ⁽²⁾

221€
/pers.

+1€ per pass on first purchase for compulsory ski card, rechargeable and non-refundable

⁽¹⁾ + €1 per pass on first purchase for compulsory ski card, rechargeable and non-refundable. Public prices incl. VAT in euros not including insurance and cost of ski pass card, applicable from 19/12/2020 to 23/04/2021. From 12 to 18/12/2020 and 24 to 30/04/2021 see page 59. Multi-day passes valid for 2 or more days' consecutive days' skiing. Other prices details in our ski pass offices.

⁽²⁾ For child, senior and family reductions proof of age must be provided at the time of purchase and may be requested anywhere in the ski area. The applicable age is the age on the first day of validity of the ski pass. When an adult is found to be using an invalid ski pass (e.g. the wrong age group), the fixed penalty charge payable is €160. For details see the general terms and conditions of use available from ski pass offices.

FORFAIT VILLAGE ⁽¹⁾

Champagny ou Montalbert
ou Montchavin

1 day
adult 13 - 64 years

44€

1 day
child 5 - 12 years or
senior 65 - 74 years ⁽²⁾

34€

CoolSki ⁽¹⁾ 

1 day single price
5 years and +

32€

Ski pass + CoolSki
bib

37€

>>>>>>>>

LES PACKS

<<<<<<<<

-10€
/pers.-15€
/pers.-30€
/pers.

Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days.

DUO : Save €10 on each of the two passes in the pack. 2 people of any age group (adults/ children/or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in one transaction for identical ski passes (same duration and ski area).

TRIBU : Save €15 per pass making up the pack. 3 people of any age group (adults/children/ or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in one transaction for identical ski passes (same duration and ski area).

FAMILLE : Save €30 per pass making up the pack. When purchasing 4 ski passes in the same transaction (a minimum of 6 days of the same duration and within the same ski area), including 2 persons aged 13-74 years and a minimum of 2 persons aged 5 to 17 years.

With a Paradiski pass valid for
6 to 15 consecutive days.

LE
BONUS SKI

La Plagne gives you
a free **1/2 day**
skiing!

Terms and conditions apply.

EDENSKI

The loyalty programme: get your fill of
benefits!

The principle is simple: the more you ski, the more points you earn. Enter your ski pass number in your Edenski account and you'll automatically be credited with points for each purchase, whether it's online or in resort. You can then exchange your points for gifts. Other surprises await you, such as special events and exclusive meetings to share current news and discover your favourite ski area in a different manner!

Sign up on www.edenski.com

SKI



Ski Lessons

The instructors in Montchavin and Les Coches ESF will share their passion and teach the best ski and snowboard techniques.

*Mainly for the English speakers in resort, with the aim of diversifying ski and snowboard teaching techniques.
(Maximum 10 people per group)*

Lessons in all ski activities for children and adults. Maximum 8 people per group. Helmets provided, certificate and medal included. Crèche facility for children.

ECOLE DU SKI FRANCAIS



Montchavin & Les Coches



Every day from 8.45am to 18pm



Children and adults lessons from 109€ (a week).

From Piou Piou to Etoile d'Or, teen agers and adults from beginners to competition.

Private lessons from 45€.



Contact : 04 79 07 83 54
info@esf-montchavinlaplagne.com
www.esf-montchavinlaplagne.com

esf MONTCHAVIN
LES COCHES

ESF INTERNATIONAL



Montchavin & Les Coches



Every day



Children and adults lessons, from beginners to level 3 : 165€.

Private lessons from 45€.



Contact : 04 79 07 80 33
info@esf-montchavinlaplagne.com
www.esf-montchavinlaplagne.com

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Montchavin & Les Coches



Every day



Children's group lessons from 118 €
Adult's group lessons from 159 €.

Private lessons from 49 €

Club Yéti from 14€.



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

evolution2
école de ski & d'aventure



SKI

Ski Touring



La Plagne enjoys ski touring and offers a guide that includes all the routes drawn on the ski area.

4 ski touring races are organized in La Plagne this winter under the name «Rando Challenge».

