

Holiday Guide



GAMME HYUNDAI Blue Drive

Just Drive !

Profitez des avantages de la gamme de véhicules électrifiés la plus large du marché.



Garantie Batterie 8 ans ou 200 000km⁽³⁾ à

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SEYNOD VILLE LA GRAND













An unforgettable holiday, this year more than ever

This winter, the pleasure of seeing you will be even greater than in previous seasons.

We cannot wait to see you racing down the slopes with your friends and family and are already imagining you around the table enjoying a fondue or a raclette made with local products, or watching the progress of your children who will be taking a snowflake or star badge home at the end of the holiday.

For those of us whose job it is to craft and create your holiday and whose main aim is to welcome you here to share our love of the mountains, it will be a great moment when we are able to open our doors once again.

It is with real feeling that we say to you: - Thank you for trusting us and letting us help to create your memories

- Thank you for sharing all these moments with us.

- Thank you for coming (back) to see us...

You are at home here.



Because your holiday should be a serene, stress-free time. the resort of La Plagne and all the professionals you will be in contact with here, have put in place the appropriate procedures to ensure your health and safety.

All the necessary provisions are in place so that everyone can enjoy their stay to the full, with the barrier gestures as our priority.

We would ask everyone to follow the rules that we have all already adopted



worn

R

Surfaces and

equipment disinfected

Face masks must be Hand sanitizer gel at vour disposal



Seated service only

metre apart or a



fixed or movable barrier to ensure physical separation

€ ¢e¢



La Plagne, a certified resort

From the spring of 2020, La Plagne opted to request the validation of all of its actions guaranteeing the health and safety of its visitors. Its provisions were therefore audited and certified by Afnor.

La Plagne now has the "COVID-19 health measures" label.

All the latest information on the health standards is online on the Covid-19 page of our website www.la-plagne.com

WELCOME AND INFORMATIONS

Tourist Office

la plagne montalbert

The Tourist Office is open daily from 9am to 12pm and from 2pm to 6.30pm.

During the French school holidays, it is open on Saturdays and Sundays from 9am to 6.30pm.

+33 (0)4 79 09 77 33 info.montalbert@la-plagne.com www.montalbert.com





Tourist Office Services

Left Luggage

A free left luggage service is available at the Tourist Office every Saturday and Sunday from 9am to 12pm and from 2pm to 6.30pm (from 9am to 6.30pm during the French school holidays).

Weather Forecast

A weather forecast is displayed inside and outside the Tourist Office daily.

Lost property

All lost property returned will be kept at the Tourist Office.

Pharmacy

A free pharmacy service managed in collaboration with the pharmacy in Aime is available on week days (excluding bank holidays). Orders and prescriptions must be handed in at the Tourist Office before 2.30pm each day. Prescriptions will be available for collection from 4.00pm.

All orders not collected by the following afternoon will be returned directly to the pharmacy.

2 payment methods: cash or cheque made payable to "PHARMACIE DE LA BASILIQUE" only.

Objects for hire

Snow shovels, jump leads. A deposit is required.

La Plagne Shuttle

A shuttle runs to Plagne Centre every Wednesday (minimum number of 8 people required for shuttle to run). Price: $\in 18$ ad. / $\in 9$ child.

Departure: 9.30am Montalbert - Return: 4.30pm (from Plagne Centre)

Photocopies

Photocopies can be sent at the following costs: A4 black and white page $\in 0.20$, A4 colour page $\in 1$.

Internet

Maison de Montalbert is offering you free Wi-Fi internet access inside its building for 7 days using «Montalbert Wifi Free» network.

Wifi box «Hippocket» are available for hire at the Tourist Office.

Prices:

- -1 Day : 7€
- -1 Week : 39€

Payment at the desk by credit card only.



Download the app



Paradiski Yuge

Thanks to theParadiski YUGE app, enjoy 200% of your stay in La Plagne in summer and winter.

Discover a wide range of functionalities: interactive map, resort guide, shuttle bus times, weather conditions, queuing time at

lifts, personalised recommendations and lots more !!