Information and registration in the Tourist Offices of the la Plagne area.



Coaching with a qualified instructor of at least 2h (material not included)

Introduction to ski touring

Other Ride

Organise outings to other resorts, introduction to ski trekking, ski touring ...

EVOLUTION 2 ECOLE DE SKI ET D'AVENTURE



Montchavin & Les Coches



Every day



From 98€



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

ECOLE DU SKI FRANCAIS



Montchavin & Les Coches



Tuesday & wednesday from 6pm to 7pm (level Classe II)



25€+ 15€ equipment rental (partner shops)



Contact : 04 79 07 83 54
info@esf-montchavinlaplagne.com
www.esf-montchavinlaplagne.com

BUREAU DES GUIDES ET ACCOMPAGNATEURS



Montchavin & Les Coches



Consult us



Consult us



Contact : 06 01 78 06 65
guidesmontchavin@gmail.com
www.guidesmontagne.com

CHILDREN



3 clubs welcome children in Montchavin & in Les Coches.

CALINS DES NEIGES (5 months to 4 years)

Place du Carreau in Les Coches

From sunday to friday from 8.45 am to 5.30pm.

1 hour : 6€ & a lunch : 7€

Contact : 04 79 09 00 83

LEISURE CENTER LES CIMES (3 years to 11 years)

Place du Carreau in Les Coches.

From sunday to friday from 8.45 am to 5.30pm.

1 hour : 6€ & a lunch : 7€

Contact : 04 79 09 00 83

LEISURE CENTER LA COMBE (3 years to 11 years)

Departure from Montchavin chair-lift Montchavin.

From sunday to friday from 8.45 am to 5.30pm.

1 hour : 6€ & a lunch : 7€

Contact : 04 79 09 00 83

EQUIPMENT

Warm clothes, snow boots, sun glasses and goggles. Ski gear should be hired from the ski shop..

A FULL PACKAGE «TOUT COMPRIS»

Full Package «Tout Compris» (Ski + Lunch + Leisure Center) for children to 3 stars ski level.

Contact : ESF au 04 79 07 83 54

Sledges Areas

*Illuminated toboggan run.
Helmet use and child supervision are mandatory.*

MONTCHAVIN RUN

Montchavin (on top ESF)

Every day

Free

Contact : 04 79 07 82 82



*Safe toboggan run.
Helmet use and child supervision are mandatory.*

LES COCHES RUN

Les Coches (behind Les Pentes build)

Every day

Free

Contact : 04 79 07 82 82

The 5 frozen family experiences

Ice Rink :



(Page 15) On the natural ice to slide with the family.

Tipis Evening :

(Page 15) Walk up to the Tipies village on snowshoes accompanied by a mountain guide. Local aperitif and meeting with dogs sledging.

Winter Family Race :

(Page 23) A fun and free race for the family !
Walking or running, with a minimum of 2 people (1 parent and 1 child).

Snake Gliss :

(Page 12) Descents with a snakegliss and Evolution 2 ski qualified instructor.

Torch light Descent : (Page 23)

A unique time torch light descent with the ski schools of the resort.

FAMILY SERVICE

Sledges and sledges strollers can be rented at most sports shops of the resort (cf 24 to 27).



FAMILLE +

BABY SITTER

Ask the Tourist Office for a list.



LABEL FAMILLE PLUS

Famille Plus Mountain is the first and only national tourism label to approve the facilities and services available to families with children staying in French tourist destinations. It is recognised by the French Ministry of Tourism.

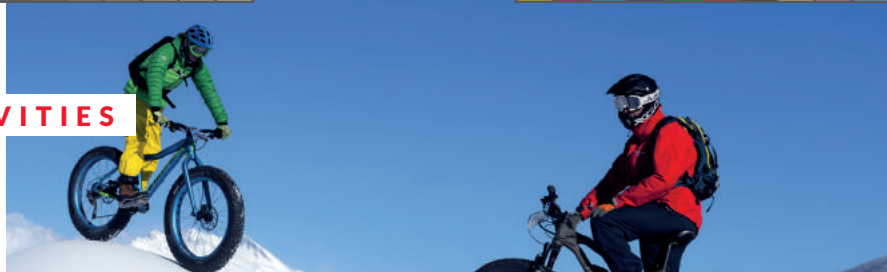
6 commitments that the resorts must adhere to in order to play host to both children and adults.