Disponible sur Google Play et AppStore

Paradiski

From 19/12/2020 to 23/04/2021 For other dates, see all our prices on www.skipass-laplagne.com

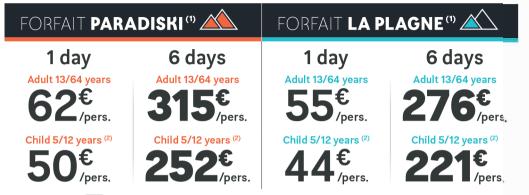


FIG per pass on first purchase for compulsory ski card, rechargeable and non-refundable

(1) + €1 per pass on first purchase for compulsory ski card, rechargeable and non-refundable. Public prices incl. VAT in euros not including insurance and cost of ski pass card, applicable from 19/12/2020 to 23/04/2021. From 12 to 18/12/2020 and 24 to 30/04/2021 see page 59. Multi-day passes valid for 2 or more days: consecutive days' skiing. Other prices: details in our ski pass offices.

Champagny ou Montalbert

ou Montchavin

adult 13 - 64 years

senior 65 - 74 years⁽²⁾

1 dav

(2) For child senior and family reductions proof of age must be provided at the time of purchase and may be requested anywhere in the ski area. The applicable age is the age on the first day of validity of the ski pass. When an adult is found to be using an invalid ski pass (e.g. the wrong age group). the fixed penalty charge payable is €160. For details see the general terms and conditions of use available from ski pass offices.



Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days.

DUO : Save €10 on each of the two passes in TRIBU : Save €15 per pass making up the pack. the pack. 2 people of any age group (adults/ children/or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days purchased with payment made in full in purchased with payment made in full in one one transaction for identical ski passes (same duration and ski area).

With a Paradiski pass valid for

6 to 15 consecutive days.

3 people of any age group (adults/children/ or seniors). Valid for the la Plagne and Paradiski passes from 6 to 15 consecutive days transaction for identical ski passes (same duration and ski area)

FAMILLE : Save €30 per pass making up the pack. When purchasing 4 ski passes in the same transaction (a minimum of 6 days of the same duration and within the same ski area). including 2 persons aged 13-74 years and a minimum of 2 persons aged 5 to 17 years.



The loyalty programme: get your fill of benefits!

The principle is simple: the more you ski, the more points you earn. Enter your ski pass number in your with points for each purchase, whether it's online or in resort. You can then exchange your points for gifts. exclusive meetings to share current news and discover your favourite ski area in a different manner!

sign up on www.edenski.com



BONUS SKI

La Plagne gives you a free 1/2 day skiing!



ESF Ski School

Learning to ski is both rewarding and fun... The 60 male and female monitors at the Montalbert Ski School tailor their lessons to all levels and disciplines, teaching the essential techniques required to ensure an optimum experience.

ESFLA PLAGNE MONTALBERT

Maison de Montalbert

6 Open every day

Depends on activities

+33 (0)4 79 09 77 24 contact@esf-montalbert.com www.esf-montalbert.com

ESF activities

Adult & Children aroup tuition

- Lesson 6 1/2 days (excluding lift pass) 152€ - 1/2 dav 46€

Ski courses

Ski course (bronze star, gold star and competition):

- 6 1/2 days (3hrs 15 mins in the morning) : 208€ - 6 1/2 days (2hrs 45 min in the afternoon) : 180 € Snowboard and Team Rider course :

- 6 1/2 days (Super Tyro run) : 190€

New sliding sports

A different way of descending the slopes with family or friends and of experiencing new thrills in the safe hands of a fully gualified monitor. - Last Track Airboard : 28€ - Last Track Snake Gliss on Friday : 20€ - Last Track Yooner : 20€

Disabled skiers

In partnership with the Rhône-Alpes region, the ESF (French Ski School) loans out special sit skiing equipment. Five monitors are specially trained to help you with your needs: visual impairment. paraplegia, autism, Down's. etc. Private tuitons prices.

Private Tuitions

Lessons with qualified monitors are the best way to correct your mistakes or to learn the right way from the outset. 1hr private lessons between 11.30am and 1.30pm.

- out of school holidavs 46€ - February/March school holidays 50€ Per extra person in addition to 2 people 8€

Beginner's package for children and adults

- 6 1/2 days for children + ski pass La Plagne : 293.5€ (flocon & 1st star level) - 6 days for children + ski pass La Plagne : 390.5€ (flocon & 1st star level) - 6 1/2 days for adult + ski pass La Plagne : 329€ (beginner & class 1 level)

Ski/Bob

Discover the magic and thrills of bob rafting as you descend the only Olympic bobsleigh track. Make the journey back on skis at night guided by our monitors. Prices 55€ for Bob-raft. 115€ for Speedluge and 165€ for Bob Racing.

Ski touring itineraries

There are seven marked trails across the La Plagne ski area for you to discover and try ski touring. There are itineraries for all levels. so you can progress at your own pace.

A 5km ski touring trail leaves from Chaillet car park in Montalbert and climbs to the top of Fornelet passing through lovely forest scenery then close to the downhill runs.

Topo-Guide available at the Tourist Office.

Ski touring has always been our speciality! Whether you're a beginner or more exprienced. come and discover the backcountru! Our off-piste specialists also invite you to come and join them...you're sure to love it! We also organise Icefall climbing sessions.

LA PLAGNE MONTALBERT BUREAU DES GUIDES

- On reservation
- 6 On request.
- Price for a full day with a guide: 355 €, divided by the number of participants. The price can vary according to the planned outing.

+33 (0)6 16 61 74 38 montalbertquides@gmail.com www.guidesmontalbert.com



Ski touring

Freeriders and powder skiing enthusiasts can explore an ideal terrain with our mountain auides and monitors. Less advanced skiers can improve in a stunning natural setting close to the main pistes.

ESF LA PLAGNE MONTALBERT

Maison de Montalbert

Dav and half-dav

- Off-piste day 66€ - 4hr introduction to off piste skiina 51€ - Ski touring day 66€

 Introduction to ski touring : 46€ -Off-piste engagement : 380€ (7 people max).

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SKI TOURING COMPETITIONS

Find the different ski touring competitions in La Plagne:

14/01 : Les Raveillus - Champagny en Vanoise information & booking : 04 79 55 06 55

30/01 : Course des Dahus - La Plagne Montalbert information & booking : 04 79 09 77 33

20/03 : Les Diables Bleus - Montchavin les Coches information & booking: 04 79 07 82 82

- 31/03 : Rando By Night Plagne Altitude information & booking : 04 79 09 02 01



6 Ø



Kids

A day nursery twinned with the nursery ski school is open 7 days a week, from 9am to 5pm in the heart of the ski-area infrastructure, and staffed by qualified child care professionals.

BAMBINS «DAY NURSERY» ESF LA PLAGNE MONTALBERT

Resort centre

Everyday from 9am to 5pm

 → Half-day 27€ (9am - 12am or 2pm - 5pm)
→ Half-day + Meal 58€ (9am - 12am or 2pm - 5pm)
Detailed price list on demand.

+33 (0)4 79 09 77 24 contact@esf-montalbert.com www.esf-montalbert.com Perfect for introducing your little ones to a snow-covered mountain environment. Lessons will be fun-based, offering a range of activities including skiing, games and mealtimes, depending on weather conditions and energy levels!

CLUB PIOU PIOU ESF LA PLAGRE MONTALBERT

Resort centre

Sunday to Friday

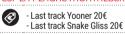
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- Piou-Piou trial ticket (mandatory) 46€

- Piou-Piou 6-lesson package 168€ The trial ticket is mandatory for the 1st lesson.

+33 (0)4 79 09 77 24 contact@esf-montalbert.com www.esf-montalbert.com New activities and new sensations for children (1.30m minimum height)

NEW SLIDING SPORTS ESE LA PLAGRE MONTALBERT



+33 (0)4 79 09 77 24 contact@esf-montalbert.com www.esf-montalbert.com



Keeping children...and their parents...happy!

Luge area

A secured luge area is located in the heart of the ski station.

Walking trails

Plagne Montalbert offers two trails specially designed for kids (from 6-8 years of age, depending on skills) :

- Le sentier des Alpages Enchantés (the enchanted alpine pastures trail - snow shoes only) which leads you to a world of dreams, fun and enchantment. Who is this person? It couldn't be Merlin the wizard could it? It really is him! Meet enchanting sculpted wooden characters along the trail and read the magical tales and legends of the mountains on the panels.