1. A tailor-made infrastructure for families
2. Entertainment and activities to suit all ages
3. A price to suit everyone : from the youngest to the oldest
4. Activities for adults and children to enjoy, together or separately
5. Professionals that are trained to take great care of children
6. Children to be taken great care of by professional

www.familleplus.fr et
www.montchavin-la-plagne.com



ACTIVITIES



Fat Bike

Ski slopes descent from Plan Bois to Montchavin with a Fat Bike (classic and electric) and ski qualified instructor. Group from 4 to 8 persons.(Material included except ski passes)

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Descent from Plan Bois to the resort



Consult us



47€ per person.



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Airboard & Snakegliss

Ski slopes descent from Plan Bois to Montchavin with a pump sledge and ski qualified instructor. (Material included except ski lifts)

Descents with a snakegliss and Evolution 2 ski qualified instructor.

ECOLE DU SKI FRANCAIS



Descent from Plan Bois to Les Coches or Montchavin



Tuesday, wednesday & thursday from 4.30pm.



30€ per person.



Contact : 04 79 07 83 54
info@esf-montchavinlaplagne.com
www.esf-montchavinlaplagne.com

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Descent from Plan Bois and the resort



Consult us



From 25€.



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com



Orienteering Race



*A discovery race in Montchavin for the family with 8 markers.
Cards available in Tourist Offices.*

Tourist Offices



Montchavin & Les Coches



Every day



Free



Contact : 04 79 07 82 82

info.montchavin@la-plagne.com

www.montchavin-la-plagne.com



ACTIVITIES

Snowshoes

*Snowshoes weekly program, morning, afternoon, evening and full day.
Equipment and ski lift not included.*

BUREAU DES GUIDES ET ACCOMPAGNATEURS



Montchavin & Les Coches



From sunday to friday



Half day from 20 to 30€
Day from 36 to 41€

Nighttime snowshoes / Fondue : 50€



Contact : Serge 06 01 78 06 65
Contact : Alois 07 82 10 30 49
guidesmontchavin@gmail.com
www.guidesmontagne.com

Day and night walks

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Montchavin & Les Coches



From monday to friday



Half day : 25€, a day : 40€ and from 62€ the restaurant evening.



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Snowshoes weekly program with Gilles.

ECOLE DU SKI FRANCAIS



Montchavin & Les Coches



From sunday to friday



Half day from 25€



Contact : 04 79 07 83 54
info@esf-montchavinlaplagne.com
www.esf-montchavinlaplagne.com



ACTIVITIES



Cinema

At Montchavin, there is a cinema seating 250 people with 2 sessions

CINEMA MONTCHAVIN

-  Montchavin
-  From monday to friday. 6pm & 9pm.
-  From 7€
-  Contact : 09 67 19 75 14
info@montchavin-la-plagne.com
www.montchavin-la-plagne.com

Aquarelle initiation

With an illustrator, initiation from 10 years. Booking by phone and material included.

JEAN-LOUP BENOIT

-  Montchavin Salle Auguste Mudry
-  Tuesday from 9am to 12pm. 29 december to 20 april
-  40€
-  Contact : 06 79 62 98 67

Heritage & Culture

With Sylvie, our guide, visit by torchlight of the old village or in a farm, a farmer welcomes you

FACIM

-  Tourist Offices
-  Consult us
-  Adult : 6€, Child (from 3 to 12 years) : 4€. Free under 3 years.
-  Contact : 04 79 07 82 82
info@montchavin-la-plagne.com
www.montchavin-la-plagne.com



Skating Rink



800 m2 natural ice area.

Skating Rink



Les Coches



Every day from 2pm to 8pm.