- Le sentier de la Biodiversité (biodiversity trail) Interactive learning! The educational biodiversity trail introduces children to the many species living in the area, their role in the food chain and their fragility through a number of fun activities. Trail not packed down, accessible wearing snow shoes.

All informations about trails available in the free map from your Tourist Office.

Baby sitters Information at the Tourist Office.

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Walking and Snow Shoe walking routes **Cross-country trails**

Walking routes

More than 40km of stunning nordic walk routes and snow shoe walking trails branch out from the village of Montalbert.

Discover our enchanting themed trails including the Montgésin trail, with its amzing view on the Lauzière chain and Notre Dame des Neiges chapel, the Bief Bovet trail exclusively for snow shoe walkers which follows a small trickling stream as it wends its way through a calm and tranguil environment with 80 boards dotted along the way to explain the history of Bief. You can also explore our Heritage path, telling you the story of the village of Longefoy.

Cross-Country Trails

Discover our 20km of cross-country skiing trails divided into 3 different areas of difficulty. First area can be found in the village of Longefoy, 3km before you arrive at the ski station. A route leaving from Plagne Montalbert takes you to this beautiful village with two stunning loops to discover.

The second area is located in Plagne Montalbert 1600 and the third one is located at an altitude of 1970m. You will need a ticket to get on the cable car and then access to the cross-country tracks.

FREE MAPS Available at the Tourist Office

Arno accompanies uou on shoe outings snow in the footsteps of the Montalbert yeti. Eniou snowshoeing through the magnificent alpine landscapes and rich. unspoiled natural scenery. Snowshoes and poles supplied

RAQUETTES DU YÉTI ADMONTAGNES

Tuesday, Wednesday and Thursday 6 afternoons.

0 In front of Skimium Sport Shop

Ø - 1/2 day :

25€ Adult. 16€ child age 8/14 - Evening discovery : 20€ Adult, 12€ child age 6/14 - Yéti track (3 1/2 days) : 65€ - Full day (5 pers min) : 42€ Local products free tasting Free photos (download)

+33 (0)6 81 89 68 55 arno@admontagnes.com www.admontagnes.com

MAISON DE LA

+33 (0)6 87 92 67 77

ACTIVITIES

Accompanied snow shoe outings

ESF has been organising snow shoe walking for a few years now. Join the team on a themed walk in a friendly atmoshpere, to discover amazing landscapes. All levels.

ESF LA PLAGNE MONTALBERT



On Monday 2hrs discovery snow shoes, Tuesday to Friday from 2pm 6 until 5pm.

- Ø Snow shoes discovery price : 18€ (snow shoes provided)
 - Snow shoes 25€ per person (snow shoes provided)

Nature Pass (3 1/2 days) 60€

Nocturnal snow shoe walk + traditional Savov meal 51€

+33 (0)4 79 09 77 24 contact@esf-montalbert.com www.esf-montalbert.com





New sliding sports S

The Plagne Montalbert ski station is blazing the trail in alternative winter sports. Discover the largest collection of alternative sliding equipments.

OFFICE DE TOURISME

Télé-école slope

Every Tuesday at 5.30pm

You can try Snowbodyboarding, Snake sledging, Yoonering, Snooc and other activities free of charge

+33 (0)4 79 09 77 33 info.montalbert@la-plagne.com www.la-plagne.com

Swincar

(¢

Enjoy a unique experience on a 100% electric vehicle ! All-terrain and articulated for a beautifully silent ride so that you can really enjoy the surrounding environment. Swincar solo or 2-seat Swincar duo. The driver must hold a valid driving licence.Min. age for passengers: 3 years.

E-MOUV'NATURE

Sur le front de neige

Discovery ride: Initiation (1 hour) 15min briefing + 45min ride Leaving at 9.30am, 11am, 1.45pm, 3pm & 5.30pm (evening ride) Monday to Friday

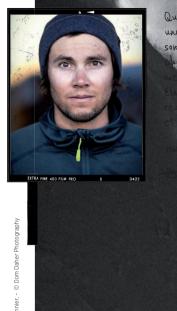
«The Trapper» evening ride (4 hrs with meal at Le Forperet restaurant) Leaves at 5.45pm, returns to resort at 9.30pm. Minimum 4 people. Tuesday & Thursday evenings