Nighttime to 10pm, monday & wednesday



From 5€ without equipment
From 8€ with equipment



Contact : 04 58 24 00 46



Dogs Sledging

On track for an amazing ride

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Meeting point in Plan-Bois in front
of Chez Laurette (restaurant)



Consult us



2 people : 94€
2 adults + 1 child : 125€
2 adults + 2 children : 136€



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Tipi Evening

Walk up to the Tipies village on snowshoes accompanied by a mountain guide. Local aperitif and meeting with dogs sledging.

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Les Coches



Consult us



From 48€



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Paragliding

The oldest dream of the man

EVOLUTION 2 ECOLE DE SKI ET D'AVEVENTURE



Roche de Mio



Every day



From 80€



Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com



ACTIVITIES



Aquatic Center

Wellness area : Balnéo Swimming Pool, jacuzzi, sauna ,hammam, treatment cabins..

ESPACE PARADISIO



Montchavin



Monday to sunday (10am to 8pm)
Nighttime wednesday 8pm to 9.30pm



(2h maximum) : Adult (+18years)
20€ / Morning adult (from 1pm :15€)
Teenagers (14-17years)15€. Child
(6months-13years) 9€



Contact : 04 79 09 33 20
contact@espace-paradisio.com
www.aquaplagne.fr



Come to discover aquabiking, aqua fitness, aquabalance etc. All these activities follow levels, from green to black colors.

Snowshoes and Spa

The mix between the natural environment and the relaxation.

Ecole du Ski Français



Montchavin



Consult us



40€ per person from 13 years.



Contact : 04 79 07 83 54

info@esf-montchavinlaplagne.com

www.esf-montchavinlaplagne.com

Yoga

All levels welcome. Must be over 16 years



Montchavin, salle Auguste Mudry



Tuesday from 5.30pm to 6.45pm
from 7 january to 23 april.



10€ per person



Contact : 07 77 82 10 29
sylviatp_816@yahoo.com



Bulle de douceur : on the terrace of Espace Paradisio, a transparent bubble to discover massages into the night...



ACTIVITIES



Sophrologie

Session of sophrology in group or individual. To turn your stress into positive energy

EVOLUTION 2 ECOLE DE SKI ET D'AVENTURE

 Montchavin & Les Coches

 Every day (except saturday)

 From 59€

 Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Snow Mobile

Experience for one or two persons on the snowmobile and discover an exceptional night view from the heights.

EVOLUTION 2 ECOLE DE SKI ET D'AVENTURE

 La Plagne Centre

 Every day (except sunday)

 Behind the guide 30€
99€ the moto for 1 ou 2 people

 Contact : 04 79 07 81 85
montchavin@evolution2.com
montchavin.evolution2.com

Torchlight Descents

Join us for a final descent into the dark. With a torch light, ski instructors and local apertif

Ecole du Ski Français

 Montchavin

 From 5pm. Consult us.

 20€ per person (level 2**)

 Contact : 04 79 07 83 54

info@esf-montchavinlaplagne.com

www.esf-montchavinlaplagne.com



Made by Claire

24 pistes descendues et encore 242 à découvrir.

*Made by Claire
24 slopes covered and 242 more to discover.



Pistes, points wifi, panoramas...
Avec Yuge, toute la montagne
est dans votre mobile.



Pistes, wifi hotspots, panoramas... With Yuge,
the whole mountain now fits in your pocket.

YUGE
Paradiski



RACER

FRANCE - 1927

PARTENAIRE OFFICIEL DE LA PLAGNE



SHUTTLE



Practical Information

SNCF	36 35
Airports	
Génève (186km)	00 41 22 717 71 11
Lyon St Exupéry (184km)	0 826 80 08 26
Road Network	0 800 100 200
A43 motorway to Albertville. Fast 4-lane motorway to Moûtiers. RN90 to Aime.	
GPS : Longitude : 6.7326237 et latitude : 45.559839	

Taxis

Richard	06 80 85 27 92
Please ask the Tourist Office for the numbers of other taxi firms.	

Montchavin & Les Coches Train station bus service

Buses run from 19/12/2020 au 24/04/2021 on Saturdays and Sundays.
They stop at Montchavin & Les Coches.
Contact the Tourist Office for further information.
Return tickets can be purchased at : www.mobisavoie.fr, rubrique «J'achète mon titre de transport»



Free Shuttles

Les Coches Skilift : from 8.45am to the slopes closing, free & open to everyone, full day.

Télébuffette (from Les Coches center to top of the resort) : from 8.45am to 8pm, free & open to everyone

Shuttle by the road (Montchavin, Les Coches & skating rink)
17.30pm to 11pm (timetables available in Tourist Offices).



BOBSLEIGH



Unique in France! «Live the Olympic experience» 3 experiences for 3 thrill levels!

Bob Raft

Looking for fun with friends or family? Why not trying this unique self-piloted, selfbracking vehicule! 4 passengers descending at around 80km/h equals an amazing experience close to the ice

Ass. BOB LUGE SKELETON



Piste Olympique de Bobsleigh



Tuesday to sunday from 4pm to 6.30pm



48€ per person
Minimum age 14 or height 1.30m



04 79 08 89 23
bobsleigh@la-plagne.com
www.bobsleigh.net

Speed Luge

Half-sitting, half-lying, settle into our specially-designed luge for a descent at 90km/hr with a completely unrestricted view of the track. A once-in-a-lifetime experience!

Ass. BOB LUGE SKELETON



Piste Olympique de Bobsleigh



Tuesday to sunday from 4pm to 6.30pm



112€ per person. Minimum age 16.



04 79 08 89 23
bobsleigh@la-plagne.com
www.bobsleigh.net

Bob Racing

If you're up for a real challenge ... Take a seat behind a professional for a descent of up 120km/h. You're in for a heady mix of speed, and adrenaline that will give you a taste of a real competition run. Unforgettable sensation.

Ass. BOB LUGE SKELETON



Piste Olympique de Bobsleigh
La Roche



Wednesday, thursday, saturday & sunday from 5pm.



128€ per person
Minimum age 16 unless contraindication.



04 79 08 89 23
bobsleigh@la-plagne.com
www.bobsleigh.net



60 YEARS

OF LOVE FOR THE MOUNTAINS.
OF A LOVE OF SPORT AND THE GREAT OUTDOORS.
OF SHARING AND DISCOVERY.



LA FOLLE ENTREPRISE © - © O. Allamand

In December 2021, La Plagne will be celebrating 60 years of unforgettable memories and launching the next 60 years of emotions to be experienced by future generations.

Come and celebrate this mountain heritage with us.



21

EVENTS



Welcome Drinks

The Tourist Office hosts welcome drinks every Sunday in Montchavin at 5.30pm and in Les Coches at 6.30pm. Join us for a glass of a welcome drink offered by the Tourist Office and find out about the week's fun-packed programme of events and activities.

Social Networks

Find us on social networks to follow our live video and not miss any pictures or information of the station.

Facebook: [MontchavinlaPlagne](#)

Twitter : [@Montchavin](#)

Tik Tok: [la_plagne](#)

Instagram: [la_plagne](#)

You tube: [La Plagne TV](#)

Partagez vos souvenirs de la Plagne avec
#laplagne



Weekly Events

These include cinema, shows, local games, alternative 'sliding sports', local heritage visits, lanterns, luge, torchlit descents, last tracks airboarding, snake sledging, yoonering, etc. The resort organises a number of late afternoon or evening social events throughout the week for some welldeserved fun time.

Crédits Photos : Office de Tourisme de la Grande Plagne, Philippe Gal, Cébé, Puy du Fou, Peugeot, Dare2Be, La Folle Entreprise, Olivier Allamand, Elina Sirparenta..

Conception : Office de Tourisme de la Grande Plagne, Office de Tourisme de Montchavin-Les Coches. Impression : Imprimerie du Pont de Claix.

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We did our best to edit this guide in an incertain context.

Due the current health conditions, all activities in this guide are subject to change or deletion without notice.

Thank you



Events of the Winter

19th to 25th december :

The Magic of Christmas

Christmas entertainment with magical shows, Santa's village, activities for kids.

03rd february : Sainte Agathe

Sainte Agathe blesses the ski instructors and their skis on the Montchavin snow front, fireworks, welcome drink...