Prices for Discovery ride: 50€ for the driver and 20€ for the passenger Prices for «La Trappeur» ride: 80€ for the driver and 20€ for the passenger

Dinner not included (Tuesday evening: fondue or croûte savoyarde + dessert + coffee at 23 \in , kids menu at 9.5 \in // Thursday evening : see menu)

+33 (0)4 79 09 77 33 Info and booking at the Tourist Office Ð





Quelles que soient les conditions météo, il y a toujours une bonne raison pour aller rider mais ce que je préfère ce sont les journées « poudreuses » qui me permettent d'aller chercher les plus grosses barres rocheuses et de repousser mentimites. Au sommet, la tension monte mais une fois clancé le stress fait place à l'excitation. L'atterrissage réussi est une source d'adrénaline et de joie intense pour moi !

CÉBÉ PARTENAIRE OFFICIEL DE



C E B E . C O M

#ULTIMATETRACK

BE A PIONEER:



Sled Dogs

Whether you want to enjoy a simple ride on your own or with family, or whether you are seeking an adrenalin rush, this activity run by HORS TRACE AVENTURE throughout the winter season is the perfect choice.

HORS TRACE AVENTURE

«Plateau de Longefoy» (depending on snow conditions) «Dou du Praz» site in Plagne Villages 0

1st Outing :

Monday on «Plateau de Longefoy» (1 200m)*. Tuesday, Thursday or Saturday on « Dou du Praz » site in Plagne Villages.

Driving activity : 6

18

Sunday on «Plateau de Longefoy» (1 200m)* Thursdays outside school holidays and Saturdays during holidayson « Dou du Praz » site.

*According snow conditions, the driving activity will take place in Plagne Villages at 2 100m.

1st outina :

Duration : 30 min - 1 ou 2 people : 100€ - 2 adults + 1 child (under 12) : 135€ - - - 2 adults + 2 children (under 5) : 152€

¢? Driving activity :

Duration : 15 mn briefing + 1h15 driving - 120€ per person (from 12 yrs) Duration: 45 min (including briefing) -80€ per person (from 11 yrs)

+33 (0)4 79 24 22 15 ou au +33 (0)6 34 45 53 15 m.bernal@horstraceaventure.fr www.horstraceaventure.fr





DARE2B www.dare2b.fr





Unique in France! Live the Olympic experience» **3** experiences for **3** thrill levels!

Bob Raft

Looking for fun with friends or family? Why not trying this unique self-piloted, selfbracking vehicule! 4 passengers descending at around 80km/h equals an amazing experience close to the ice.

Ass. BOB LUGE SKELETON



6 Tuesday to Sunday from 4.pm to 6.30pm

Ø 48€ per person Minimum age 14 or height 1.30m

+33 (0)4 79 09 77 33 info.montalbert@la-plagne.com www.bobsleigh.net

Speed Luge

Half-sitting, half-lying, settle into our speciallydesigned luge for a descent at 90km/hr with a completely unrestricted view of the track. A once-in-a-lifetime experience!

Ass. BOB LUGE SKELETON 0 Olympic Bobsleigh track La Roche 6 Tuesday to Sunday from 4.pm to 6.30pm 0 112€ per person - Minimum age 16 +33 (0)4 79 09 77 33 info.montalbert@la-plagne.com www.bobsleigh.net

Bob Racing

If uou're up for a real challenge ... Take a seat behind a professionnal for a descent of up 120km/h. You're in for a heady mix of speed, and adrenaline that will give you a taste of a real competition run. Unforgettable sensation !

Ass. BOB LUGE SKELETON



128€ per person

INFORMATION AND BOOKING

Tourist Office In Montalbert (minimum 4 persons).

Information and prices from the Bobsleigh track office

Price : 5€/pers.