10th, 17th & 24th february

& 03rd march :

Winter Family Race

A fun and free race for the family ! Walking or running, with a minimum of 2 people (1 parent and 1 child).

Free of timer.

11th, 18th & 25th february & 04th march :

Torchlight Descents

During French holidays, every thursday in the evening, torch light descents with the ski schools of the resort.

20th march : Ski Touring Race

Les Diabls Bleus

Ski touring race on a mythical route. One race : two routes

- Small route : Vertical drop 450 meters and descent off piste.

- Big route : Vertical drop 1 000 meters and descent off piste.

08th april : Super Parallèle

A funny and free entertainment to compete on a parallel slalom.

Family, couple, friends ... anything is possible !

STANCE 96

CONÇU POUR ATTAQUER.
CONSTRUIT POUR CARVER.

salomon
TIME TO PLAY

23



PUYDUFOU®

Après la Plagne, votre aventure continue sur

PUYDUFOU.COM



8-11 JUILLET 2021

COURSE VTT ALL MOUNTAIN
#SUPERPLAGNE



JEU 08/07	VEN 09/07
GRAND8 JOUR1	GRAND8 JOUR2
MACOT > CHAMPAGNY LE HAUT	CHAMPAGNY LE HAUT > AIME
SAM 10/07	DIM 11/07
DOUBLE8 VTT	DOUBLE8 VTT AE

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CYCLES PEUGEOT
DESIGNÉ EN FRANCE




LA PLAGNE
Paradiski
PARTENAIRE OFFICIEL

25



ANNUAIRE



Accommodations Montchavin

Estate Agents

Agence Immobilière des Glaciers	04 79 04 22 86
Agence Ski et Soleil / OIP	04 79 07 83 27
Eneo Immobilier	04 57 15 96 92
Michel Gedda Immobilier	04 79 04 29 60

Hotel & Auberge reception

Chez Pat du Sautet .Sommet TS Montchavin	06 88 45 28 19
Hôtel Bellecôte	04 79 07 83 30
Le Chalet de Frolin Départ TS des Bauges	04 79 55 37 49

Tourism residence reception

Le Chalet de Montchavin	04 79 08 82 39
Résidence Les 3 Glaciers	06 32 26 62 24
Neige et Soleil	04 79 07 83 22
VVF Villages Village de Vacances	04 79 07 83 06

Camping reception

Camping Caravaneige	04 79 07 83 23
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Cottages, Chalet & Holiday rental properties

Retrouvez tous les gîtes, chalets et meublés de tourisme sur notre brochure hébergements disponible à l'Office de Tourisme ou sur :
- www.montchavin-la-plagne.com ou en appelant Plagne Resort au 04 79 09 79 79

Shops Montchavin

Restaurants / Bars / Pubs

Cocotte and Co Traditionnel & savoyard	04 79 41 42 39
La Bovate Bar à Cocktails et cuisine raffinée	09 83 54 44 94
Le Bellecôte Spécialités et autres	04 79 07 83 30
Le Camp de Base Café Pub et restaurant	06 58 98 58 97
Le Dos Rond Burger Pub service non stop	04 79 22 90 60
La Ferme de César Restaurant de terroir	04 79 07 85 31
Les 3 Glaciers Restaurant bar lounge	04 79 00 44 32
La Zaccota Pizzeria Vente à emporter	04 79 08 82 31

Food Shops

Boulangerie Pâtisserie le Matafan	04 79 07 84 11
Les Tarines Charcuterie, Crèmerie, Traiteur	04 79 07 81 66
Les 3 Glaciers Pain, Viennoiserie, Produits régionaux	04 79 00 44 32
Supérette Sherpa	04 79 07 89 11

Books newagents, Tobacconists

La Cascade Sweeterie	04 79 07 83 17
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Ironing

Laverie Montchavin Place du Bassin	04 79 07 83 21
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Linen Hire

Intersport Jean-Michel Sports	04 79 07 83 21
Montchavin Sport	04 79 07 83 84



MONTCHAVIN

Local products & gifts

La Cascade	04 79 07 83 17
Les Tarines Traiteur	04 79 07 81 66
Sherpa	04 79 07 89 11

Ornaments store

La Cascade	04 79 07 83 17
Les Tarines	04 79 07 81 66

Cinéma

Cinéma Montchavin - Les Coches	09 67 19 75 14
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Sports & Children

Bureau des Guides	06 01 78 06 65
Club des Enfants	04 79 09 00 83
Complexe Aquatique Espace Paradisio	04 79 09 33 20
ESF -Ecole du Ski Français	04 79 07 83 54
Evolution 2 - Ecole de Ski et d'Aventure	04 79 07 81 85
Evolution 2 - Le Club Yéti	04 79 07 81 85
Paradiski Freeride Academy	06 32 18 67 44
Points de Vente Forfaits de Ski	04 79 09 67 00
ESF International	04 79 07 80 33

Sports & Clothes

Dos Rond Ski Set	04 79 41 49 01
Evo 2 Ski Shop	04 79 07 81 67
Evo 2 Surf Shop	04 79 08 95 98
Intersport Jean-Michel Sports	04 79 07 83 21
Montchavin Sport	04 79 07 83 84
Olympic Sports Skimium	04 79 07 84 13
Ski Republic Les 3 Glaciers	04 79 00 44 32
Ski Set Les Avrières	06 32 18 67 44

Garage & Car wash

Garage de Montchavin	04 79 07 81 48
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Pharmacy

04 79 07 80 54

Every day from 9am to 12pm & from 3pm to 7pm.

Sunday and public holidays, from 10am to 12pm & from 4pm to 7pm.

Physiotherapists

06 29 72 77 52

Monday to friday on Rendez-vous.

Rue Principale in Montchavin.

Bourg-Saint-Maurice Hospital

Bourg-Saint-Maurice	04 79 41 79 79
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Post Agency

04 79 07 80 05

Monday to friday from 9.30am to 12.30pm.

Administration

Mairie de Bellentre	04 79 09 71 52 (taper 1 puis 2)
Service des Eaux	04 79 09 71 52 (taper 4)

ATM Machine

At the village entrance, under la Porte de Montchavin.

Emergency

Gendarmerie à Aime	17 - 04 79 55 61 17
Police Municipale	04 79 09 71 52 (taper 5)
Pompiers	18
Sécurité des Pistes	112 - 04 79 09 67 60
From 3.30pm to 6.30pm departure from Plan Bois chairlift in Les Coches.	



USER CONTACTS

Accommodations Les Coches

Estate Agents

Agence Immobilière des Glaciers	04 79 04 22 86
Agence Ski et Soleil / OIP	04 79 07 83 27
Eneo Immobilier	04 57 15 96 92
GSI Immobilier	04 79 07 80 70
Maeva.com	04 79 04 22 00
Michel Gedda Immobilier	04 79 04 29 60

Maison d'Hôtes

Au Mont d'Eden Spa, sauna, hammam	06 43 32 60 64
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Tourism residence reception

Goélia Les Chalets de Wengen	04 79 41 75 05
OIP - Résidence Backgammon	04 80 08 12 00
Pierre & Vacances Le Rami	04 79 04 22 00

Cottages, Chalets & Holiday rental properties

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- www.montchavin-la-plagne.com ou en appelant Plagne Resort au 04 79 09 79 79

Shops Les Coches

Restaurants / Bars / Pubs

Chez Wam Pizza, snack à emporter, livraisons	04 79 07 69 75
L'Origan Pizzeria au feu de bois, restaurant, bar	04 79 07 81 26
La Fleur de Neige	04 79 41 20 27
La Table du Tarin	04 79 22 08 98
La Taverne du Monchu	04 79 07 80 44
Le White Lines Pub	04 79 04 21 62
Locas Bar	06 23 01 03 47

Food Shops

Alimentation Spar Rayon Parapharmacie	04 79 07 13 10
Aux Gourmets des Coches Boucherie, Traiteur	04 79 07 19 57
Boulangerie Pâtisserie, Croissanterie	04 79 07 80 27
Saveurs d'Alpage Crèmerie, Produits du Terroir	04 79 07 81 44