+33 (0)4 79 09 77 33

www.bobsleigh.net

info.montalbert@la-plagne.com

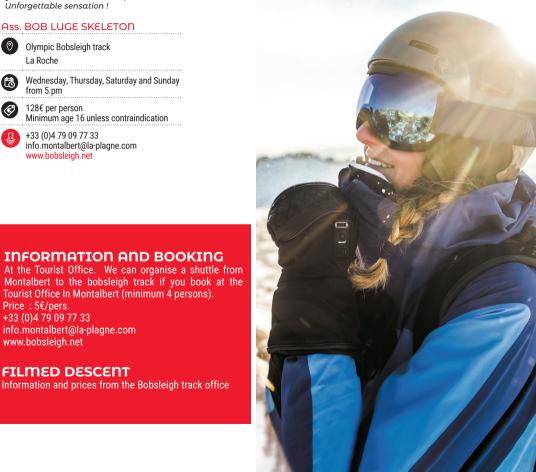
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Ø Minimum age 16 unless contraindication

+33 (0)4 79 09 77 33 info.montalbert@la-plagne.com www.bobsleigh.net



PARTENAIRE OFFICIEL DE LA PLAGNE





Caroline Bien-Etre

As a Beautician. I propose the following beauty treatments in your home: Swedish massage (muscle massage that can be relaxing or invigorating, light or deep), plantar reflexology, hand & foot treatments. nailart etc

At home

A Everyday by appointment

Massages : from 45€ to 90€ Plantar reflexology (30min) : 20€ Hand treatments : from 15€ to 60€ Foot treatments : from 15€ to 20€ Varnish : from 8€ to 30€ Hair removal : from 8€ to 25€

+33 (0)7 83 69 19 87

The Walking Elephant

Pascale proposes traditional Thai massages on a futon on the floor. Holistic massages for complete relaxation, recovery after sports activities, energy circulation and release from tension.

(0) Résidence la Marmottane

63 Everyday by appointment

Massages : -1h:60€ Ø -1h30 · 80€

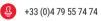
8 +33 (0)6 09 53 14 36

Wellness Center

Offer you a great moment of relaxation entering our Wellnes Center with its jaccuzzis. hamman and sauna

AQUA-RELAXING CENTER

- 0 Résidence les Sittelles
- 63 By appointment



Ostéopathe D.O

JULIEN GORNY

Résidence la Marmottane By appointment

+33 (0)6 28 35 94 96

Making Tomme cheese the traditional way

In front of his mountain restaurant "Le Forperet". Roland will explain and demonstrate the different stages of making Tomme cheese in the traditional way. Ask your Tourist Office for days and times

Le chemin du **Patrimoine** (Heritage Trail)

A trail that wends its way through the history and heritage of Longefoy village. Information boards along the trail provide facts about the mill and its wheel, the bread oven, Superga Chapel, Saint Jacques Church and the village.

Superga Chapel

Standing atop a small hill, this chapel, visible from the valley below, is worth a visit and the small detour to reach it. A themed trail tells you all about the history of this small chapel.

HERITAGE



Heritage

Montgésin Chapel

Built in 1658 in the heart of Montgésin and recently refurbished, it's the main attraction of your walk to this tiny village. Open daily and guided tour on booking (Association of Longefoy Heritage +33 (0)6 75 10 37 73. Free participation.

Bread Oven

Dates to 1749. In 1972, the Longefoy Events Committee began to use the oven several times a year and in particular for the bread festival traditionally held at the end of July tantalising the taste buds of visitors with different types of traditionally baked breads and the area's famous "Crinchins" (aniseed-flavoured brioches).

PuyduFou.

Après la Plagne, votre aventure continue sur PUYDUFOU.COM

Welcome meeting

Every Sunday at 6pm, the entertainment team and activity organisers present the resort, as well as the events and activities of the coming week

Weekly events

New sliding sports, guided tours, quizz, treasure hunts, etc... A full range of enternainments all day long and during the whole week.

Ask at the Tourist Office or in

local shops for the

WEEKS' EVENTS'

PROGRAM when you arrive



ENTERTAINMENTS

Social networks

Find us on social networks to follow our live video and not miss any pictures or information of the station.

- Facebook : Plagne Montalbert
- Instagram : plagne.montalbert
- Twitter : @LaPlagne
- TikTok : la_plagne
- You tube : La Plagne TV

Share your best photos and memories with #laplagne





Comedy and short film festival !

Christmas Magic

23rd – 25th December, 2020

When the already magical setting of the mountain is sublimated to offer you an unforgettable Christmas time.

Entertainment and tableaux to bring the magic to life and transport you into an enchanted atmosphere.