Books newagents, Tobacconists

Les Belles Feuilles	04 79 07 80 02
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Haircut

Mountain Haircut Coiffure mixte	06 61 79 26 86
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Ironing, Linen Hire

Laverie des Coches	04 79 41 75 32
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Local Products

Alimentation Spar	04 79 07 13 10
Les Belles Feuilles	04 79 07 80 02
Saveurs d'Alpage	04 79 07 81 44



Ornaments Store

Les Flocons	04 79 07 80 00
Presse Les Belles Feuilles	04 79 07 80 02

Sports & Children

Bureau des Guides	06 01 78 06 65
Club des Enfants	04 79 09 00 83
ESF - Ecole du Ski Français	04 79 07 80 33
ESF International	04 79 07 80 33
Evolution 2 - Ecole de Ski et d'Aventure	04 57 37 18 85
Points de Vente Forfaits de Ski	04 79 09 67 00
Skating Rink :	04 58 24 00 46

Sports & Clothes

Benoit Sports La Godille Ski Set (Location)	04 79 07 84 15
Benoit Sports La Poudreuse (Vente)	04 79 07 85 27
Benoit Sports Les Flocons Skiset	04 79 07 83 39
Evo 2 Ski Shop Location, vente	04 57 37 18 85
Intersport La Randonnée	04 79 07 83 46
Slalom Sports - Skimium	04 79 07 81 41
Ri' Glisse Sport	04 79 24 69 72
Ski Republic	04 79 04 21 02

Mountain Restaurants

Chez Pat du Sauget Sommet TS Montchavin	06 88 45 28 19
Cristal des Neiges Plan Bois	06 48 41 87 53
Le Carroley Piste du Carroley	06 71 37 52 05
Le Chalet du Friolin Les Bauges	04 79 55 37 49
Le Joli Bois Au Vanoise Express	04 79 07 48 77
Les Pierres Blanches Sommet Pierres Blanches	06 21 16 45 01
Le Plan Bois Chez Laurette Plan Bois	06 09 34 37 88
Le Poste Plan Bois	06 65 62 44 27

Cleaning

Tarentaise Net	04 79 07 34 61
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LES COCHES

Doctor's Office

04 79 07 83 59

Doctor Valérie Foucault. Every day from 9am to 12pm & from 3pm to 6.30, except sturday morning.

Emergency 15 ou 112

Bourg-Saint-Maurice Hospital

Bourg-Saint-Maurice 04 79 41 79 79

Administration

Mairie de Bellentre 04 79 09 71 52 (taper 1 puis 2)
Service des Eaux 04 79 09 71 52 (taper 4)

ATM Machine

Near Salom Sport Skimium Shop.

Emergency

Gendarmerie à Aime 17 - 04 79 55 61 17
Police Municipale 04 79 09 71 52 (taper 5)
Pompiers 18
Sécurité des Pistes 112 - 04 79 09 67 60
Secours sur pistes : formalités et retrait du matériel de 15h30 à 18h30
au poste de secours au départ du TS de Plan Bois aux Coches.

Craftsmen

Artisans Associés Travaux neuf & rénovation 07 86 85 38 68
Favre Yannick Cuisine, salles de bain, boiseries 06 13 40 89 16
Lacroix Guillaume Plomberie 06 22 83 39 75



CÉBÉ
PURE ADRENALINE



Quelles que soient les conditions météo, il y a toujours une bonne raison pour aller rider mais ce que je préfère ce sont les journées « poudreuses » qui me permettent d'aller chercher les plus grosses barres rocheuses et de repousser mes limites. Au sommet, la tension monte mais une fois lancé, le stress fait place à l'excitation. L'atterrissage réussi est une source d'adrénaline et de joie intense pour moi !

MAXIME BUFFET



* Être pionnier - © Dom Daher Photography

BE A PIONEER.

#ULTIMATETRACK

CÉBÉ PARTENAIRE OFFICIEL DE



LA PLAGNE
Paradiski

CÉBÉ.COM

30



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