The Elves' Hike 23rd, December, 2020

A holiday in the mountains would not be the same without going on a snowshoe hike! Leaving from Montalbert and climbing up, the supervised hike is accessible to all for a shared moment of conviviality.

25th - 29th January, 2021 Would you like a dose of laughter ?

Because it's good for your health, and to get the new year started on the right foot, Montalbert is proposing sessions of gymnastics to get your zygomatics in shape. One-man shows, comedy short films and other entertainment for a concentration of good humour!



The Dahus race 30th January, 2021

A ski touring race that leaves from the bottom of the slopes in Montalbert at 10am and climbs 400 metres before coming back down (leisure mode)...then off again for the sportier participants (competition style).

Night-time Elves Hike

17th February, 2021

A nocturnal version of the hike that is open to all, so you can appreciate snowshoeing in a different way and discover the resort in a new light (in the dark!)

ΖΕΝ ϢΕΕΚ

8th – 12th March, 2021

What if we made a new start in 2021? One that is all about letting go...

Our recipe? A dose of relaxation, a hint of sophrology, a zest of yoga, a pinch of shiatsu, all sprinkled with some Nordic walking, for a cocktail that is 100% wellness



Montalbert is celebrating its 40th anniversary!

18th March, 2021

40 years of passion, 40 years of memories! The whole resort will be involved in the anniversary celebrations in an official evening event.

There will also be a season-long exhibition taking a look back at the resort's history and development.

28

Snowball 4th April, 2021

Rendezvous for a tournament that does not take itself the least bit seriously! The crazier you are, the more fun you will have! It is a great combination of fun and sport with prizes for the best stunts and the best costumes, for an exceptional day at 2000m altitude! From handball professionals and amateurs to families and those who just want to see what is going on, everyone will have the opportunity to take part in this unique fun and festive event.

Super Parallel 7th April, 2021

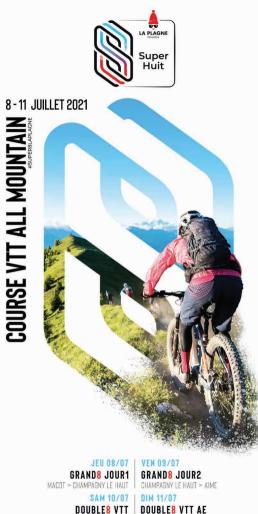
On the programme: toned thighs, music and good humour!

Come and compete on a 10-gate parallel slalom course against your friends or family, or an unknown opponent!

Free activity open to all, prizes to win!







WWW.SUPER-HUIT.COM

PEUGEOT

3688

TOURIST OFFICE SUBSCRIBERS DIRECTORY



Accomodation

ESTATE AGENT

Agence Eneo Immobilier	+33 (0)4 79 01 02 03
Agence Ski et Soleil	+33 (0)4 79 55 70 80
Eléonore FICARELLI - CapiFrance	+33 (0)6 14 69 52 20
Montalbert Paradiski	+33 (0)6 08 62 19 52

HOLIDAY CLUB VILLAGES

Hôtel les Sittelles VVF +33 (0)4 79 55 74 74 Village Club *** Miléade +33 (0)4 79 55 30 23 Village Vacances VTF «Le +33 (0)4 79 09 73 47 Dou de la Ramaz

HOTEL DESKS & HOLIDAY FLATS

Ancienne Ecole de Montvilliers	+33 (0)4 79 09 75 43
Hôtel ĽAdray	+33 (0)4 79 09 77 11

Businesses

RESTAURANTS/BARS/PUBS

Côté Table by Shane	+33 (0)6 58 02 91 13
Ľ Abreuvoir	+33 (0)4 79 55 43 96
La Tourmente	+33 (0)4 79 24 31 06
Le 360 (altitude)	+33 (0)9 88 66 50 79
Le Forperet (altitude)	+33 (0)4 79 55 51 27
Les 2 Zèbres	+33 (0)9 81 90 91 56
Le Skanapia	+33 (0)4 79 09 75 83
Le White Bear	+33 (0)9 52 18 45 55
Ľ Unparfait	+33 (0)6 71 22 57 39

BUSINESSES

Laverie-Location de linge +33 (0)6 22 70 11 39 Tabac Presse +33 (0)4 79 09 75 07

SPORT SHOPS	
Intersport	+33 (0)4 79 09 78 28
Skimium	+33 (0)4 79 09 78 09
Sport Passion Sport 2000	+33 (0)4 79 55 56 56

BUSINESSES IN LONGEFOY

Restaurant/Bar L'Adray +33 (0)4 79 09 77 11

Useful Information

TOURIST OFFICE

Open every day from 9.00 to +33 (0)4 79 09 77 33 12.00am and from 2.00 to 6.30pm.

SKI SCHOOL

Open every day from 9.00 to +33 (0)4 79 09 77 24 12.30am and from 1.30 to 5.30pm.During french holidays from 9.00am to 5.30pm.

MECHANICAL LIFTS

SAP +33 (0)4 79 09 67 00 Montalbert Skipass Office Open every day

PISTES SAFETY

Central secours +33 (0)4 79 09 67 60 Bureau Montalbert. Uniquement pour récupération de matériel après évacuation

Useful Information (suite)

ATM

24h/24h. Next to the pub «The White Bear»

SNOW CHAINS For sale at the sport shop +33 (0)4 79 09 78 09 Skimium

PHYSIOTHERAPISTS Julien Gorny/Ostéopathe D.0 +33 (0)6 28 35 94 96

JANITORIAL +33 (0)6 22 70 11 39 SERVICES

Emergency Numbers

Gendarmerie ou Police	17
Pompiers	18
Samu	15
International number	112
HOSPITALS (25km)	
Bourg St Maurice	+33 (0)4 79 41 79 79
Moutiers Medical Center	+33 (0)4 79 09 61 66

LES INFORMATIONS INDIQUEES DANS CE GUIDE (HORAIRES. TARIFS ...) SONT DONNÉES À TITRE INDICATIF ET SONT SUSCEPTIBLES D'ÊTRE MODIFIÉES.

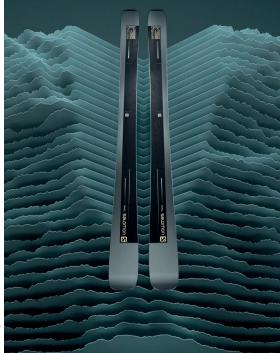
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STANCE 96



CONCU POUR ATTAQUER. CONSTRUIT POUR CARVER.



TRANSPORTS / SHUTTLES

36 35



Transports

SNCF

Gare de Aime La Plagne (10km). Gare fermée jusqu'en décembre, accès aux quais uniquement

AIRPORTS

Geneva (186km) +33(0)41 227 177 111 +33 (0) 826 80 08 26 Lyon St Exupéry (184km) Grenoble (180km) + 33(0)4 79 65 48 48

ROAD NETWORKS +33(0) 800 100 200

A43 motorway to Albertville. Fast 4-lane motorway to Moûtiers, RN90 to Aime GPS: Programme via Aime. Longitude: 6.6334965 -Latitude: 45.5344696

SHUTTLES Transports Loyet

+33 (0)4 79 55 64 76

Montalbert/Train Station Bus Service

Saturdays from

Buses run from 19/12/2020 to 24/04/2021 on Saturdays and Sundays. They stop at Montalbert station, les Sittelles, le Chanteloup, la Lauzière and Montalbert 1600 with the Cap Vacances. Jean Franco and Dou de la Ramaz holidav centres.

Contact the Tourist Office for further information.

Return tickets can be purchased at the Tourist Office or at reception desks in the holiday villages.

Free Resort Shuttle

Free shuttles runs everyday exept on

()

December 20, 2020 to April 22, 2021. Timetable available at the Tourist Office





OF LOVE FOR THE MOUNTAINS. OF A LOVE OF SPORT AND THE GREAT OUTDOORS. **OF SHARING AND DISCOVERY.**



In December 2021, La Plagne will be celebrating 60 years of unforgettable memories and launching the next 60 years of emotions to be experienced by future generations. Come and celebrate this mountain heritage with us.

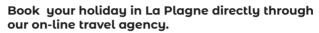




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TRAVEL AGENCY





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- Transport (train & plane) & transfers
- Ski Pass
- Activities
- Ski lessons
- Equipment rental

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